

# Lesson 11 – One and Holy

Grade 3 – Chapter 11 and Unit 1 on the Mass

## KEY CONCEPT

*The Marks of the Church are the four characteristics that identify Christ's Church: One, holy, catholic, and apostolic. The Communion of Saints includes all members of the Church, both living and dead, and form one Body in Christ.*

## QUICK SESSION OVERVIEW

STEP 1 - WELCOME

STEP 2 - INVITE

STEP 3 - DISCOVER

STEP 4 - LIVE

STEP 5 - CLOSING

### It's what THEY say that matters most

- Each person has ideas to share – allow for freedom of expression
- Take turns and allow the voices to be heard
- Ask a question, then Stop, Look and Listen
- Although you might have a student that may frustrate you at times, we need to meet them where they are at and hear what they have to share in order to understand

## ***STEP 1 - WELCOME***

### **TIP**

**Community Activity**

## ***STEP 2 - INVITE***

### **TIP**

**Let us Pray**

- **Say prayer on pg. 165**
- **Say Our Father**
- **Read God's word**
- **Talk about What do you wonder questions.**

## **STEP 3 – DISCOVER**

### **TIP**

#### **United as One**

- **Read paragraphs**
- **Read captions as well.**

#### **Identifying Characteristics**

- **Read paragraph**
- **Write the four marks of the Church on a paper or small white board and discuss what they mean.**

#### **Made Holy**

- **Read paragraphs**
- **Read God's Word**
- **Use information in catechist background section (pg. 168) to help explain what tongues of fire means.**

#### **Communion of Saints**

- **Read paragraphs**

#### **Talk about Liturgical Year**

- **Use wheel and activity sheets to learn more about the Church liturgical year.**

**Watch Brother Francis video (part 1 of The Mass: A Life-giving Prayer) – (first 18 minutes)**

In order to watch the video at home, please follow these instructions:

1. Go to [formed.org/signup](https://formed.org/signup)
  2. Select your parish
  3. Register (it's free!) with your name and email address (if you have not done so already)
  4. Check that email account for a link to begin using FORMED
  5. You will then be able to search for the video title using the "Search" button at the top of the screen
  6. Search for "The Mass: A Life-Giving Prayer" and select the video with Brother Francis (the animated monk).
- **Summarize the video (see attached sheet)**
  - **Activity – Do activity sheet where you match names to the holy vessel items. Talk about where some of these things are located in the church if you want as part of this activity. Ask the children to look for these things the next time they are in Church.**

**STEP 4 – LIVE**

**TIP**

**Our Catholic Life**

- **Read paragraphs**

**Read about Saints Perpetua and Felicity**

**Take Homes**

- **Remind the children to review the Faith and Family section with their parents**
- **Chapter Review.**

