

Lesson 5 – Prayer and Worship

Grade 5 - Chapter 5

KEY CONCEPT

Prayer and worship are ways to show love for God and to thank him for his blessings. When we pray and worship, God fills us with joy, strength, and hope.

QUICK SESSION OVERVIEW

STEP 1 - WELCOME

STEP 2 - INVITE

STEP 3 - DISCOVER

STEP 4 - LIVE

STEP 5 - CLOSING

HELPFUL HINT OF THE DAY

Share with Your Students “What’s Up”

- Leading a group means guiding them step by step through the time together, so let them know what’s next
- Be specific when guiding them to what else they can expect from the lesson. It allows students to feel comfortable knowing what else they may experience throughout the class
- Being specific helps our brains to envision directions
- Put directions in the positive – “Keep your glass up” – helps us get it right
- When we put them in the negative – “Don’t spill that!” – we envision spilling the glass and often do just that!

STEP 1 - WELCOME

TIP

Community Activity

STEP 2 - INVITE

TIP

Let Us Pray

Our Father, Hail Mary, Memorare

Chapter Story: Give Thanks

- **Use this story after the opening prayer, before explaining prayer as a way of talking to God.**

Dear Aunt Jena,

Thanks so much! You really are the best! I can't thank you enough for the great scarf you made for me. That was so thoughtful. ...

When someone gives you a gift, especially something they made themselves, what do you do? Say thank you? Give that person a hug or kiss? Write a note? Call or text them?

Well, God loves you more than anyone else does. In fact, every good thing you have and are is a gift from God. There are many ways we can show gratitude to God.

Read the Scripture passage and ask the "What do you wonder" questions

STEP 3 – DISCOVER

TIP

God With Us

- **Read through the passages and allow time for discussion**
- **Discuss the definition of “reverence”**

Share Your Faith

- **Go over different examples of reverence that we show while at church:**
 - **Genuflecting**
 - **Bowing**
 - **Quiet**
 - **Sign of the Cross**

The Work of God and His People

- **Read through the section and discuss about the liturgy**
- **Ask about their knowledge of their prayers**

The Role of the Trinity

Connect Your Faith

Have the children think about the Connect Your Faith section and fill it out. Discuss as a class what people came up with.

Activity Master 5: Prayer and Worship

- **Use time to go through this activity with the children**

STEP 4 – LIVE

TIP

Our Catholic Life

- **Read through the section and have them go through the “Body Language for Prayer” section**
- **Discuss as a class and talk about some examples given**

People of Faith

- **Discuss about Saint Cecilia**

Live Your Faith

STEP 5 – CLOSING

TIP

Review the Rosary together and pray the Hail Mary before ending class.

Take Homes:

- **Family and Faith section**
- **Chapter review**

Name _____ Date _____

Prayer and Worship

Reflect on prayer and worship in your life by responding to the statements below.

I pray the following prayers:

Because

I offer thanksgiving to God in the following ways:

Because

I participate at Mass in the following ways:

Because

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On the lines below, explain what you would like to improve about the way you worship and pray to God.



The Work of the Holy Spirit



"But when he, the Spirit of truth, comes, he will guide you into all truth. He will not speak on his own; he will speak only what he hears, and he will tell you what is yet to come." John 16:13 (NIV)

The puzzle is based on John 16:12-15 (NIV).

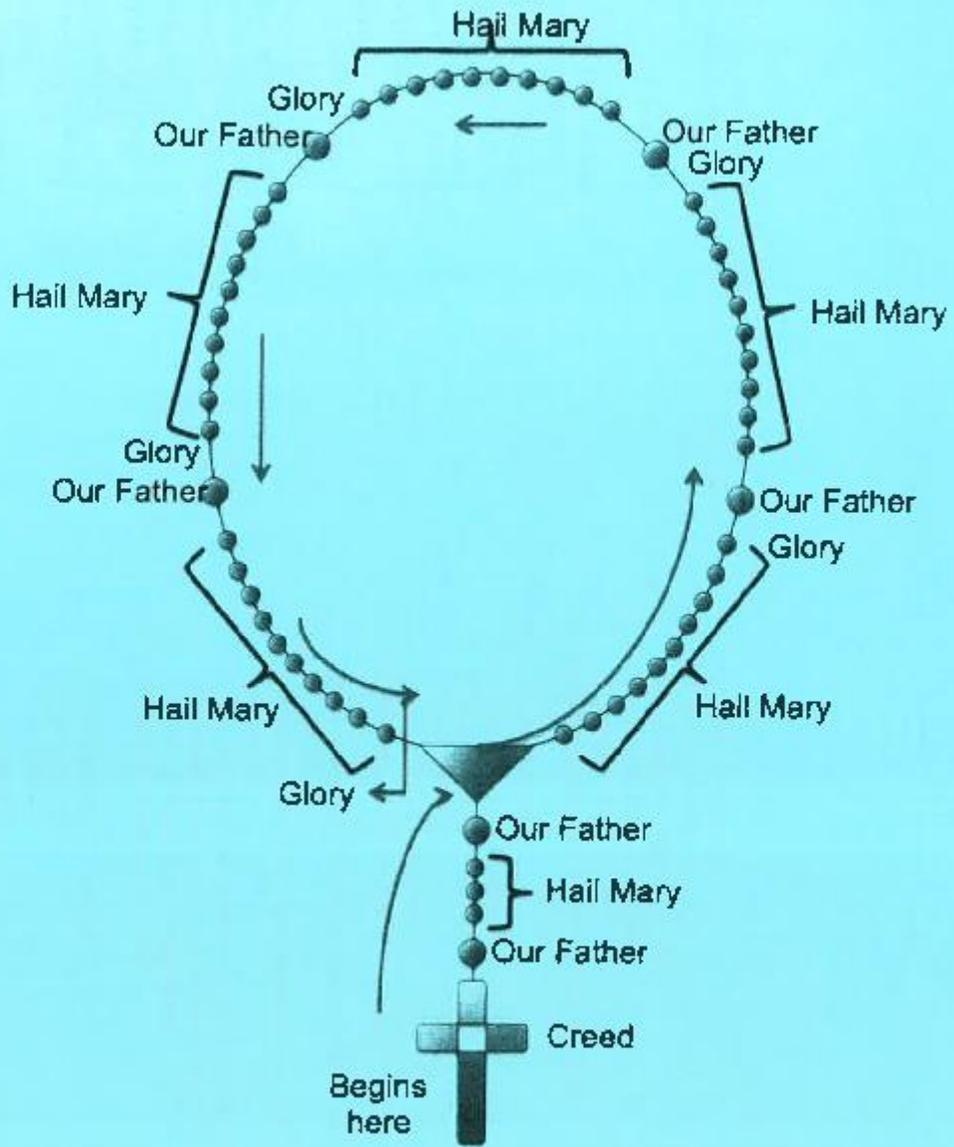
F P T V V S P I R I T C A A S
 E C L Q X I Q P V R V O P H D
 A G U I D E O C T H T M E I I
 F A T H E R R W R Y E E M P F
 A C H S U H S L U V K A U U X
 H J E O G R L D T G N N R C R
 T V W P A E L R H W W G O S A
 B M D E T Z C F U W N D A W R
 P Y B X O M V U P O T N N Z N
 C B F D X U W Z L G L O R Y G
 U F E I Q Q G E I M E R K G K
 R P T E F C B Y R U L L Z A O
 S H W A M O R E S C G B E V N
 P A A E C G D S C H O P N Y R
 K O Y K Q P V H Z P S B G M H

much	belong	Spirit	tell	truth
bear	guide	hears	known	speak
more	Father	glory	say	come

One God Maze

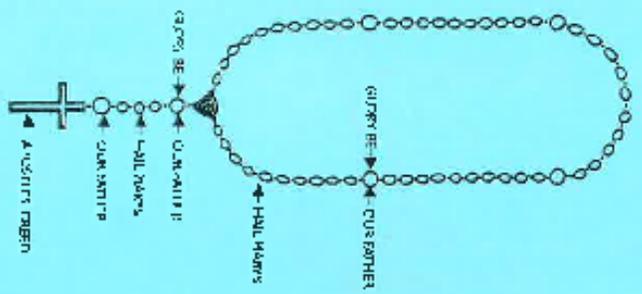
Follow the maze to match each of the 3 persons in 1 God with their symbol





HOW TO SAY THE ROSARY

1. Make the sign of the cross.
2. Pray the Apostles' Creed on the crucifix.
3. Pray the Our Father on the large bead.
4. Pray the Hail Mary on the three small beads.
5. On the next large bead, pray the Glory Be, call to mind the first mystery, and pray the Lord's Prayer.
6. Pray a Hail Mary on each of the next ten beads.
7. On the next large bead, pray the Glory Be, call to mind the second mystery. Pray the Lord's Prayer, and begin the second decade of Hail Marys.
8. Continue this pattern of prayers until you have finished all five decades.



Note: Many people like to add the Prayer of Fatima after each decade, and the Hail, Holy Queen prayer at the end of the rosary.

THE MYSTERIES OF THE ROSARY

Joyful Mysteries (Mondays and Saturdays)

1. The Annunciation
2. The Visitation
3. The Nativity
4. The Presentation
5. The Finding in the Temple

Luminous Mysteries (Thursdays)

1. Jesus is baptized in the Jordan River.
2. Jesus performs his first miracle at the wedding of Cana.
3. Jesus proclaims the Kingdom of God and calls us to conversion.
4. Jesus is transfigured before Peter, John, and James on Mount Tabor.
5. Jesus institutes the Eucharist at the Last Supper.

Sorrowful Mysteries (Tuesdays and Fridays)

1. The Agony in the Garden
2. The Scourging
3. The Crowning with Thorns
4. The Way of the Cross
5. The Crucifixion

Glorious Mysteries (Sundays and Wednesdays)

1. The Resurrection
2. The Ascension of Jesus
3. The Descent of the Holy Spirit
4. The Assumption of Mary
5. Mary's Coronation