

**Upper Morris County CYO  
Leadership and Commitment**

**INTENTION SHEET**

Indication of Probable Placement, does not guarantee same.

**DATE:** \_\_\_\_\_

**ATHLETIC DIRECTOR:** \_\_\_\_\_

**PARISH NAME:** \_\_\_\_\_

Team	8 <sup>th</sup> Grade	7 <sup>th</sup> & 8 <sup>th</sup> *	7 <sup>th</sup>	6 <sup>th</sup>	5 <sup>th</sup> & 6 <sup>th</sup> *	5 <sup>th</sup>	4 <sup>th</sup>
Varsity Boys							
JV Boys							
Varsity Girls							
JV Girls							

Varsity Cheering  
7<sup>th</sup> & 8<sup>th</sup> Grade \_\_\_\_\_

JV Cheering  
4<sup>th</sup> – 6<sup>th</sup> Grade \_\_\_\_\_

LAB will determine where teams are placed

\*Approx of how many of each grade

## Substitution Rule With 7 Players

	1	2	3	4	5		6	7
1st HALF OF FIRST QUARTER	1	2	3	4	5		6	7
2nd HALF OF FIRST QUARTER	3	4	5	6	7		1	2
1st HALF OF THIRD QUARTER	5	6	7	1	2		3	4
2nd HALF OF THIRD QUARTER	7	1	2	3	4		5	6

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**Cut Sheet**

PARISH \_\_\_\_\_

TEAM \_\_\_\_\_

The following players were cut from the roster in order to form the above noted team for the upcoming season:

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_
5. \_\_\_\_\_
6. \_\_\_\_\_
7. \_\_\_\_\_
8. \_\_\_\_\_
9. \_\_\_\_\_
10. \_\_\_\_\_

ATHLETIC DIRECTOR SIGNATURE \_\_\_\_\_ DATE \_\_\_\_\_

PASTOR SIGNATURE \_\_\_\_\_ DATE \_\_\_\_\_

## **Guidelines for Postponing Games**

1. Call Annemarie Drury (973) 927-5489 or email [royalla1@optonline.net](mailto:royalla1@optonline.net) to get approval to postpone games. If approval has been obtained, that game must be rescheduled by a collaborative effort between both AD's by the 3<sup>rd</sup> Friday in January.
2. Last chance to postpone games during regular season is by the 3<sup>rd</sup> Friday in December.
3. Only Athletic Directors can call to postpone a game. No coaches.
4. Both parishes will be fined (\$150) for postponing any Neutral Site Games.
5. Failure to show for a game without approval is a \$150 fine.
6. For rescheduling games 8-day rule will apply. Must give a **minimum of 8 days notice to reschedule.**
7. Snow days – Any team can cancel games due to weather. Must call Annemarie Drury (minimum 2 hour notice is required)
8. **No rescheduling** of the following weekends:  
Before and after Thanksgiving, and Super Bowl Weekend