

Lesson 16 – The Liturgical Year

Grade 4 - Chapter 16

KEY CONCEPT

The liturgical year celebrates the Paschal Mystery. The seasons of the liturgical year include Advent, Christmas, Lent, Triduum, Easter, and Ordinary Time.

QUICK SESSION OVERVIEW

STEP 1 - WELCOME

STEP 2 - INVITE

STEP 3 - DISCOVER

STEP 4 - LIVE

STEP 5 - CLOSING

8 Tips for a Better Lent

- 1. Pray and slow down – spend 10 minutes a day in prayer**
- 2. Read a good book**
- 3. Be kind – perform “RAK’s” (Random Acts of Kindness™)**
- 4. Get involved – service or other activities in the parish**
- 5. Reach out – invite those around you to Mass or prayer**
- 6. Tune out – avoid as much TV and technology**
- 7. Donate – get rid of things that you don’t need and provide them for others**
- 8. Pray! – THIS IS SO IMPORTANT! How do we know what God wants us to do if we aren’t communicating with him**

STEP 1 - WELCOME

TIP

Community Activity – word search

STEP 2 – INVITE

TIP

Our Father

Let us Pray (pg. 223)

Use this story after the opening prayer, before explaining that year after year, we give thanks to God for the gift of his Son, Jesus.

- Ask the children to describe the life cycle of the butterfly from egg to caterpillar to cocoon to butterfly.
- Read aloud the story as the children follow along.
- Discuss one seasonal change that happens where you live. Then transition back to the lesson instruction.

The Life Cycle

All living things follow a pattern. They come to life, they grow and develop, and finally they die. This pattern is called a life cycle. Every year as the seasons change, you see changes in the world around you. The change of seasons affects you, too.

Read scripture passage

Ask the What do you wonder questions.

STEP 3 – DISCOVER

TIP

A Time for Everything

- **Ask: What is the Paschal Mystery?**
- **Read paragraph**
- **Read the Scripture passage and ask what message God was giving us in this poem.**

The Paschal Mystery

- **Read paragraphs.**
- **Stress the importance of the Mass as a celebration of the Paschal Mystery**

The Church's Seasons

- **Ask: What are the seasons of the liturgical year?**
- **Read the paragraph and then the text about each season.**
- **Do the Connect Your Faith Activity**

Activity – Seasons and Feast Days.

Lent

- **Do Review Sheet on Lent**
- **Discuss the important days of Holy Week**
- **Activity – Talk about the Stations of the Cross.**
- **Activity – Name that Day sheet**

STEP 4 – LIVE

TIP

Our Catholic Life

- **Ask: How do you celebrate the seasons of the Church year?**
- **Read paragraph**
- **Review the Celebrating the Seasons chart as a group.**
- **Can ask the children how their families celebrate the different seasons as you are going through them.**

People of Faith

- **Discuss about Saint Juan Diego**

STEP 5 – CLOSING

TIP

Pray:

- **Our Father**
- **Memorare**

Take Homes:

- **Family and Faith**
- **Chapter Review**

Name _____ Date _____

Seasons and Feast Days

Place the feast day (special day) in its correct season by writing it beneath the name of the season. Refer to a liturgical calendar if you have difficulty placing some feasts.

Advent

Christmas

Lent

Triduum

Easter

Ordinary Time

Immaculate Conception
Christ the King
Ascension
Epiphany
Holy Family
Saint Nicholas
Holy Thursday

Assumption of Mary
Ash Wednesday
Baptism of Jesus
Pentecost
Good Friday
Holy Saturday

© Our Sunday Visitor



Name That Day

Name _____

These are descriptions of very important spring days in the Church year. From the clues given, decide which day each paragraph describes and write its name on the line. The names of the days appear at the bottom of the page.

The Thursday Jesus tells his followers to preach his Gospel to every nation. He says this just before he returns to the Father.

The day we pay special honor to the mystery of three persons in one God.

The day Lent begins. Many Christians go to church to have their foreheads marked with a special symbol of repentance.

The day Jesus and the Father send the Spirit to be with Jesus' followers for all time.

The Sunday of Sundays, when we celebrate the resurrection of Jesus.

- Ash Wednesday
- Ascension
- Passion/Palm Sunday
- Pentecost
- Triduum
- Trinity Sunday
- Easter
- Body and Blood of Christ

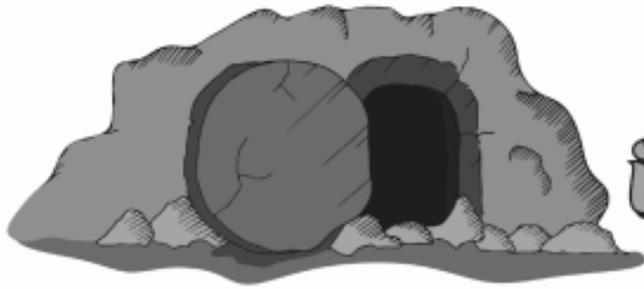
The 72 hours that commemorate Christ's work of redeeming humankind. It begins with evening Mass on Thursday, continues through Good Friday and Holy Saturday, reaches its climax with the Easter Vigil, and concludes with evening prayer on Easter Sunday.

The Sunday we celebrate the fact that Jesus is with us in the Eucharist.

The day Christians observe Jesus' triumphal entry into Jerusalem at the beginning of the week he died. The Gospel of the day is the story of Jesus' suffering and death.



HOLY WEEK WORD SEARCH



*Christ
is risen*

P J I I C A M N W K R I N D R V B G C N
 W P P W P U T X L E R C P B W H Y Q R V
 Q T K A S E G Y L A V R L C V N V A U R
 E Y T X E A S T E R U O F N Y W A L C A
 H V N L Z H A E O O Z W K K C D S T I Z
 N B C I P H C L U T R D W C Z N F W F S
 D A T O G Z E A R T H I Q Y E L L I Y Z
 W M W Z G X H N G M S S K I A J U N V M
 K H E A V E N A P O S T L E S M E E I C
 B R E A D X F K C A Z J L J E S U S M O
 N G D Y Q R X N Y A B G U M S H O I B P
 Q D K F L T C R O S S R S X P X B V P A
 T R T U Y X E M P T Y A K J Q B E N S C
 L U O L I P O Q G C T V M B Y U D R W G
 W J P A S S O V E R O E U L L W I I A T
 I R P D F N W T U Z V G J O D W E S I O
 T X J Y H N I G V A H I W O B G N E F M
 B X W R R N P X F B O D Y D T J T N W B
 Q L M S K I N G H V P E Q A T P G Y O R
 E C G J V D M M V X P U B N K A T U X Z

APOSTLES
 BLOOD
 BODY
 BREAD
 CROSS

CROWD
 CRUCIFY
 EARTH
 EASTER
 EMPTY

GRAVE
 HEAVEN
 JESUS
 KING
 OBEDIENT

PASSOVER
 RISEN
 TOMB
 WINE

