

Liturgy of the Eucharist

Grade 5 – Chapter 18 and Easter

KEY CONCEPT

In Sunday worship and daily living, we show that the Eucharist is the source and the summit of the Catholic Church. The power of the Holy Spirit and the words of the priest transform the bread and wine into the Body and Blood of Christ.

QUICK SESSION OVERVIEW

STEP 1 - WELCOME

STEP 2 - INVITE

STEP 3 - DISCOVER

STEP 4 - LIVE

STEP 5 - CLOSING

HELPFUL HINT OF THE DAY

Finish Lent Strong!

- Quote from Pope Benedict XVI on Lent

“Lent is like a long ‘retreat’ during which we can turn back into ourselves and listen to the voice of God, in order to defeat the temptations of the Evil One. It is a period of spiritual ‘combat’ which we must experience alongside Jesus, not with pride and presumption, but using the arms of faith: prayer, listening to the word of God and penance. In this way we will be able to celebrate Easter in truth, ready to renew the promises of our Baptism.”

STEP 1 - WELCOME

TIP

Community Activity

TIP

STEP 2 – INVITE

Let Us Pray

- **Use Memorare and prayer from book (pg. 243)**

What Do You Wonder?

- **Discuss these questions and share answers**

Chapter Poem:

Use this story after the opening prayer, before explaining the sacred meal we share during the Liturgy of the Eucharist.

- Encourage the children to share their stories of helping to feed the hungry in the community. Ask them what they would be willing to sacrifice so that others could eat.
- After connecting personal sacrifice with Christ's sacrifice, transition back to the lesson instruction.

Food Facts

- Every day, almost 16,000 children around the world die from hunger-related causes. That's one child every five seconds.
- In the United States, 14.5 percent of households (that's nearly 49 million Americans, including 16.2 million children) struggle to put food on the table.
- More than one in four American children are at risk of hunger.
- A principle cause of hunger in the United States is the inability to afford sufficient food.

Statistics from Bread for the World

Confronting the problem of hunger can seem overwhelming. But if we all did our part—individuals and the government working together—we could overcome hunger and poverty. People who are hungry and living in poverty depend on the sacrifice and generosity of others. What would you be willing to sacrifice so that others could have food?

STEP 3 – DISCOVER

TIP

Jesus Feeds Us (pg. 244)

- **Ask – What hunger does the Eucharist satisfy?**
- **Read paragraph**
- **Read Scripture passage**
- **Ask the questions following the passage**

Bread of Life

- **Read first paragraph**
- **Ask: What are some spiritual hungers of young people today. (A spiritual hunger is a longing for something that will result in true happiness.)**
- **Turn to pg. 305 and read about Sacramental Symbols in Scripture. (One prominent symbol is the Paschal candle, which represents the Light of Christ, and the baptismal font, which contains holy water used for Baptism)**
- **Read 2nd paragraph**

The Eucharistic Mystery

- **Ask – Why is the Eucharist a sacrifice? (explain that the word sacrifice means the person gives up something that he or she values by acting for the sake of someone else)**
- **Read the paragraph.**
- **Read the Scripture passage**
- **Ask – In what part of the Mass do you hear these words?**
- **Read next paragraph**
- **Underline the sentence that states what Jesus' perfect sacrifice was.**

The Liturgy of the Eucharist

- **Read the paragraphs.**
- **Underline the meaning of transubstantiation.**

Activity – Celebrating the Eucharist sheet.

