

Lesson 16 – Sacraments of Initiation

Grade 3 – Chapter 16

KEY CONCEPT

Baptism removes Original Sin, forgives personal sin, and gives new life in Christ. Confirmation seals and completes Baptism. In the Eucharist, Jesus shares himself with us, giving us the gift of his Body and Blood.

QUICK SESSION OVERVIEW

STEP 1 - WELCOME

STEP 2 - INVITE

STEP 3 - DISCOVER

STEP 4 - LIVE

STEP 5 - CLOSING

8 Tips for a Better Lent

- 1. Pray and slow down – spend 10 minutes a day in prayer**
- 2. Read a good book**
- 3. Be kind – perform “RAK’s” (Random Acts of Kindness)”**
- 4. Get involved – service or other activities in the parish**
- 5. Reach out – invite those around you to Mass or prayer**
- 6. Tune out – avoid as much TV and technology**
- 7. Donate – get rid of things that you don’t need and provide them for others**
- 8. Pray! – THIS IS SO IMPORTANT! How do we know what God wants us to do if we aren’t communicating with him**

STEP 1 - WELCOME

TIP

Community Activity – word search

STEP 2 – INVITE

TIP

Let us Pray

- **Our Father**
- Use this poem after the opening prayer, before you tell the children that Batism is the first Sacrament we receive.
 - Read aloud the poem.
 - Ask the children what happens in this poem. *A caterpillar becomes a butterfly.*
 - Discuss some changes that a human undergoes during a life cycle. Then transition back to the lesson instruction.
- Butterfly
- Unseen within its silent shell
A life is stirring there,
Till one day wings emerge to beat
And loft into the air
Now Caterpillar's gone away
And Monarch brightly greets the day.
- **Read God's word section**
- **Talk about What do you wonder questions.**

STEP 3 – DISCOVER

TIP

New Life in God

- **Read question and paragraph**

New Life Begins

- **Read paragraph**

Life in the Church

- **Read paragraphs**
- **Talk about Baptism from the Catechist background section on pg. 225**

Church Membership

What are the Sacraments of Initiation? (See if the children can name the 3 sacraments that have been talked about)

- **Read paragraphs**
- **Read God's word**

Receiving and sharing God's Love

- **Read paragraph**
- **Review the Sacrament of Initiation section as a group. Underline important words we hear in each sacrament.**
- **Talk about the common elements from the quick tip section pg. 227.**

Activity – Sacraments of Initiation sheet

STEP 4 – LIVE

TIP

Our Catholic Life

- **How can you help welcome new members into the Catholic Church?**
- **Read paragraphs**

Lent Review

Lent

- **Remind the children that we are in the season of Lent**
- **Use the review sheet to talk about what happens leading up to Easter?**

Activity – Do The Great Days of Holy Week activity

Talk about St. John the Baptist

Take Homes

- **Remind the children to review the Faith and Family section with their parents**
- **Chapter Review.**

STEP 5 – CLOSING

TIP

Closing Prayer

- **Review The Memorare**

Review sheet for Easter

Lent begins on Ash Wednesday

There are 40 days of Lent. During this time we try to fast, pray, and do good things for others. We may have chosen to give up something for Lent as a way to prepare for Easter. We do not eat meat on Fridays during Lent.

What is Lent preparing us for? The death and resurrection of Jesus.

Holy Week

This is the week before Easter.

Palm Sunday – We get blessed palms and celebrate Mass. Why do we do this? This is in remembrance of Jesus coming into Jerusalem. When Jesus arrived in Jerusalem on his donkey, there were many followers who wanted to see him. People crowded around him and called his name. Many called out “King” or “Savior.” Worshipers knelt down and waved palm fronds as Jesus passed by. Children and grownups wanted to hear him speak to them. They wanted to touch him. Sick people wanted their Savior to make them well. Jesus continued to teach and perform miracles throughout Holy Week.

Holy Thursday – During the Last Supper, Jesus washed the feet of His disciples as an example of how we are to love and serve one another. He also broke bread and wine with them as His body and blood would be broken and shed for us. This is when he took bread and wine and passed it out to his disciples as we see the priest do at Mass each week. After the meal, he went to the garden of Gethsemane to pray. There he was confronted by Judas (one of his disciples) who betrayed him. Jesus was arrested by soldiers.

