

Lesson 4 – The Mystery of the Trinity

Grade 5 – Chapter 4

KEY CONCEPT

The Trinity is the central mystery of Christian faith and life. Virtue is the habit of doing good. The Theological Virtues of faith, hope, and charity are gifts from God.

QUICK SESSION OVERVIEW

STEP 1 - WELCOME

STEP 2 - INVITE

STEP 3 - DISCOVER

STEP 4 - LIVE

STEP 5 - CLOSING

HELPFUL HINT OF THE DAY

Share Your Story

-As a catechist, you have a unique opportunity to shape future generations through your time with students

-While it is important to present good content in your classroom, it is critical that you witness to your love for your faith

-This is a way for the students to relate to you – a way for them to gain your trust

-To successfully lead, you have to see your candidates as real people and they have to see you as a real person, and as crazy as that may sound, getting to this place can be harder than you think

STEP 1 - WELCOME

TIP

Community Activity – coloring sheet

STEP 2 – INVITE

TIP

Let Us Pray

Our Father, Hail Mary, Memorare

Chapter Poem:

- **Use this poem after the opening prayer, before explaining the Holy Trinity as a community of love.**

Guidance on the Journey

**God, the Father, you created us
and set us on the path of life.**

**God, the Son, you redeemed us
and show us where and how to walk.**

**God, the Holy Spirit, you strengthened us
and prepare us for the road ahead.**

**Father, Son, and Spirit—One,
guide us as the road blocks come.**

Help us find our way back home.

Read the Scripture passage and ask the “What do you wonder” questions

STEP 3 – DISCOVER

TIP

More Than Can be Known

- **Ask the kids what they think they know of St. Patrick**
- **Read through the story of St. Patrick and see what stood out to the kids, what surprised them**

Share Your Faith

- **Ask the kids to discuss the question and relate it into their own lives**

One God in Three Divine Persons

- **Ask the kids what they know about the Holy Trinity. Write their answers on a piece of paper or a small whiteboard**
- **Draw an equilateral triangle on the board and write the words “Holy Trinity” in the center and Father, Son, and Holy Spirit on the sides**

Living Your Faith

- **Read and discuss the text about Faith, Hope and Charity**

Connect Your Faith

- **Go through the “Holy Trinity symbols” worksheet**
- **Discuss how the Shamrock can be a way to describe the Trinity. Have the kids think of other ways to describe it:**
 - **A triangle (3 sides, representing 3 parts)**
 - **An apple (The peel is like god the Father, because He protects us. The flesh is like God the Son, because Jesus is God made flesh. The seeds are like the Holy Spirit because He helps us grow.)**
 - **How about the 3 forms of water: The solid form of water (ice) reminds us of God the FATHER. Ice is hard. It is solid. In the same way, God the FATHER is our solid foundation. The liquid form of water reminds us of God the SON. We use water to clean ourselves. In the same way, God the SON, died on the cross to cleanse us of our sin. Jesus is also called the Living Water! The gas form of water reminds us of God the HOLY SPIRIT. Gas cannot be seen, but you can see the effects of it. As we did when we saw the water droplets on the plastic, or felt the warmth of the steam from the hot water. In the same way, the HOLY SPIRIT cannot be seen, but the effects of his presence can be seen and felt in our lives as the HOLY SPIRIT works to make His will known to us and to change us to become more like Jesus.**

STEP 4 – LIVE

TIP

Activity – Do the Trinity Puzzles sheet or have the children do it at home.

Our Catholic Life

- **Read and discuss about the Theological Virtues**

People of Faith

- **Read about St. Athanasius**

STEP 5 – CLOSING

TIP

Pray the Apostles Creed on pg. 94

Take Homes:

- **Family and Faith**
- **Chapter review**

Name _____ Date _____

Holy Trinity Symbols

Directions: Next to each symbol, explain how the image shows that God is one substance yet three distinct persons.

Shamrock



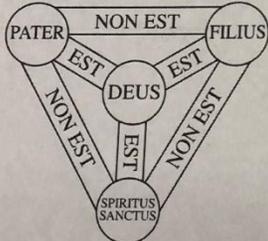
Trinity Explanation

Triquetra



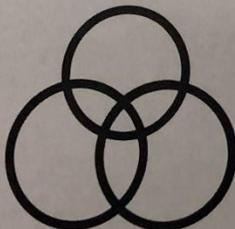
Trinity Explanation

Shield of the Trinity



Trinity Explanation

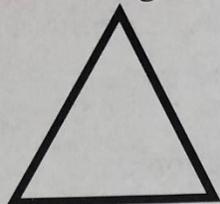
Rings



Trinity Explanation

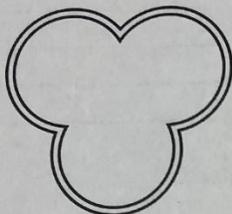
Name _____ Date _____

Triangle



Trinity Explanation

Trefoil



Trinity Explanation

Fleur-de-lis



Trinity Explanation

Name _____

Date _____

Trinity Puzzles

Unscramble the Scripture verses below. Each verse comes with a hint regarding its content. Read the Trinity facts on this page, too. Use a Bible to check your work.



1. one Father I are and the

HINT: Jesus said this about his relationship with God. John 10:30

2. Father promise he of from the
received the holy the Spirit

HINT: This is the promise Jesus received from God. Acts 2:33

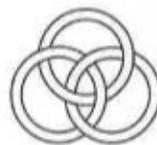
3. Jesus grace of Christ of Lord the of
love the the and fellowship Spirit of the
and holy you with be all the God

HINT: This blessing is used in worship. 2 Corinthians 13:13

4. therefore make go nations disciples and
all of name Father the them of in the
holy of the and of the and Spirit
Son baptizing

HINT: This Scripture verse contains the words of the Sign of the Cross. Matthew 28:19

- The word *Trinity* is not found in the Bible.
- The word *Trinity* comes from the Latin word *trinitas*, meaning “three.”





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