STEP 4 – LIVE

TIP

Our Catholic Life

- **Ask: What does it mean to live in the Eucharist?**
- **Read paragraph**
- **Review the ways to Share the Gift of Love**

Easter Triduum

Three Holy Days

- **Triduum is a Latin word that means “three days”. What 3 days of the liturgical year does this refer to? (Holy Thursday, Good Friday and Holy Saturday)**
- **Read the paragraphs on pg. 30**
- **Ask the children if they have gone to any of the masses on any of these days at Church and what happens at the Mass?**

In the Breaking of the Bread (pg. 34)

- **Read the paragraphs**
- **Note the similarities between the experience of the disciples on the road to Emmaus and our experience in the Mass.**
- **Ask: How would you react if someone told you that he or she had seen Jesus alive?**
- **Ask: What can you do to help others recognize Jesus’ presence in their lives?**

Optional Activity – Make an Easter card for someone in your family or for members of the community who are ill or homebound.

People of Faith

- **Discuss about Saint Clare of Assisi**

STEP 5 – CLOSING

TIP

Close in prayer together

- **Memorare and Glory Be**

Take Homes:

- **Family and Faith sheet**
- **Chapter and Unit reviews.**

Chapter 18 Activity Master

Name _____ Date _____

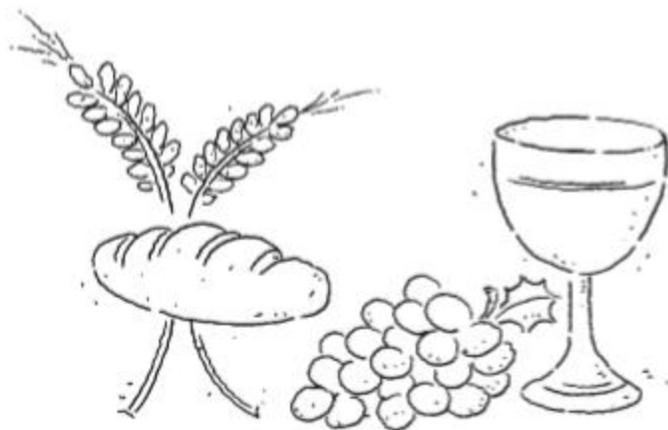
Celebrating the Eucharist

You have been learning about the Eucharist and reflecting on what it means to you. Look back at the activities completed in this chapter, and summarize your thoughts in the form of a *cinquain*. A *cinquain* is a five-line poem that uses only ten words. Starting with the word *Eucharist*, do the following:

1. Write four words that describe the Eucharist.
2. Write three words describing signs of the Eucharist in action.
3. Write two words about the main feeling you associate with the Eucharist.
4. Write one word that is a synonym for the word *Eucharist*.

