

EASTER SUNDAY OF THE RESURRECTION OF THE LORD

APRIL 4, 2021



The Empty Tomb

JOHN 20:1-9

On the first day of the week,
Mary of Magdala came to the tomb early in the morning,
while it was still dark,
and saw the stone removed from the tomb.
So she ran and went to Simon Peter
and to the other disciple whom Jesus loved, and told them,
“They have taken the Lord from the tomb,
and we don’t know where they put him.”
So Peter and the other disciple went out and came to the tomb.
They both ran, but the other disciple ran faster than Peter
and arrived at the tomb first;
he bent down and saw the burial cloths there, but did not go in.
When Simon Peter arrived after him,
he went into the tomb and saw the burial cloths there,
and the cloth that had covered his head,
not with the burial cloths but rolled up in a separate place.
Then the other disciple also went in,
the one who had arrived at the tomb first,
and he saw and believed.
For they did not yet understand the Scripture
that he had to rise from the dead.

FAMILY PRAYER

Prayer for Divine Protection



When Jesus’ disciples arrive at his tomb on Easter morning, they expect to find Jesus’ body but instead find the burial cloths rolled up in a separate place. His disciples, although they could not see him, came to believe in His resurrection. We may not always be able to see Jesus, but we know he is with us always. Pray this prayer as a family, that you may recognize Christ wherever you go and in everyone you see.

Christ with me, Christ before me, Christ behind me, Christ in me,
Christ beneath me, Christ above me, Christ on my right, Christ on my
left, Christ when I lie down, Christ when I sit down, Christ when I
arise, Christ in the heart of every man who thinks of me, Christ in the
mouth of everyone who speaks of me, Christ in every eye that sees me,

Christ in every ear that hears me. I arise today through a mighty
strength, the invocation of the Trinity, through belief in the Threeness,
through confession of the Oneness of the Creator of creation. Amen.



EXPLORE THE GOSPEL

Either before or after a Sunday meal together, have a designated member of the family read the Gospel. Other family members should listen attentively.

Then have each family member share an insight about the Gospel.

Discuss the following questions as a family:

- What would it be like to see the empty tomb on the morning of Jesus’ resurrection?
- Jesus rose from the dead. What difference does that make in your life?

WEEKLY TIPS FOR EXPLORING THE GOSPEL



- Read the upcoming Sunday Gospel a few days before the weekend. Listen to what God is saying to you personally.
- Select a part of the story ahead of time and share it with your children. Have them listen for this part of the Gospel during Mass.
- Don’t be afraid to let kids ask honest questions. Be honest if you don’t know something. Tell your child you will look into it and get back to them.



Pro-Cathedral of
ST. MARY

Est. 1877



FAMILY FUN

Make Your Own Paschal Candle

Each year at the Easter Vigil, the Church prepares a new Paschal candle. This candle is lit during Mass on Easter and remains lit at every Mass through Pentecost which we will celebrate on May 23. The candle is meant to remind us of our eternal life in Jesus. Because we can't prepare the Paschal candle together at the Easter Vigil this year, families are encouraged to make their own. The candle can be lit at different times during the week, such as during family meals, when you say prayers as a family, or on Sundays.

Start with a tall white candle and be creative with how you decorate, using paint and paintbrushes, markers, stickers, rhinestones, and whole cloves as the grains of incense.

There are 4 main features on the Paschal candle:

1. The cross in the center.
2. The Alpha (A) and Omega (Ω) symbols, which begin and end the Greek alphabet. They are meant to signify that God is the beginning and the ending of all things, and that the Word of God is present from creation until the end of time.
3. The current calendar year which indicates that God is present throughout all of history, not just at the beginning and end of time, and He is among those who are present around the Paschal candle.
4. Five grains of incense that represent the five wounds of Jesus.



RECIPE OF THE WEEK

Empty Tomb Rolls



This week's recipe is a simple treat that can be made for breakfast on Easter morning. These empty tomb rolls are meant to represent the story of Jesus being laid in the tomb before His resurrection. His body was anointed with a mixture of herbs and wrapped in a white burial cloth. When his disciples arrive on Easter morning, the tomb is empty! Use this recipe to be a teaching moment for children, pointing out how the different ingredients used in the recipe represent Jesus' death and resurrection.

INGREDIENTS:

- 1 can of crescent rolls
- 8 large marshmallows
- 1/4 c. sugar
- 1 T. cinnamon
- 1/4 c. melted butter

DIRECTIONS:

1. Heat the oven to 350 degrees.
2. Mix the cinnamon and sugar together in a bowl.
3. Press the dough out into a circle. Roll a marshmallow in butter and then in the cinnamon sugar and place on the dough.
4. Pinch the dough around the marshmallow to create a ball and roll the dough in butter and then in cinnamon sugar.
5. Place the dough into a greased baking dish.
6. Let the dough rest for 15 minutes, then bake for 15 minutes until they are golden.

HOLY WEEK SCHEDULE

MONDAY, MARCH 29

- 7:00 AM Mass
- 7:30 AM Sacrament of Confession

TUESDAY, MARCH 30

- 7:00 AM Mass
- 7:30 AM Sacrament of Confession

WEDNESDAY, MARCH 31

- 7:00 AM Mass
- 7:30 AM Sacrament of Confession

HOLY THURSDAY, APRIL 1

- 7:00 AM Morning Prayer
- 7:30 AM Sacrament of Confession
- 7:00 PM Mass of the Lord's Supper
Adoration in the Church until Midnight
- 11:45 PM Night Prayer

GOOD FRIDAY, APRIL 2

- 7:00 AM Office of Readings and Morning Prayer
- 7:30 AM Sacrament of Confession
- 3:00 PM Passion of the Lord
- 7:00 PM Stations of the Cross

HOLY SATURDAY, APRIL 3

- 7:00 AM Office of Readings and Morning Prayer
- 7:30 AM Sacrament of Confession
- 8:30 PM Easter Vigil Mass

EASTER SUNDAY, APRIL 4

- 9:00 AM Mass
- 11:00 AM Mass
- 6:30 PM No Mass