

# Lesson 14 – Live in the Light

Grade 3 – Chapter 14 and Lent Insert

## KEY CONCEPT

*Each of us has a purpose and vocation that helps us follow God's plan and be a light to the world. God's gifts of faith, hope, and charity (love) help you live a good and moral life.*

## QUICK SESSION OVERVIEW

**STEP 1 - WELCOME**

**STEP 2 - INVITE**

**STEP 3 - DISCOVER**

**STEP 4 - LIVE**

**STEP 5 - CLOSING**

## HELPFUL HINT OF THE DAY

### Use Lent to Draw Deeper to the Lord

- Lent is a beautiful time to help us refocus on our relationship with Christ and what is truly important in our life
- Choose a fast to do during the time of Lent to help to sacrifice something for the Lord
- This should be something that you do regularly, brings you comfort, and is good!
- Offer this up to God to help you refocus on Him and not the things of this world that we get enjoyment from
- Also, during this time, prayer for the children of our church. Make a commitment to say an extra prayer for them during this time!

## **STEP 1 - WELCOME**

### **TIP**

**Community Activity – coloring sheets**

## **STEP 2 – INVITE**

### **TIP**

#### **Let us Pray**

- **Say prayer on pg. 189**
- **Say Our Father**
- Use this poem after the opening prayer, before talking about how hard it is to see in the dark.
  - Read aloud the poem. Ask the children what other words they would use to describe a candle. *Possible responses: hot, bright, burning, light*
  - After connecting the light of a candle with Jesus as the Light of the World, transition back to the lesson instruction.
- Brilliant, small  
Flaming, flickering, dancing  
Gives comfort  
Friend in the night.
- **Read God's word section**
- **Talk about What do you wonder questions.**

## **STEP 3 – DISCOVER**

### **TIP**

#### **The Light of the World (pg. 200)**

- **Read paragraph**
- **Read God's word section**
- **Ask the questions after God's word section.**

#### **Read Be a Light section (pg. 201)**

- **Can do the Catechist background section on pg. 201 and talk about candles**

#### **The Virtues (pg. 202)**

- **Read about the virtues**
- **Help the children understand what the virtues of Faith, Hope and Charity mean**

#### **Activity – Virtues sheet**

#### **Lent Insert**

#### **Growing in Faith (pg. 30)**

#### **Read paragraphs**

#### **Read about Lenten Acts**

#### **More Like Jesus (pg. 31)**

#### **Activity - Do Lenten Chorus (see attached sheets)**

#### **Remind them when Lent starts (Ash Wednesday is Feb 17<sup>th</sup> this year)**

#### **Remind them how many days Lent is celebrated.**

- **During Lent we try to do something to make ourselves better and our world a better place. We call a promise to try to do better a resolution.**
- **Think of something you could do or give up during Lent as a sacrifice to help make yourself a better person.**

#### **Talk about the special days that happen during Lent and Holy Week. (Palm Sunday, Holy Thursday, Good Friday, Holy Saturday, and Easter)**

#### **Activity – Lent Activity Sheet**

## ***STEP 4 – LIVE***

### **TIP**

#### **Our Catholic Life**

- **Talk about prayer and how you can make it part of your day. (pg. 204)**

#### **People of Faith**

- **Read about Saint Genevieve (pg. 205)**

#### **Take Homes**

- **Remind the children to review the Faith and Family section with their parents**
- **Chapter Reviews.**

## ***STEP 5 – CLOSING***

### **TIP**

#### **Closing Prayer**

- **Say Our Father and Hail Mary**

Name \_\_\_\_\_ Date \_\_\_\_\_

## Virtues

Virtues are gifts from God. We grow close to God when we practice habits of faith, hope, and charity (love).

Next to each box, write one way that you can practice that virtue.

**Faith**

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**Hope**

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**Charity**

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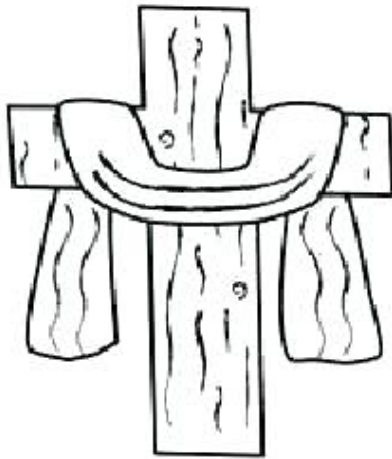
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© Our Sunday Visitor



Lent Activity Sheet



Find all ten words

- Jesus
- Lent
- Ash
- Wednesday
- Dust
- Prayer
- Alms
- Fasting
- Sacrifice
- Purple

W	J	E	P	S	A	C	T	A	P
E	Q	L	L	U	F	A	W	L	R
D	J	G	E	O	R	V	R	M	A
N	E	A	F	N	V	P	C	Q	Y
E	P	R	R	I	T	E	L	W	E
S	A	C	R	I	F	I	C	E	R
D	U	S	T	F	W	Y	R	Z	N
A	R	Y	H	V	A	L	M	S	D
Y	Z	B	J	E	S	U	S	H	U
Z	J	F	A	S	T	I	N	G	F

Unscramble these Lenten words

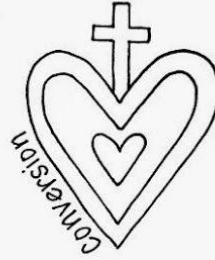
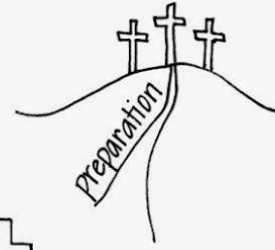
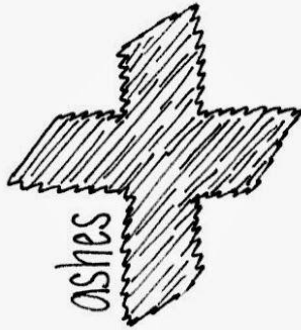
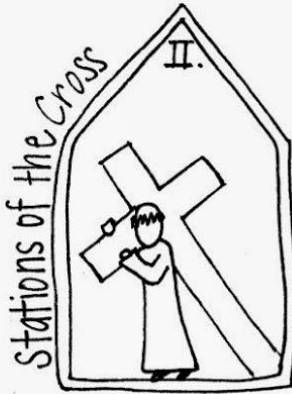
TRYFO YASD \_\_\_\_\_

HSESA \_\_\_\_\_

NLTE \_\_\_\_\_

TISFGNA \_\_\_\_\_

One thing I can do during Lent to bring me closer to God...



# Lent



# 40

forty days

