

26TH SUNDAY IN ORDINARY TIME

SEPTEMBER 26, 2021



Temptations to Sin

MARK 9:38-43, 45, 47-48

At that time, John said to Jesus,
"Teacher, we saw someone driving out demons in your name,
and we tried to prevent him because he does not follow us."
Jesus replied, "Do not prevent him.

There is no one who performs a mighty deed in my name
who can at the same time speak ill of me.

For whoever is not against us is for us.

Anyone who gives you a cup of water to drink
because you belong to Christ,
amen, I say to you, will surely not lose his reward.

"Whoever causes one of these little ones who believe in me to sin,
it would be better for him if a great millstone
were put around his neck
and he were thrown into the sea.

If your hand causes you to sin, cut it off.

It is better for you to enter into life maimed
than with two hands to go into Gehenna,
into the unquenchable fire.

And if your foot causes you to sin, cut it off.

It is better for you to enter into life crippled
than with two feet to be thrown into Gehenna.

And if your eye causes you to sin, pluck it out.

Better for you to enter into the kingdom of God with one eye
than with two eyes to be thrown into Gehenna,
where 'their worm does not die, and the fire is not quenched.'"



TIPS FOR EXPLORING THE GOSPEL

- Read the upcoming Sunday Gospel a few days before the weekend. Listen to what God is saying to you personally.
- Select part of the Gospel ahead of time and share it with your children. Have them listen for this part during Mass.
- Don't be afraid to let kids ask honest questions. Be honest if you don't know something. Tell your child you will look into it and get back to them.

EXPLORING THE GOSPEL



Either before or after a Sunday meal together, designate one person to read the Gospel. Other family members should listen attentively. Then have each family member share an insight about the Gospel.

Discuss the following questions as a family:

- What are some things that cause you to sin and how can you focus on living a life of holiness?
- In what way do my actions lead people toward holiness or lead them toward sin?



Pro-Cathedral of
ST. MARY

— Est. 1877 —



FAMILY PRAYER

The Confiteor

This prayer, which is often said at the beginning of Mass, helps us to take direct responsibility for our sins and names sin in the areas of thoughts, words, actions, and omissions. It also includes a bodily gesture to show repentance and calls on the Church in heaven and on earth. Pray this as a family, thinking deeply on the words to examine one's conscience.

I confess to almighty God
and to you, my brothers and sisters,
that I have greatly sinned
in my thoughts and in my words,
in what I have done and in what I have failed to do,
(strike your fist over your heart for the bolded lines)
through my fault,
through my fault,
through my most grievous fault;
therefore I ask blessed Mary ever-Virgin,
all the Angels and Saints,
and you, my brothers and sisters,
to pray for me to the Lord our God.

FUN FACT!

Today is Priesthood Sunday! Say a prayer for all the priests you know. If you want to make today extra special, send a card to a priest you know, thanking him for answering God's call to the priesthood!

FAMILY FUN

Visit a Pumpkin Patch



Fall is approaching in North Dakota, and we should take advantage of our nice weather while we have it! Spend some time outside at a pumpkin patch and enjoy the many activities available. You can find your way through the bale maze, ride the zip line, go on a hayride, try out some of the pumpkin treats, and take home your own pumpkins to cook with or decorate.



RECIPE OF THE WEEK

Pumpkin Bread

Make this delicious treat with some of the pumpkin you brought home from your trip to the pumpkin patch.

INGREDIENTS:

1 1/2 c. flour
1 t. pumpkin pie spice
1/4 t. salt
1/2 t. baking soda
1 c. granulated sugar
1 c. pumpkin puree
3/4 c. vegetable oil
2 eggs
1/2 t. vanilla extract
1 1/4 c. chocolate chips

DIRECTIONS:

1. Preheat the oven to 350 degrees. Coat a loaf pan with cooking spray and line the bottom with parchment paper.
2. Place the flour, pumpkin pie spice, salt and baking soda in a large bowl, and whisk to combine.
3. Add the sugar, pumpkin puree, oil, eggs and vanilla to the flour mixture. Stir until just combined.
4. Add 1 cup of the chocolate chips to the batter.
5. Pour the batter into the prepared pan. Sprinkle the remaining 1/4 cup chocolate chips over the top of the loaf.
6. Bake for 55-65 minutes or until a toothpick inserted into the center of the loaf comes out clean.
7. Let the bread cool in the pan, then invert, slice and serve.

Submit your own favorite snack, dessert, or dinner recipe online at www.stmarysbismarck.org/reclaiming-sundays