

Lesson 6 – Holy Spirit, Comforter and Guide

Grade 7 – Chapter 6

MAIN OBJECTIVE

The Holy Spirit is our Advocate, guiding and comforting us, strengthening us to know and live by the truth.

QUICK SESSION OVERVIEW

STEP 1 - WELCOME

STEP 2 - INVITE

STEP 3 - DISCOVER

STEP 4 - LIVE

STEP 5 - CLOSING

HELPFUL HINT OF THE DAY

Redirect Behavior

- Kids don't always hear what you say but how you say it. A firm, confident voice is different than just a frustrated, angry one.
- Tell them to stop. If you find yourself yelling, you are losing control of the group.
- Being specific about your directions lets them know what is needed. Being prepared and stating this upfront will help you lead effectively.
- Sometimes we all just need to move around, so lead them in an activity that might get them out of their seats or the classroom.

STEP 1 - WELCOME

TIP

Community Activity

STEP 2 - INVITE

TIP

- **Recite the prayer and read the Scripture passage.**
 - **What keeps you going when things are very difficult?**
 - **What role does the Holy Spirit have in your life?**

STEP 3 - DISCOVER

TIP

- **Read and discuss “Getting Started” (encourage them to be creative even if they don’t fully understand as of yet)**
- **Use Activity Master 6: Develop a Plot Line**
- **Read and discuss “A Promise Kept”**
 - **Watch: “Who is the Holy Spirit” – Dynamic Catholic**
 - **<https://www.youtube.com/watch?v=quwKsFoXfSE>**
- **Read and discuss “The Holy Spirit, Comforter”**
- **Read and discuss “The Holy Spirit, Guide”**
 - **Forms of Prayer: Use the guide attached to the bottom**

STEP 4 – LIVE

TIP

Our Catholic Life

- **Read and discuss more about the holy spirit**

People of Faith

- **Read and discuss about Saint Rafqa (Rebecca)**

STEP 5 – CLOSING

TIP

Pray the Memorare together:

Remember, O most gracious Virgin Mary, that never was it known that anyone who fled to thy protection, implored thy help, or sought thine intercession was left unaided.

Inspired by this confidence, I fly unto thee, O Virgin of virgins, my mother; to thee do I come, before thee I stand, sinful and sorrowful. O Mother of the Word Incarnate, despise not my petitions, but in thy mercy hear and answer me.

Amen.

Forms of Prayer Guide

- Praise (gratitude) – Thank God for your day. It could be as simple as “Thank You,” or just tell Him the specific things, people or things that happened in your day that you were thankful for or were excited about
- Intercessions – Pray specifically for others that are around you. Your parents, friends and even those who you don’t like very much are great examples of people to pray for. Try to be specific with what you’re asking God for. Maybe you have a friend that is struggling with school or sports and you want to ask God to help them. Whatever it may be, be specific and God will respond.
- Petition – Ask God to help you in your struggles. Ask for patience, grace, hope and courage to do the best you can with them. (Remember, you become stronger with every challenge that you face)
- Blessing and Adoration – Think of how great God is and what He has created. Pray through who He is and what He has done for you in this world. He died for you, specifically for you! Take that to heart and think about how amazing of a sacrifice that is.
- Thanksgiving - Thank God again for your day. Recognize that He is the one that blessed you with all these beautiful things in your life and you are humbled by that. Thank God specifically for the opportunities that He has put in your life (school, friends, family members).