

# Lesson 14 – Respect Life

Grade 4 – Chapter 14 and Lent

## **KEY CONCEPT**

*All human life is sacred because it comes from God. The Fifth Commandment forbids anything that takes a human life.*

## **QUICK SESSION OVERVIEW**

**STEP 1 - WELCOME**

**STEP 2 - INVITE**

**STEP 3 - DISCOVER**

**STEP 4 - LIVE**

**STEP 5 - CLOSING**

## **Use Lent to Draw Deeper to the Lord**

- Lent is a beautiful time to help us refocus on our relationship with Christ and what is truly important in our life**
- Choose a fast to do during the time of Lent to help to sacrifice something for the Lord**
- This should be something that you do regularly, brings you comfort, and is good!**
- Offer this up to God to help you refocus on Him and not the things of this world that we get enjoyment from**
- Also, during this time, prayer for the children of our church. Make a commitment to say an extra prayer for them during this time!**

## STEP 1 - WELCOME

### TIP

**Community Activity – word search**

## STEP 2 – INVITE

### TIP

**Let us Pray (pg. 199)**

**Chapter Story: A Change of Heart**

Use this story after the opening prayer, before explaining that we are called to respect human life.

- Read aloud the story.
- Ask the children what the term *merchant of death* means. ***Nobel's invention, dynamite, killed many people.***
- Ask: If your death notice were accidentally written today, what could it say about your respect for the lives of others?

### **A Change of Heart**

Nearly ninety years ago, Alfred Nobel picked up the morning newspaper and, to his horror, read his own death notice! The newspaper reported his death by mistake. Nobel read the bold heading, “Dynamite King Dies.” In the article he was described as a merchant of death.

Nobel was saddened. Although he had made a fortune by inventing dynamite, he did not want to be remembered as a “merchant of death.” From then on, he devoted his energy and money to works of peace and the good of humankind.

Today, Alfred Nobel is remembered as the founder of the Nobel Prizes, especially the Peace Prize. These prizes reward and encourage people who work for the good of others.

- **Ask What do you wonder questions**

## **STEP 3 – DISCOVER**

### **TIP**

#### **All Human Life is Sacred (pg. 200)**

- **Read paragraph**
- **Read about Blessed Margaret of Castello**
- **Ask the children if they know someone who has a disability and how do they get treated.**

#### **Choose Life (pg. 201)**

- **Read paragraphs and Scripture verse**
- **Ask the children what life and death decisions people have to make daily.**

#### **Protect and Respect (pg. 202)**

- **Read paragraphs.**
- **Ask the children how they keep the Fifth commandment.**
- **Discuss the meaning of the word Murder.**

#### **Respect for the Body**

- **Read paragraphs.**

#### **Activity – Respect your Body sheet**

#### **Avoid Anger (pg. 203)**

- **Read paragraph**
- **Read Scripture**
- **Discuss the question at the end of the Scripture story.**  
**Invite the children to share times when they have been able to avoid hatred or revenge, even when they were provoked.**

**Remind the children that forgiveness is a way to show love to others, even to enemies**

## **STEP 3 – DISCOVER**

### **TIP**

#### **Lent Insert (pg. 26)**

- **An Unselfish Spirit**
- **Read paragraphs**
- **Do Activity on page 27**

**Activity – Go over the Lent sheet. Have the children color the letters and then fold the paper so they can make a pamphlet to review.**

**Review what happens during Lent from the pamphlet. Encourage the children to do some small sacrifices or to give up things during Lent to help them prepare for Easter.**

**Ash Wednesday is on February 17<sup>th</sup> this year and is the start of Lent.**

## ***STEP 4 – LIVE***

### **TIP**

#### **Our Catholic Life**

- **How can you follow God's commandments in your family life? (pg. 194)**
- **How can you act in the spirit of the Fifth commandment? (pg. 204)**
- **Can do activity to Reach all learners on pg. 204 and have small groups act out situations.**

#### **People of Faith**

- **Discuss about Saint Gianna Molla**

## ***STEP 5 – CLOSING***

### **TIP**

#### **Pray:**

- **Our Father**
- **Memorare**

#### **Take Homes:**

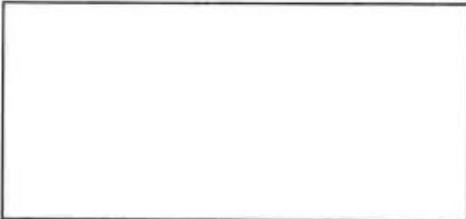
- **Family and Faith**
- **Chapter Reviews**

Name \_\_\_\_\_ Date \_\_\_\_\_

# Respect Your Body

Think about the things that can harm your body. Draw a symbol for each of the following items, and then draw and color the barred circle "No" symbol over each drawing. Next, write a personal pledge saying what you will do to show respect for your body.