Eucharist

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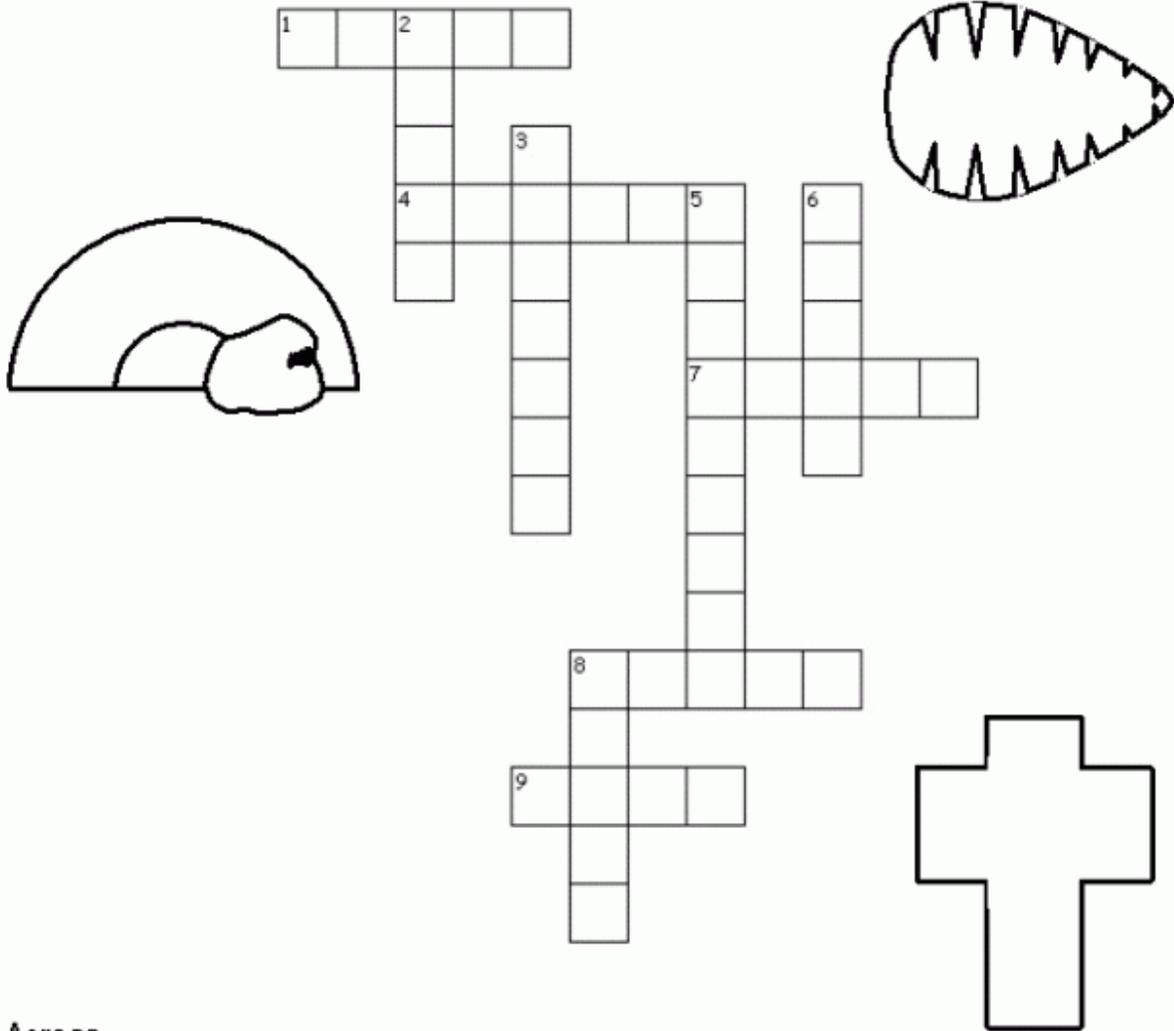
Easter Word Search

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- ANGELS
- APOSTLES
- BETRAYAL
- BLOOD
- CALVARY
- CROSS
- CROWN OF THORNS
- CRUCIFIXION
- DARKNESS
- DEATH
- EARTHQUAKE
- EASTER
- GOLGOTHA
- HIGH PRIEST
- JESUS CHRIST
- JOSEPH
- JUDAS ISCARIOT
- KING
- LAMB

- MARY
- NAILS
- PASSOVER
- PIECES OF SILVER
- PIERCED
- PILATE
- RESURRECTION
- ROBE
- ROMANS
- SACRIFICE
- SIMON OF CYRENE
- SOLDIERS
- SON OF GOD
- SPEAR
- STONE
- TEMPLE
- THIEVES
- THREE DAYS
- TOMB

Easter Crossword



Across

1. Taking this during the last supper symbolized Jesus' body.
4. Jesus was forced to wear a crown made of these instead of a crown meant for a real king.
7. The angel told the women, "Don't be afraid, Jesus isn't here; He has ____!"
8. Instead of praying the disciples did this when Jesus went off to pray by himself.
9. The main reason that God gave His only son, Jesus to die for each of us.

Down

2. On Sunday the two Mary's didn't find Jesus but a tomb that was ____.
3. The word people shouted to Jesus that means blessed is He who comes in the name of the Lord.
5. Jesus became the ____ for us, so we could be forgiven for our sins.
6. Jesus was meant to die on this.
8. This was put in front of the tomb so nobody could steal Jesus' body.