

Lesson 13 – Disciples Serve

Grade 1 – Chapter 13

KEY CONCEPT

Jesus' words and actions teach us how to love and serve God. When you serve others, you are serving God.

QUICK SESSION OVERVIEW

STEP 1 - WELCOME

STEP 2 - INVITE

STEP 3 - DISCOVER

STEP 4 - LIVE

STEP 5 - CLOSING

Why We Go to Mass

- The Mass is the Divine Liturgy and our most important form of worship.
- During the Mass, we listen to the Word of God through Scriptures and receive the body, blood, soul and divinity of Jesus.
- The priest, who acts *in persona Christi* (in the person of Christ), represents the eternal and perfect sacrifice of Jesus on the cross.
- Since Jesus commanded us to break bread in remembrance of his (Luke 22:19), we are simply doing what he told us to do!

STEP 1 - WELCOME

TIP

Community Activity – coloring sheet

STEP 2 – INVITE

TIP

Let us Pray

- **Say Our Father**
- **Read the “At your Service” poem.**

At Your Service

**“Help me get my shoes on,”
Felipe whined quite loud.
“I’ll help you, little brother,”
Rosa smiled and bowed.
“I’ll slip a shoe on your foot
And I’ll tug, tug, tug,
Now push, push, push,
While I shove, shove, shove!”**

Ask: Why did Rosa help Felipe? What do you do when someone asks you for help?

- **Read God’s word on pg. 183**
- **Talk about What do you wonder questions.**

STEP 3 – DISCOVER

TIP

Jesus the Servant

- **Read paragraph**
- **Read God's Word about washing the disciple's feet.**
- **Read Serve Like Jesus paragraph**
- **Activity - Do the cut apart activity to show how Jesus washed the disciples' feet. They can cut it out, color, and paste it onto a sheet of construction paper.**

Disciples of Jesus

- **Read paragraphs and discuss how you can be a follower of Jesus.**
- **Activity – Watch me Serve sheet (Use quick tip section on pg. 186 to give children ideas on how they can serve others. This includes listing concrete actions, such as making their beds at home or helping a teacher pass out papers at school. They can also serve by listening well at school or in Church and being cooperative at home.)**

Serve God and Others

- **Read paragraphs**
- **Do Connect Your Faith section on pg. 187**

Read book - "Jesus, I Feel Close to You" or other book you feel is appropriate

STEP 4 – LIVE

TIP

Our Catholic Life

- **Read paragraphs**
 - **Explain that doing what Jesus did is not just about washing feet, it means that we follow Jesus by serving others.**
 - **Have the children place a check mark next to the things they would like to do to serve others. Remind the children that when they do these things, they are following Jesus and being good disciples.**
 - **Activity – Ways to Love Others Sheet. Talk about what each one means to help the children pick a way they can show they love others.**

People of Faith

- **Talk about Father Solanus Casey**

Take Homes

- **Remind the children to review the Faith and Family section with their parents**
- **Chapter Review.**

STEP 5 – CLOSING

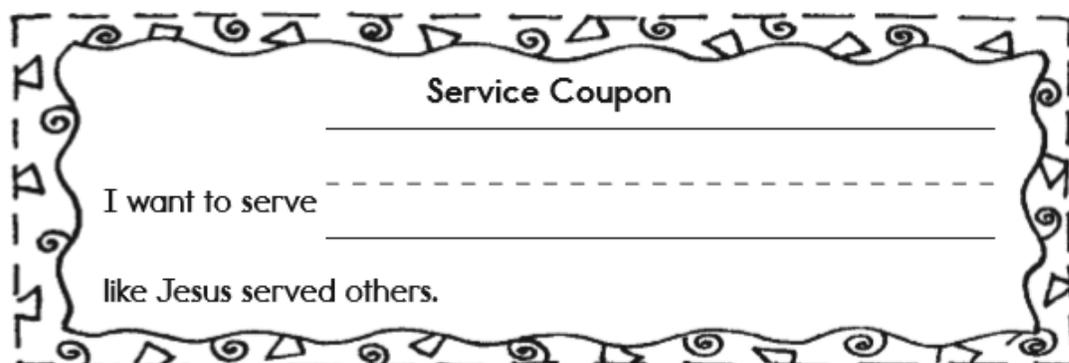
TIP

Closing Prayer

- **Say prayer on pg. 190**
- **Review Hail Mary**

Watch Me Serve!