**Junk food**



**Smoking**



**Not using safety equipment**



**Fighting**



**Staying up too late**

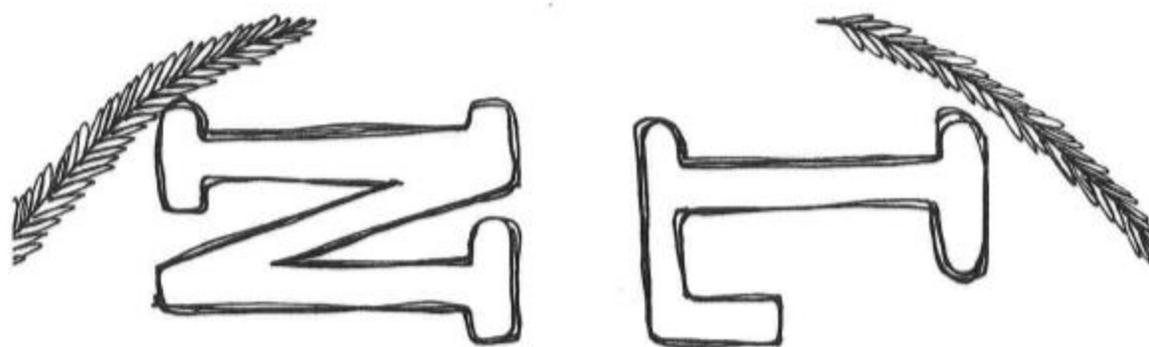
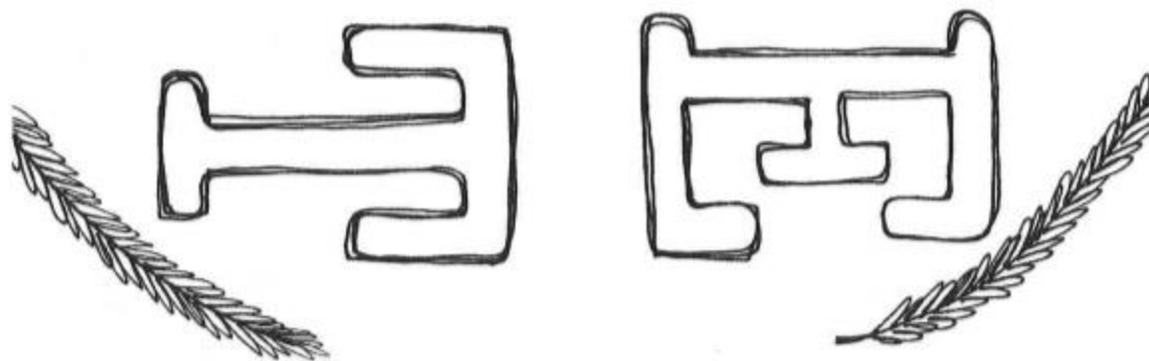


**Alcohol**



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I will respect my body by \_\_\_\_\_  
\_\_\_\_\_



## What is Lent?

- Liturgical season preparing us for the Easter Triduum, lasts 40 days
  - prayer
  - fasting
  - almsgiving
- Purple (violet) is liturgical color
- Time of conversion & turning back to God
- Pray for those in RCIA and prepare to renew our baptismal promises

## How is Lent Different?

- Fast on Ash Wednesday and Good Friday
- Abstain from meat on Ash Wednesday and all Fridays
- Do not say Gloria at Mass
- Never sing or say Alleluia
- Make special sacrifices
- Live simply
- Pray the Stations of the Cross
- date changes each year

- Ash Wednesday - Lent begins
- All Fridays - remember Christ's Passion
- Palm Sunday - Christ's Triumphant entry into Jerusalem
- Holy Thursday - The Last Supper
- Good Friday - Christ's Passion & Death
- Holy Saturday - Day before Easter
- \* Depending on local culture & devotion, we still celebrate feast days like:
  - St. Patrick (3/17) St. Joseph (3/19) The Annunciation (3/25)

- "Return to me with your whole heart." ~ Joel 2:12
- "A clean heart create in me, O God." ~ Psalm 51
- "If today you hear his voice, harden not your hearts." ~ Psalm 95
- "Take up your cross and follow me." ~ Matthew 10:25

## Important Days During Lent:

## Scripture About Lent: