

Lesson 4 – Journeys of Faith

Grade 6 – Chapter 4

KEY CONCEPT

God calls you on a journey of faith toward salvation. The path toward salvation is paved with prayer, which allows the Holy Spirit to lead you away from sin.

QUICK SESSION

OVERVIEW

STEP 1 - WELCOME

STEP 2 - INVITE

STEP 3 - DISCOVER

STEP 4 - LIVE

STEP 5 - CLOSING

HELPFUL HINT OF THE DAY

Share Your Story

-As a catechist, you have a unique opportunity to shape future generations through your time with students

-While it is important to present good content in your classroom, it is critical that you witness to your love for your faith

-This is a way for the students to relate to you – a way for them to gain your trust

-To successfully lead, you have to see your candidates as real people and they have to see you as a real person, and as crazy as that may sound, getting to this place can be harder than you think

STEP 1 - WELCOME

TIP

Community Activity

STEP 2 – INVITE

TIP

Let Us Pray

- **Involve the “Memorare” into this section of the lesson**
- **Break it down line by line and ask the children what each line is saying**
 - **Allow them to understand what they are saying to God through this prayer instead of just reading words off a piece of paper**
- **Our goal is to have this prayer be known by the children by the end of the year so continue to involve it each week**

What Do You Wonder?

- **Break into small groups to discuss these questions and share answers**

Chapter Story:

Use this story after the opening prayer, before explaining that God walks with us on our faith journey.

A Journey

Traveling can be fun. You may be going to see friends or family members whom you have not seen in a long time. You may be taking a train or flying for the first time.

Taking a trip can also be unsettling. You may not know what to pack because you don't know what the weather will be like, or you may be afraid that you will not be able to find the place that you plan to visit.

Your journeys through life can be both exciting and scary. Journeys include both changes and challenges. Because there are often many unknowns, a journey can also include taking risks.

STEP 3 – DISCOVER

TIP

You can use the Activity Master before jumping into the text – the words will relate the chapter

Abram and Sarai's Journey

- **Read about Abram and Sarai while reading through Scripture**
- **Why would God's words have surprised Abram and Sarai?**

The Journey Continues

- **Read through the scripture and discuss in groups**
- **Have the kids discuss the section while also using the "Share Your Faith" section to discuss further**

God's Plan of Salvation

- **Read through and discuss**
- **7 Sacraments:**
 - **Baptism, Reconciliation, Eucharist, Confirmation, Marriage, Holy Orders, Anointing of the Sick**
- **Forms of Prayer:**
 - **Blessing and adoration, petition, intercession, thanksgiving, praise**

Connect Your Faith

- **Have the kids make their faith maps and then share them with the class**

***More background about this section:**

- **Out of all the people on the earth, God chose the Israelites to be God's chosen people. They would be the ones who would learn that there was only one God, not many. They would be the ones who would learn how God wanted people to live and would prepare the way for the Savior, Jesus.**
- **Jesus gave us the New Covenant, which established a new relationship between God and humans. The New Covenant was no longer exclusive to the Israelites, it became open to the entire world.**

STEP 4 – LIVE

TIP

Our Catholic Life

- **Discuss the different forms of prayer**
- **Ask if they ever considered these different forms**
- **What does their prayer look like today?**
- **Do they want to improve it? How do they begin to take steps to improve it?**

Use the “Forms of Prayer Guide”

- **Ask the children to use the guide to help them pray**
- **Discuss the “Distractions During Prayer” section**

Live Your Faith

- **Maybe use the guide and have each try to specifically work on one of the forms over the next week**

STEP 5 – CLOSING

TIP

Close in prayer together

- **Encourage them to utilize the Memorare and Forms of Prayer Guide at home**

Use Chapter 4 Review for more time if needed

Take Homes:

- **Family and Faith sheet**
- **Forms of Prayer Guide**

Name _____

Date _____

Word Search

Find each of the following words in the puzzle below. Words may be placed horizontally, vertically, or diagonally.

Abraham	tent	faith	covenant
Sarah	child	hope	Ur
Isaac	Israel	prayer	God
Jacob	angel	journey	bless
Joseph	Egypt	Canaan	

J U O P S E C M E G Y P T
B A H L H Z A T S S E L B
I Y C T I S R A E L M T R
W H I O L A S C E N N N Z
U A B A B R A H A M T A R
F G I E T A V I N C I N E
J O S E P H O L G E P E Y
Q B A M G R C D E Y P V A
U B A N D O G Y L O J O R
J R C T E N D C H Z A C P
C A N A A N Y E N R U O J

Now choose one of the words above and explain its meaning in this chapter:

Forms of Prayer Guide

- Praise (gratitude) – Thank God for your day. It could be as simple as “Thank You,” or just tell Him the specific things, people or things that happened in your day that you were thankful for or were excited about
- Intercessions – Pray specifically for others that are around you. Your parents, friends and even those who you don’t like very much are great examples of people to pray for. Try to be specific with what you’re asking God for. Maybe you have a friend that is struggling with school or sports and you want to ask God to help them. Whatever it may be, be specific and God will respond.
- Petition – Ask God to help you in your struggles. Ask for patience, grace, hope and courage to do the best you can with them. (Remember, you become stronger with every challenge that you face)
- Blessing and Adoration – Think of how great God is and what He has created. Pray through who He is and what He has done for you in this world. He died for you, specifically for you! Take that to heart and think about how amazing of a sacrifice that is.
- Thanksgiving - Thank God again for your day. Recognize that He is the one that blessed you with all these beautiful things in your life and you are humbled by that. Thank God specifically for the opportunities that He has put in your life (school, friends, [family members](#)).