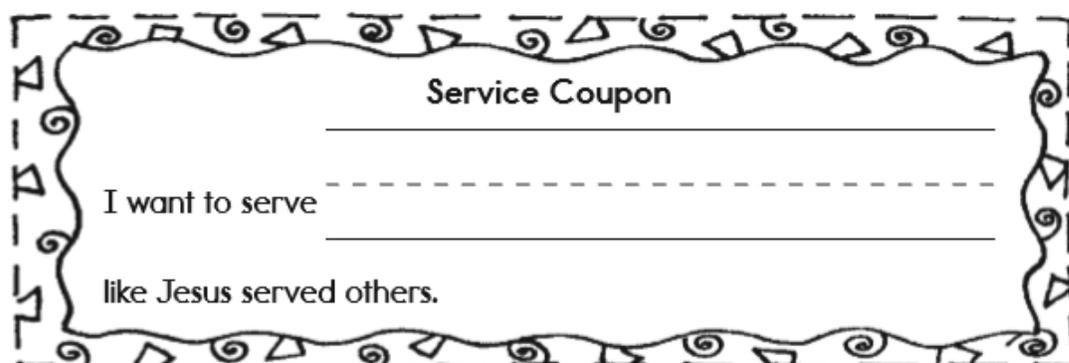
Think of three people you can serve. Print one of the names on each coupon. Then cut out the coupons. Give the coupons to the three people. Be sure to find loving ways to serve them!



Service Coupon

I want to serve _____

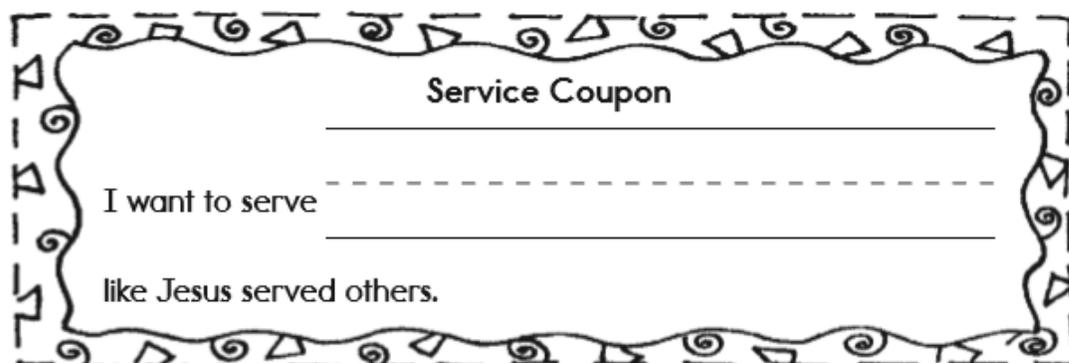
like Jesus served others.



Service Coupon

I want to serve _____

like Jesus served others.



Service Coupon

I want to serve _____

like Jesus served others.

During the Last Supper, Jesus washed and dried the feet of his friends. Jesus was teacher, Lord, and Son of God, yet he bent to wash his disciples' feet! Jesus told us to follow his example of humility. He said: "I am your teacher and Lord. I washed your feet. You must wash each other's feet. As I have done, so you must do" (Jn 13:3-17).

