

Lesson 7 – The Beatitudes

Grade 4 - Chapter 7

KEY CONCEPT

The Beatitudes are eight teachings that describe the Reign of God that Jesus announced when he lived on Earth. The Beatitudes show you how to live and act as a follower of Jesus.

QUICK SESSION OVERVIEW

STEP 1 - WELCOME

STEP 2 - INVITE

STEP 3 - DISCOVER

STEP 4 - LIVE

STEP 5 - CLOSING

HELPFUL HINT OF THE DAY

Don't be afraid of silence!

-After you ask someone a question, anticipate a pause of several seconds

-Some people need longer than others to process. That's ok! You can always go back to someone who needs more time.

-"I can see that you were working on your answer. I'll give you a moment." OR "Would you like me to come back to you?"

-Do your best to push your kids when trying to get engagement. They want to be engaged but sometimes they need a little push to get there.

STEP 1 - WELCOME

TIP

Community Activity – coloring page or word search

STEP 2 – INVITE

TIP

Let us Pray

Our Father

Chapter Story: “Game Night”

- **Use this story after the opening prayer, before explaining that not only are we blessed, but we can be a blessing for others.**

Game Night

Tyler could hardly wait for the end of the school day. It was Friday, family game night. Ever since he was in second grade, Friday family game night was a tradition. This week it was his turn to make dinner and choose the game.

Tyler made mini-pizzas for his parents and his younger sisters. Each person chose toppings for their own pizza. Once dinner was cleared away, they played Crazy-Eights until bedtime.

That night when Tyler’s mom tucked him into bed she said, “Our family is so blessed.” Ask: What is an important choice you have made?

- **Ask for examples from their life experience.**
- **Ask: What do you think it means to be blessed?**
- **Ask: How do you share your blessings with others?**

STEP 3 – DISCOVER

TIP

Jesus Brings God’s Blessing

- **Read and discuss the section with the prompts given**
- **Clarify any words they may not know:**
 - **Meek: humbly patient as under provocation from others**
 - **Persecuted: to pursue with harassing or oppressive treatment, especially because of religious or political beliefs, ethnic or racial origin**
 - **Righteousness: the quality or state of being just or rightful**

The Beatitudes

- **Read the paragraphs**
- **Do the Beatitude section. Emphasize what the Beatitudes are and how they teach us to live**
 - **Use “Share Your Faith” to emphasize these points more**

Be a Blessing

- **Read and discuss the section about Blessed Pope John XXIII**
- **Talk about how the different experiences that he went through helped him to see different ways of life in a new way**
- **Use the “Connect Your Faith” to help talk about practical ways to live**

Activity Master 7: Being a Blessing

Other Activity: Compare and contrast the Beatitudes and the Ten Commandments.

- **Ask the children to get a sheet of paper. Draw a Venn Diagram on it and have the students compare and contrast the Beatitudes with the Ten Commandments. (You will need to have a sample to show them what a Venn diagram looks like.) Have them label one circle “Beatitudes” and the other circle “Ten Commandments” . Have them use the written copies of the Beatitudes and Ten Commandments. Allow the students to be creative in the things they write down as differences and similarities, but challenge them to think deeply about the meaning of the words in each set of precepts.**

STEP 4 – LIVE

TIP

Our Catholic Life

- **Go through the “Share Blessings” picture and discuss things they can specifically pray for**

Quick Tip: Dealing with Anxiety

- **Anxiety is bred by uncertainty, which is often created by events beyond one’s control. Ways of dealing with anxiety include:**
 - **Exercising – a great stress reliever**
 - **Talking with others – to provide perspective**
 - **Praying – Sharing problems or worries with God to impart a sense of peace**
- **Talk to the children about ways they can overcome anxiety in their lives. Conclude with a prayer asking the Holy Spirit to help with this.**

People of Faith

- **Discuss about Saint Yi Sung-hun**

Live Your Faith

- **Go through the activity to finalize about the Beatitudes**

Take Homes:

- **Family and Faith**
- **Chapter Review if not done in class**

STEP 5 – CLOSING

TIP

Pray:

- **Act of Contrition**
- **Memorare**

Name _____ Date _____

Being a Blessing

For each of the following situations, think of at least two ways that you could be a blessing for others.

