

Yes, I am a Catholic: A Profile of a Catholic Adult

Personal Faith and Prayer

- Committing to Jesus the God-man as my Lord and Savior
- Believing in God; Father, Son and Holy Spirit
- Honoring Mary as the Mother of Jesus
- Honoring and drawing inspiration from the saints
- Praying daily with growing awareness of God's role in my life and a deepening relationship with Him
- Being open to the guidance of the Holy Spirit
- Practicing faith, hope and love as the fundamental virtues of my life
- Respecting and supporting the family as the first school of faith and love

Religious Knowledge

- Knowing and understanding the basics of Catholicism as a foundation for lifelong living of the Faith:
 - Scriptures, the Creed, Catholic doctrine and Church history
 - Liturgical rites, Sacraments, sacramentals, symbols, seasons and major feasts
 - Reflecting on and thinking about faith and applying it to the culture in which I live

Personal Morality

- Making daily decisions according to God's will, the commandments and the Church's teachings
- Knowing how to forgive and be forgiven, how to heal and be healed
- Examining my life and regularly celebrating Jesus' mercy in the Sacrament of Reconciliation
- Applying Catholic principles to all my interpersonal relationships
- Critiquing societal problems in light of Catholic social justice principles

Commitment to Eucharist as Central in My Life as a Catholic

- Believing in Jesus' Real Presence in the sacrament of His Body and Blood
- Understanding that building and living as a Eucharistic community is central to being Catholic
- Living Eucharist every day and attending Mass each Sunday and holy day
- Participating in the Eucharistic celebration by praying, responding, listening and singing

Community Membership

- Contributing, in a parish community, to the support of others in faith, sacraments, service and social activities
- Giving of my time, talent and treasure to my parish
- Appreciating that the Roman Catholic Church is world-wide and diverse in its cultural expressions
- Respecting all God's people as our brothers and sisters in Christ and taking part in the work of ecumenism

Service and Ministry

- Answering the Gospel call by responding to the needs of others, beginning with my own family
- Showing concern for those suffering from poverty, loneliness, sickness and unmet needs
- Using my talents for others as, for example, catechist, lector, choir member, coach, committee member, altar server, Eucharistic minister

Living Out My Faith

- Appreciating the co-operation and at times conflict between faith and culture
- Being active in evangelization by inviting others to know and love Jesus Christ and the Church
- Being able to express to others why I am a Catholic
- Recognizing my need to continue studying my faith all through my life
- Being a witness of Jesus' love in thought, word and deed
- Ready, willing, and able to live ethically and morally on college campuses and the world of work