**STEP 5 – CLOSING**

**TIP**

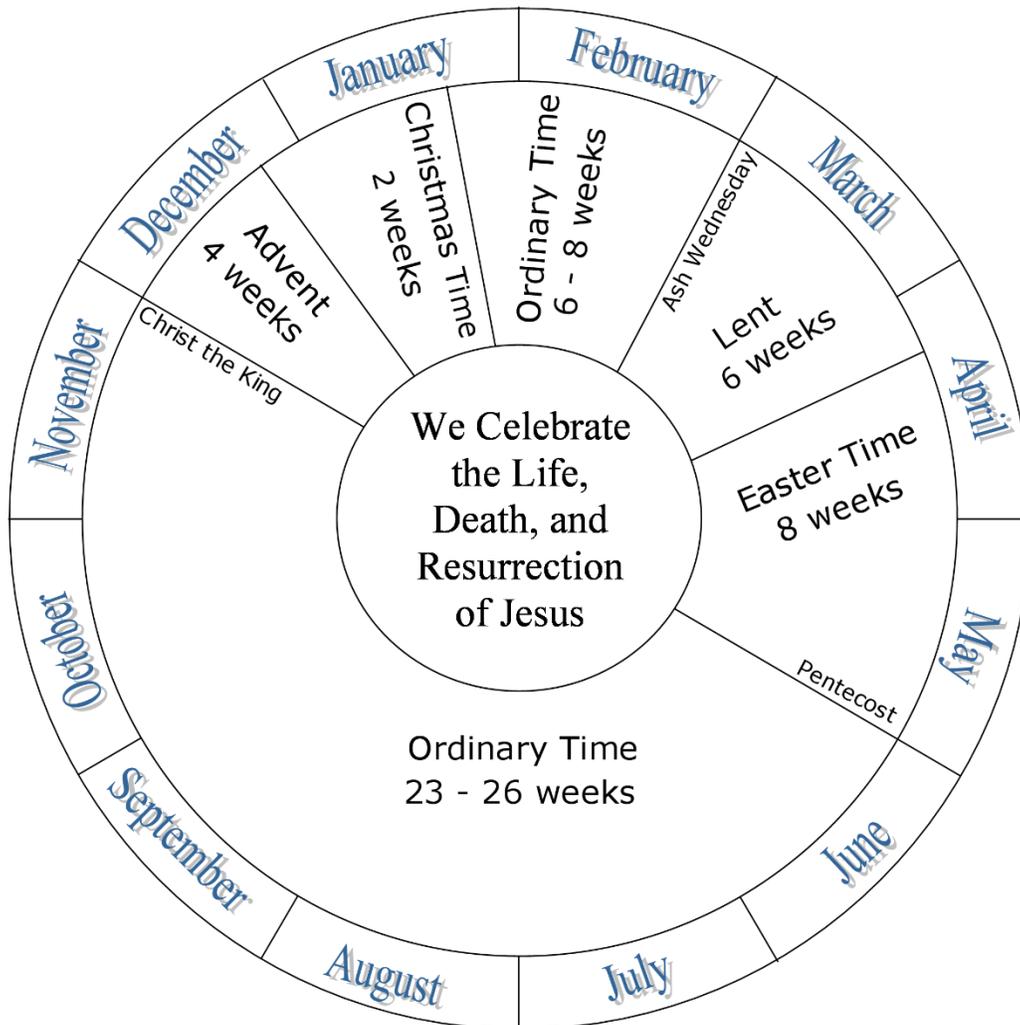
**Closing Prayer**

- **Memorare**

## Summary of the Brother Francis Mass video:

- The Mass is a celebration of Jesus.
- We go to mass every week (Sat night or Sunday) and Holy Days.
- You should get to Church early enough so you can take time to pray and get into the correct frame of mind before Mass starts.
- The Mass is broken down into 2 parts:
  - Liturgy of the Word and Liturgy of the Eucharist.
- There are 3 different positions we use during Mass: Sit, kneel and stand.
- Need to show reverence (respect) during Mass because we are celebrating Jesus.
- During the first part of the Mass, the priest comes into Church in a procession. Then he greets us and blesses us. We have the penitential rite. The Glory to God is said together except during Advent and Lent.
- The people who read the 1<sup>st</sup> two readings are called the Lectors.
- The 1<sup>st</sup> reading is from the Old Testament. (Before Jesus was born)
- Then we have the responsorial psalm.
- The 2<sup>nd</sup> reading is from the New Testament. (After Jesus was born)
- The gospel can only be read by the priest or the deacon. It is from the New Testament.
- Before the gospel we do a small sign of the cross on our forehead, lips, and heart. This is done to help us hear the word of God with our head, speak God's word with our lips, and understand it in our hearts.
- There are 4 authors of the gospels: Matthew, Mark, Luke, and John.
- The talk or lesson the priest gives us is called the homily. Padre often gives his homily before the readings but at other parishes the priest gives the homily after the readings.
- After the homily (or the gospel at St. Albert) we say the creed.
- Then we pray the prayers of the Faithful.
- The preparation of the gifts is when the gifts are brought up during mass. These include the hosts (bread that has not yet been blessed), wine, and the collection basket.

# The Liturgical Year



## The Liturgical Year

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Use the Liturgical Year Calendar to do the following activities.

1. Color Advent and Lent violet.
2. Color Ordinary Time green.
3. Leave Easter Time and Christmas Time white.
4. The longest season of the liturgical year is \_\_\_\_\_.
5. The shortest season of the liturgical year is \_\_\_\_\_.
6. The new Church year begins on the first Sunday of \_\_\_\_\_.
7. Lent begins on \_\_\_\_\_.
8. \_\_\_\_\_ begins on Easter Sunday evening and ends on Pentecost Sunday.
9. Ordinary Time is celebrated \_\_\_\_\_ times during the liturgical year.
10. The year ends on the feast of \_\_\_\_\_.

Answers: (You can use a word bank that is printed on the board for younger students).

4. Ordinary Time

5. Christmas Time

6. Advent

7. Ash Wednesday

8. Easter Time

9. two

10. Christ the King

# Do you know what these are?

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1. \_\_\_\_\_



2. \_\_\_\_\_



3. \_\_\_\_\_



4. \_\_\_\_\_



5. \_\_\_\_\_



6. \_\_\_\_\_



7. \_\_\_\_\_



8. \_\_\_\_\_



9. \_\_\_\_\_



10. \_\_\_\_\_



11. \_\_\_\_\_



12. \_\_\_\_\_

Answers:

1. Chalice

2. Sacramentary

3. Processional Cross

4. Stoup (or holy water font)

5. Sanctuary Lamp

6. Altar

7. Tabernacle

8. Cruets

9. Ciborium

10. Stole

11. Pew

12. Chasuble