

<p style="text-align: center;"><b>Upper Morris County CYO Leadership and Commitment</b></p>
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## **Coaches' Code of Conduct**

I will place the emotional and physical well-being of my players ahead of my personal desire to win.

I will treat each player as an individual, remembering the large range of emotional and physical development for the same age group.

I will do my best to provide a safe playing situation for my players.

I promise to review and practice the basic first aid principles needed to treat the injuries of my players. I will stress habits that promote good health.

I will do my best to organize practices that are fun and challenging for all my players.

I will lead by example in demonstrating fair play and sportsmanship to all my players.

I will use those coaching techniques appropriate for each of the skills that I teach for this sport, with consideration to players' developmental ranges and abilities.

I will be generous with praise when it is deserved. I will be consistent and honest, fair and just. I will not criticize players publicly. I will learn to be a more effective communicator and coach.

I will adjust to the personal need and concerns of the players. I will be a good listener.

I will give all players the opportunity to improve their skills, gain confidence, and develop self esteem.

I will maintain an open line of communication with the parents. I will explain and maintain the goals and objectives of the sports association.

I will remember that I am a youth sports coach, and that the game is for the children and not the adults.

Coaches' Signature: \_\_\_\_\_ Date: \_\_\_\_\_

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**Parents/Guardians Code of Conduct**

I will not force my child to participate in sports, but support his/her desire to play his/her chosen sport, for his/her enjoyment. = FUN!

I will encourage my child to play by the rules.

I will be a role model of good sportsmanship – I will applaud the good plays of both teams.

I will not embarrass my child by yelling at players, coaches, officials, or opponents. I will show respect at all times.

I will encourage skill development and emphasize how they benefit my child. I will de-emphasize excessive competitiveness between younger siblings.

I will re-enforce the positive points of the game.

I will never verbally or physically insult/abuse any person (including my child, coach, other players or parents) after a game or practice.

I will recognize the importance of volunteer coaches and support the program.

I will learn the rules of the game and support the officials.

Parent/Guardian Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Parent/Guardian Signature: \_\_\_\_\_ Date: \_\_\_\_\_

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## **Players Code of Conduct**

I will play for FUN!

I will work hard to improve my skills.

I will be a team player – to do my best and to cooperate with and support my teammates.

I will learn teamwork, sportsmanship and self-discipline.

I will be on time for practices and games. I will take care of myself, so I can benefit the team.

I will learn the rules and play by them.

I will respect myself, teammates, coaches, parents, opponents and officials.

I will never argue with an official's decision.

I am responsible to control my thoughts, words and actions at all times.

Player Signature: \_\_\_\_\_ Date: \_\_\_\_\_