

Lesson 4 – The Holy Trinity

Grade 1 – Chapter 4

KEY CONCEPT

The Holy Trinity is God the Father, God the Son, and God the Holy Spirit. Jesus is the Son of God, who came to show the Father's love and bring us closer to him.

QUICK SESSION OVERVIEW

STEP 1 - WELCOME

STEP 2 - INVITE

STEP 3 - DISCOVER

STEP 4 - LIVE

STEP 5 - CLOSING

HELPFUL HINT OF THE DAY

Share Your Story

- As a catechist, you have a unique opportunity to shape future generations through your time with students
- While it is important to present good content in your classroom, it is critical that you witness to your love for your faith
- This is a way for the students to relate to you – a way for them to gain your trust
- To successfully lead, you have to see your candidates as real people and they have to see you as a real person, and as crazy as that may sound, getting to this place can be harder than you think

STEP 1 - WELCOME

TIP

Community Activity – word search sheet

STEP 2 – INVITE

TIP

Let us Pray

- **Gather in the prayer circle and say the prayer.**
- **Stress the sign of the cross when saying the closing part.**

Can take some time to start to teach the “Hail Mary” to the children.

Say it together, then break it into sections and have the children say it. Can use flash cards if needed. Then put it all back into one prayer.

God’s Word

- **Read section.**
- **Take the time to discuss baptism with the children.**
 - **Has anyone seen someone be baptized? Do you know who your godparents are? What are some things the priest does at a baptism?**

STEP 3 – DISCOVER

TIP

Helping Others

- **Read story of the Lion and the Mouse.**
- **Discuss story and ask the children how they can help others. Write answers on a small white board or poster board.**
- **Can do share the faith section and ask who has been a good friend to you and why?**

God is Love

- **How does the Holy Trinity show Love?**
- **Read section.**

The Holy Trinity

- **Read section.**
- **Do candy corn activity sheet.**
- **Can sing song for Holy Trinity in book (pg. 85)**

STEP 4 – LIVE

TIP

Our Catholic Life

- **Review section.**
- **Read about Father, Son, and Holy Spirit**
- **Can do activity sheet of shamrock or trinity triangle activity**

People of Faith

- **Read about St. Patrick**
- **Talk about how he used the shamrock to explain the Holy Trinity**
- **Do discussion question**
- **Can do Live Your Faith section.**

Take Homes:

Have the children share the Family and Faith section with their parents.

Chapter review if not done in class

STEP 5 – CLOSING

TIP

Prayer of Praise

- **Do prayer on pg. 88.**
- **Stress the sign of the cross and saying the “Glory Be”**

Trinity Triangle Craft



Each child starts with 3 popsicle sticks. You can either use colored popsicle sticks, or have the kids color them with markers themselves.

We used red to symbolize the Holy Spirit (a very normal color symbol for the Holy Spirit since he came with tongues of fire and all) yellow for the Son (because the sun in the sky is yellow) and blue for the Father (because I think of the father as being up in the blue sky in heaven).

Write "Father" "Son" "Holy Spirit" one on each popsicle stick.

Glue them together one at a time into a triangle shape.

Tie a string around it so it can hang up.

Just like the leaves on the shamrock I see, there are three parts to the Holy Trinity! First is God the Father, then Jesus, His only Son, and the Holy Spirit together as One!



F	M	Y	S	T	E	R	Y	S	P
A	H	O	L	Y	A	S	O	T	A
T	W	E	D	R	R	N	H	I	R
H	Y	O	Y	E	T	Y	T	R	T
E	G	E	V	N	K	H	I	I	S
R	N	O	I	H	K	L	A	P	W
O	L	A	H	O	R	E	F	S	E
C	S	P	A	T	R	I	C	K	R

Word search Word Bank!

- Father Son Holy
- One Three God
- Clover Saint Patrick
- Mystery Faith Spirit
- Parts



As there are
three colors in the
candy corn I see,

there are three persons in
the Holy Trinity.
God, our loving Father,
Jesus, the son, and
our helper, the Holy Spirit.

All three are God,
yet together they are
One.

The Holy Trinity

Some people use a three-leaf clover to represent the Holy Trinity. Color and cut out the clover to remind you of the three Divine Persons of the Holy Trinity.