Your mother has had a hard day at work and is tired. She is making dinner now, but the phone keeps ringing and your younger brother wants attention.

1. _____
2. _____

Mr. Hatsumi, who lives next door, has a broken leg. He has a hard time walking his dog and taking his trash to the curb. No one ever visits him.

3. _____
4. _____

Your best friend is sad and upset because his hamster died. He doesn't want to play or talk on the phone.

5. _____
6. _____

Your teacher introduces a new student, Bryn, to your class. Bryn doesn't know anyone to sit with at lunch and doesn't know where to catch the bus to go home.

7. _____
8. _____

THE EIGHT BEATITUDES OF JESUS

*"Blessed are the poor in spirit,
for theirs is the kingdom of heaven.*

*Blessed are they who mourn,
for they shall be comforted.*

*Blessed are the meek,
for they shall inherit the earth.*

*Blessed are they who hunger and thirst for righteousness,
for they shall be satisfied.*

*Blessed are the merciful,
for they shall obtain mercy.*

*Blessed are the pure of heart,
for they shall see God.*

*Blessed are the peacemakers,
for they shall be called children of God.*

*Blessed are they who are persecuted for the sake of righteousness,
for theirs is the kingdom of heaven."*

Gospel of St. Matthew 5:3-10

The Ten Commandments

1. "I am the Lord thy God, thou shalt not have any strange gods before Me."
2. "Thou shalt not take the name of the Lord thy God in vain."
3. "Remember to keep holy the Sabbath day."
4. "Honor thy father and mother."
5. "Thou shalt not kill."
6. "Thou shalt not commit adultery."
7. "Thou shalt not steal."
8. "Thou shalt not bear false witness against thy neighbor."
9. "Thou shalt not covet thy neighbor's wife."
10. "Thou shalt not covet thy neighbor's goods."

Name: _____

Date: _____

The Beatitudes

B J I I F T Y X T M J M P A Z H S W T A B J E C
N H G S R E K A M E C A E P G X O F Q L Y Q I O
P C K N Q Q Q Z C A D S F T N F C E R F M J V C
A Y K L V P F O O T M E D O P L O V O N F J Q S
R Y V M O U N T M L T A E U V N M K D U B A S R
U Y R H P J L B F L S O S R H S P V F W A M V I
Y N O W H Q N V O X V M S F A V A A P R R X M G
Y T D G A E W L R J U E E Q O B S W U O J O E H
L P B E V R U O T C A R L K Z H S I T B U L Y T
Z E E A R C N P E E S C B R C D I I J R Z T U E
V E E U N S H X D P S Y S B H T O B N L B R D O
Z H T F Y K T B V M E R Q V Q X N C S W O A N U
P O I J J M H A V R N D E T U C E S R E P E J S
L Q A X B H W K N X E R F L D E P D N H R H Z N
X U E Q M T P L T D V Z T M R E O N Z T H N C E
T R K Z M W B J E B I Q N D Z G N G J T Y I W S
V G Q E B E L I J M G N I O O A O G W A R E S S
Q D H L Y O G Y G Z R A G R A F O Z B M P R L N
L Z U V V G T O F Z O U Q W X T N X P K Q U Z E
Q P M E T G X M H A F J Q R F U Z O R L H P Y X
F V B U Q W Z C B L Y H T A P M E T M H K U Y M
X T L G B H N O Z C Q T I R I P S N I R O O P Y
V K E H V W T K J E S U S T Q G V O A G E F H X
Z G D A I B D E I F S I T A S K E E M Z Y S K X

blessed	comforted	compassion	empathy
forgiveness	God	heaven	humble
jesus	love	luke	matthew
meek	mercy	mount	mourn
peacemakers	persecuted	poor in spirit	pure in heart
righteousness	satisfied	sermon	understanding



Beatitudes