

# 30TH SUNDAY IN ORDINARY TIME

OCTOBER 24, 2021



## The Blind Bartimaeus

MARK 10:46-52

As Jesus was leaving Jericho with his disciples and a sizable crowd, Bartimaeus, a blind man, the son of Timaeus, sat by the roadside begging.

On hearing that it was Jesus of Nazareth, he began to cry out and say,

"Jesus, son of David, have pity on me."

And many rebuked him, telling him to be silent.

But he kept calling out all the more,

"Son of David, have pity on me."

Jesus stopped and said, "Call him."

So they called the blind man, saying to him,

"Take courage; get up, Jesus is calling you."

He threw aside his cloak, sprang up, and came to Jesus.

Jesus said to him in reply, "What do you want me to do for you?"

The blind man replied to him, "Master, I want to see."

Jesus told him, "Go your way; your faith has saved you."

Immediately he received his sight and followed him on the way.



### TIPS FOR EXPLORING THE GOSPEL

- Read the upcoming Sunday Gospel a few days before the weekend. Listen to what God is saying to you personally.
- Select part of the Gospel ahead of time and share it with your children. Have them listen for this part during Mass.
- Don't be afraid to let kids ask honest questions. Be honest if you don't know something. Tell your child you will look into it and get back to them.

### EXPLORING THE GOSPEL



Either before or after a Sunday meal together, designate one person to read the Gospel. Other family members should listen attentively. Then have each family member share an insight about the Gospel.

Discuss the following questions as a family:

- Why did Bartimaeus continue to call out to Jesus even though people told him to be quiet? In what way does this inspire your prayer?
- What would you do if you heard Jesus calling for you?



Pro-Cathedral of  
**ST. MARY**

— Est. 1877 —



## RECIPE OF THE WEEK

### Stir Fry

*October 24th is World Mission Sunday, a day designated by Pope Pius XI in 1926, to help support mission dioceses around the world. Try making a meal that is commonly found in Asian countries, which make up a large portion of the mission dioceses that are supported by World Mission Sunday.*

#### INGREDIENTS:

- 1 lb. chicken breast, cut into pieces
- Salt and pepper
- 2 T. olive oil
- 2 c. broccoli florets
- 1/2 yellow bell pepper, cut into pieces
- 1/2 red bell pepper, cut into pieces
- 1/2 c. baby carrots, sliced
- 2 t. minced ginger
- 2 garlic cloves, minced

#### SAUCE:

- 1 T. corn starch
- 2 T. cold water
- 1/4 c. chicken broth
- 3 T. soy sauce
- 1/4 c. honey
- 1 T. sesame oil
- 1/2 t. crushed red pepper flakes

#### DIRECTIONS:

1. In a medium bowl, whisk together corn starch and water. Add the chicken broth, soy sauce, honey, sesame oil, and red pepper flakes and whisk to combine. Set aside.
2. Add one tablespoon of olive oil to a large skillet and heat over medium high heat. Add chicken to the pan and season with salt and pepper. Cook for 3 to 5 minutes or until cooked through. Remove from skillet.
3. Reduce heat to medium and add the remaining tablespoon of oil to the skillet. Add broccoli, bell pepper, and carrots and cook until the vegetables have softened slightly. Add ginger and garlic and cook for an additional minute.
4. Add chicken back into the pan and stir to combine. Pour the sauce over the chicken and vegetables and stir gently to combine. Bring to a boil, stirring occasionally, and let boil for one minute.
5. Serve with rice if desired.



## FAMILY PRAYER

### Family Rosary

*October is the Month of the Rosary. Pray the rosary as a family, reflecting on the Joyful Mysteries.*

#### **The First Joyful Mystery**

The Annunciation

#### **The Second Joyful Mystery**

The Visitation

#### **The Third Joyful Mystery**

The Nativity of our Lord

#### **The Fourth Joyful Mystery**

The Presentation in the Temple

#### **The Fifth Joyful Mystery**

The Finding of Jesus in the Temple

## FAMILY FUN

### Blindfolded Drawing



Help teach your children about the gift of sight by doing an activity that doesn't use sight. Have your children wear a blindfold and give them a pencil and a piece of paper. Have them draw a picture of something without being able to see. When they are finished, have them remove their blindfolds and see if their picture turned out the way they expected. Have them redraw the same picture without the blindfold. This is a great way to help kids appreciate the gift of sight, something we often take for granted.

Families are encouraged to share what they are doing to celebrate each Sunday by using the hashtag **#ReclaimingSundays** on social media!