

# Lesson 7 – The Way

Grade 7 - Chapter 7

## MAIN OBJECTIVE

*Jesus Christ is the only Son of God, who took on human flesh to redeem us from sin and show us the way to the Father.*

## QUICK SESSION OVERVIEW

STEP 1 - WELCOME

STEP 2 - INVITE

STEP 3 - DISCOVER

STEP 4 - LIVE

STEP 5 - CLOSING

## HELPFUL HINT OF THE DAY

### **Don't be afraid of silence!**

**-After you ask someone a question, anticipate a pause of several seconds**

**-Some people need longer than others to process. That's ok! You can always go back to someone who needs more time.**

**-"I can see that you were working on your answer. I'll give you a moment." OR "Would you like me to come back to you?"**

**-Do your best to push your kids when trying to get engagement. They want to be engaged but sometimes they need a little push to get there.**

## ***STEP 1 - WELCOME***

### **TIP**

**Community Activity**

## ***STEP 2 - INVITE***

### **TIP**

- **Recite the prayer and read the Scripture passage.**
  - **How is Jesus true God and true man?**
  - **What does Jesus being fully human mean for how we live?**

## ***STEP 3 - DISCOVER***

### **TIP**

- **Read and discuss “Getting Started” (encourage them to be creative even if they don’t fully understand as of yet)**
  - **Use the “Write” section to help them reflect on some questions**
- **Read and discuss “True God, True Man”**
  - **Discuss about the Joyful mysteries**
  - **Pray a decade of the rosary (use page 388 for more help)**
- **Read and discuss “Jesus is the Way to God”**
  - **Activity: Titles for Jesus**
  - **Ask the children to brainstorm all the different titles Jesus had in the Bible and share them with the class.**
- **Read and discuss “The Way to Live”**
  - **Activity Master 7: Do Well**

- **Talk about the definition of “discipleship”**
  - **Watch: “How to be a Good Disciple of Christ”**
  - [https://www.youtube.com/watch?v=Fis29rZ2n\\_4](https://www.youtube.com/watch?v=Fis29rZ2n_4)
  - **Have them write down the 4 Habits of Discipleship:**
    - **Relationship**
    - **Showing Up (Intentionality)**
    - **Consistency**
    - **Keep your commitments**
- **Use the “In Summary” to follow-up on what has been discussed**

## **STEP 4 – LIVE**

### **TIP**

#### **Our Catholic Life**

- **Read and discuss more about the holy spirit**

#### **People of Faith**

- **Watch video first:**
  - <https://www.youtube.com/watch?v=A8MbKF8YfiU>
  - **“The Extraordinary Story Of One Man’s Sacrifice”**
- **Read and discuss about Saint Maximilian Kolbe**

## **STEP 5 – CLOSING**

### **TIP**

#### **Pray the Memorare together:**

*Remember, O most gracious Virgin Mary, that never was it known that anyone who fled to thy protection, implored thy help, or sought thine intercession was left unaided.*

*Inspired by this confidence, I fly unto thee, O Virgin of virgins, my mother; to thee do I come, before thee I stand, sinful and sorrowful. O Mother of the Word Incarnate, despise not my petitions, but in thy mercy hear and answer me.*

*Amen.*