Good Friday - This is when Jesus was crucified on the cross. After Jesus was arrested he was taken to Pontius Pilate. He asked the people what Jesus did wrong and tried to free him but the people said to crucify him. They said he claimed to be a king. Jesus was sentenced to death on a cross. We do the stations of the cross which shows what happened to Jesus as he was being crucified. He had to carry his cross up a big hill. He fell while carrying his cross. The guards made a man in the crowd (Simon) help Jesus carry his cross. Once he got up the hill, he was crucified along with 2 other men who were robbers. The hill where he was crucified is called Golgotha. When he died on the cross, a dark cloud came over the area and everyone knew he was dead but was indeed the son of God. The soldiers broke the legs of the robbers but not Jesus. Instead they pierced his side with their sword and blood and water flowed out.

After he died, Joseph of Aramethea asked Pilate if he could bury Jesus. He was taken down from the cross and placed in a tomb and a stone rolled in front of the entrance.

Holy Saturday – This is called the Easter Vigil. During this mass we start with the church dark and have lighted candles as the priest processes in. There are numerous readings and blessings. In addition, some adults who are becoming Catholic receive sacraments of baptism, 1st communion, and confirmation. It is a service preparing us for Easter Sunday.

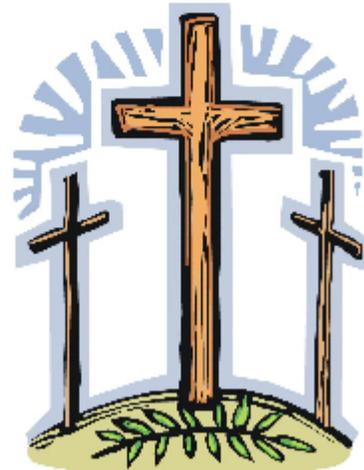
Easter Sunday – This is a special day because it is the day of Jesus’ resurrection from the dead!! Mary, mother of Jesus and Mary Magdalene went to the tomb to look for Jesus. When they got there they saw the stone had been rolled back and the tomb was empty. He had been raised from the dead. They ran to get the disciples. We celebrate Jesus’ resurrection on Easter.

Name:

ON THE ROAD TO EASTER WORD SEARCH



Ash	Holy Week	Palm Branch
Wednesday	Holy Thursday	Forty Days
Sacrifice	Good Friday	Jesus
Almsgiving	Holy Saturday	Passover
Prayer	Easter	Foot Washing
Fasting	Palm Sunday	Resurrection
Lent	Purple	Love



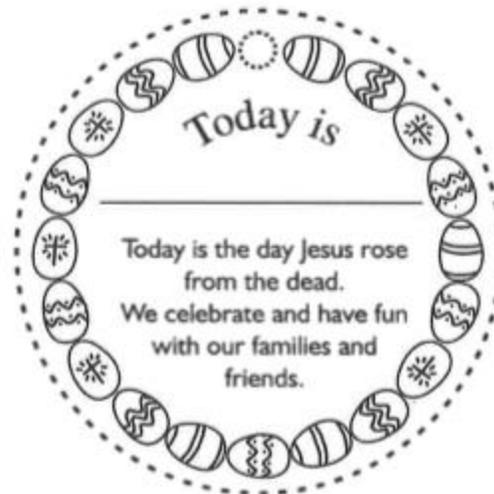
The Great Days of Holy Week

Name _____

Make this reminder about the Great Days of Holy Week to put on your refrigerator at home.

Decide which day is described by reading the clues inside each circle. Here are the days to choose from: Holy Thursday, Good Friday, Holy Saturday, Easter Sunday. Write the correct day on the line at the top of the circle.

Cut each circle on the dotted line, and cut a hole at the top of each circle. String the circles together in the right order. Hang them on your refrigerator.



Name _____ Date _____

Sacraments of Initiation

1. Find everything relating to Baptism and color those circles in your favorite color.
2. Find everything relating to Confirmation and color those circles in a second color.
3. Find everything relating to Eucharist and color those circles in a third color.
4. Watch for one word, action, or effect that is used in more than one Sacrament.

The activity master contains 21 ovals with the following text:

- BAPTISM
- CONFIRMATION
- EUCCHARIST
- Sacred Chrism
- anointing
- water
- immersion
- bread and wine
- seals and completes Baptism
- "Be sealed with the gift of the Holy Spirit."
- A person becomes a member of the Church.
- strengthens a person to live and proclaim the faith
- "The Body of Christ."
"The Blood of Christ."
- gives new life in Christ
- unites all in the one Body of Christ
- "In the name of the Father, and of the Son, and of the Holy Spirit."

activity master 2019



My Lenten Prayer

Dear Jesus
Thank you for giving Your life
for me and for everyone in the world.
You fasted 40 days in the desert, and
I want to remember Your sacrifice during Lent,
by doing the following:

Please help me to do this out of love for You,
and help me in my hour of need.

Amen.

Name : _____

Date : _____