Jesus Washes Their Feet

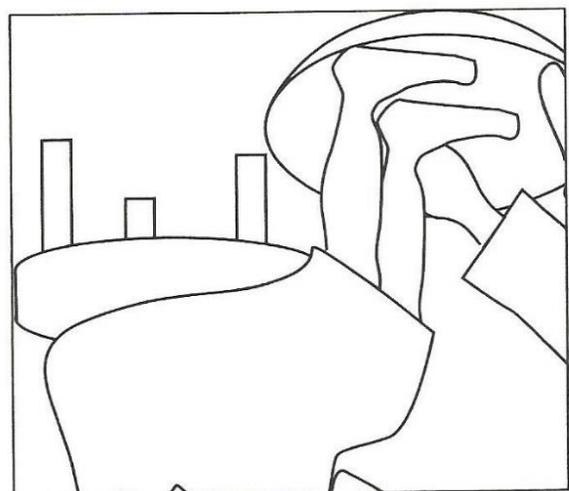
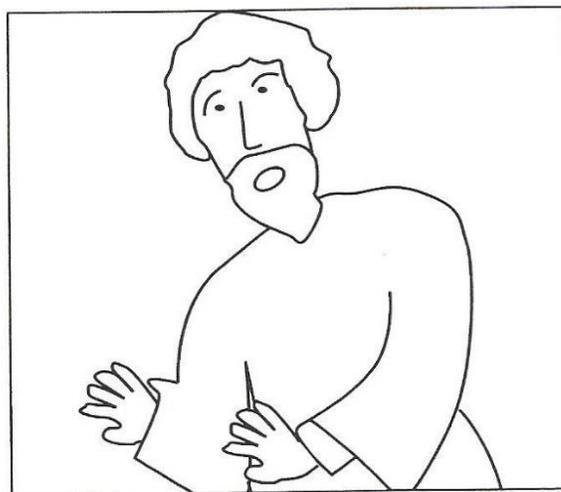
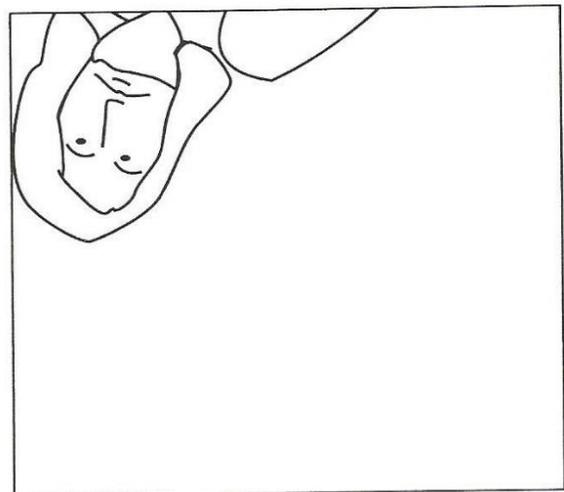
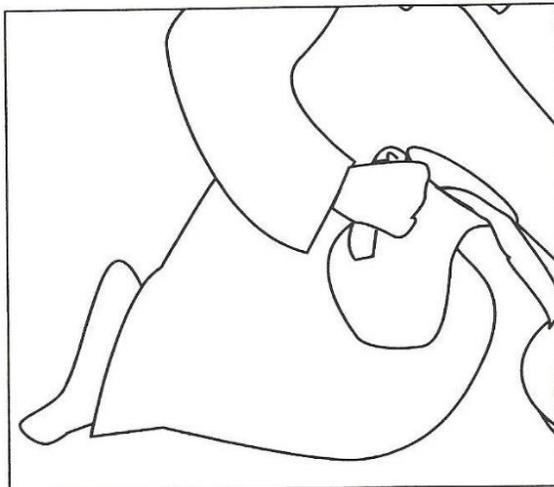
What are some ways in which one person can serve another?

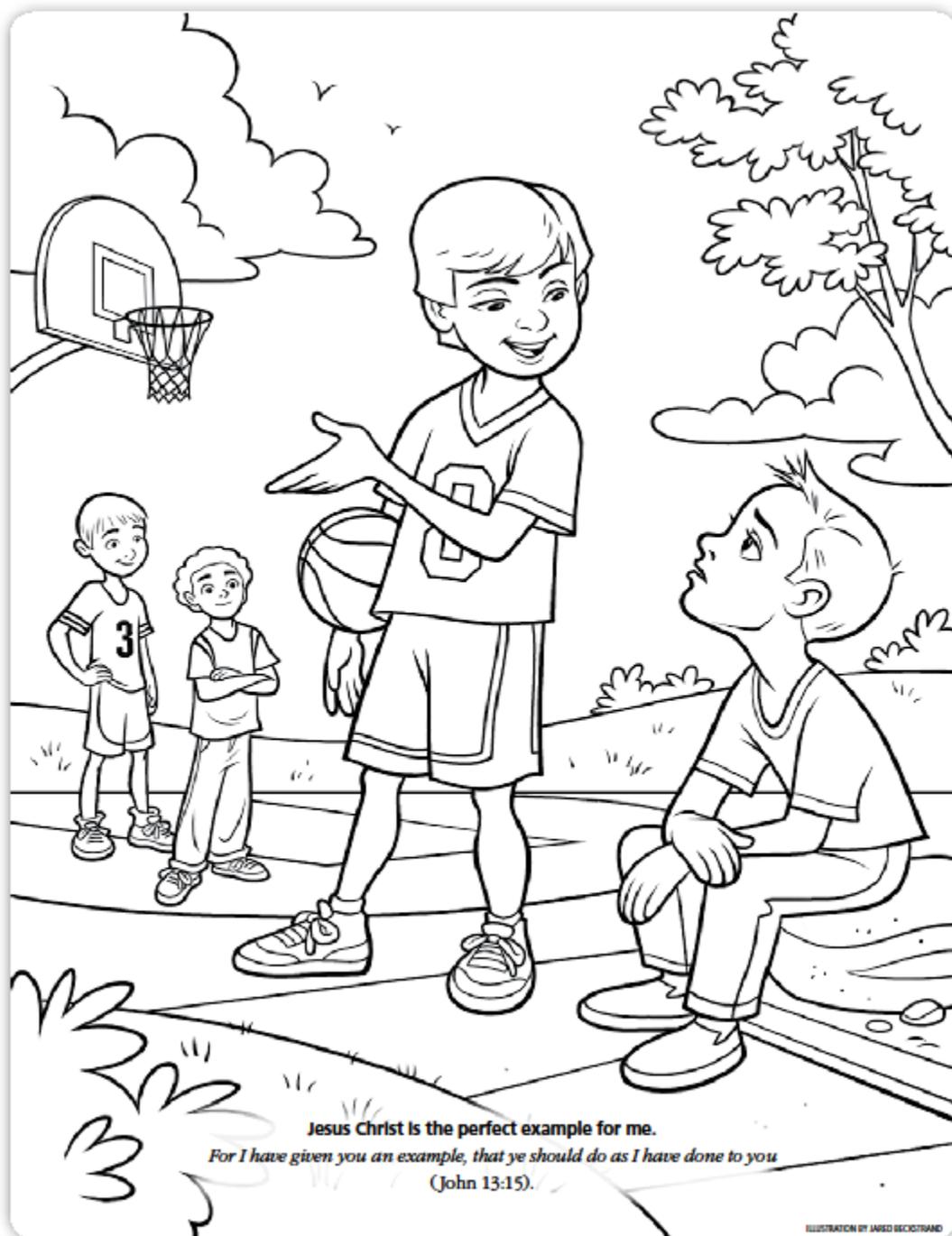
On a separate sheet, write five examples.

Then find what picture is hidden below.

Photocopy the sheet.

Cut out the pictures, and arrange them so they complete a picture.





Jesus Christ is the perfect example for me.

*For I have given you an example, that ye should do as I have done to you
(John 13:15).*

ILLUSTRATION BY JARED BECKSTRAND



Ways to Love Others

Name _____

We know that Jesus loved us in many ways. We also know that Jesus wants us to love others as he has loved us.



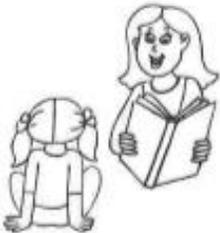
COMFORT

I will imitate Jesus' comforting care by



FORGIVE

I will imitate Jesus' forgiveness by



TEACH

I will remember the stories of Jesus and follow him by



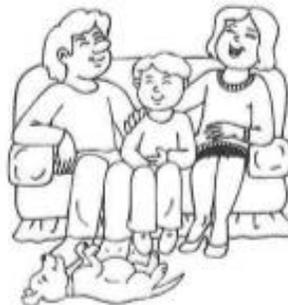
GUIDE

I will learn Jesus' rules and follow his example by



HELP

Jesus always helped those in need. I will follow his example by



LOVE

I will follow the lesson Jesus taught me about love by
