

# Lesson 12 – Source of Life

Grade 7 - Chapter 12 and Unit 2 of the Mass

## MAIN OBJECTIVE

*The Church has a mission to bring all people to believe in God and to be baptized*

## QUICK SESSION

### OVERVIEW

STEP 1 - WELCOME

STEP 2 - INVITE

STEP 3 - DISCOVER

STEP 4 - LIVE

STEP 5 - CLOSING

## HELPFUL HINT OF THE DAY

### Emphasize Community

- Without having a school as a part of our church, Religious Ed becomes the main source of church community for our youth
- While in the classroom, emphasize the importance of being there for one another and that our Faith community builds up one another
- Continue to get the kids to know each other better so that even when they are outside of Religious Ed, they will desire friendships with others that share their Faith
- Allow for time for the relationships to form between them as they will continue to journey together with each other for the next few years to come

## **STEP 1 - WELCOME**

### **TIP**

**Community Activity**

## **STEP 2 - INVITE**

### **TIP**

- **Recite the prayer and read the Scripture passage.**
  - **How does the Holy Spirit strengthen the Church to spread the Good News of salvation?**
  - **How much does faith have to do with everyday life?**

## **STEP 3 - DISCOVER**

### **TIP**

- **Read and discuss “Getting Started”**
  - **Discuss what they write about the Church**
  - **“List” section about good work in our daily lives**
- **Read and discuss “That All May Have Life”**
  - **Discuss what questions the kids might have about free will**
  - **Use the “Name” section**
  - **Watch: Sacraments 101: Baptism (Why We Baptize)**
    - <https://www.youtube.com/watch?v=05YB2jdHLsY>
- **Read and discuss “Communion with God”**
  - **Skip the “Optional Activity” on page 200**
  - **Use the “Identify” section to help them think personally about their faith**
- **Read and discuss “The Church Prays”**
  - **Read Matthew 6:9-13**
    - **Discuss further about the prayer**
  - **Watch: “How-To Tuesday: How to Pray (Part 1)”**
    - <https://www.youtube.com/watch?v=1LmpdV2PzsU>
  - **Use “The Church’s Forms of Prayer” and the “Discuss” section**
  - **Use the “In Summary” to follow-up on what has been discussed**
- **Activity Master 12: Prayer in My Life**
- **Discuss the importance of Liturgical colors. (see handout)**

## ***STEP 4 – LIVE***

### **TIP**

#### **Our Catholic Life**

- **Read and discuss more about personal gifts**

#### **People of Faith**

- **Read and discuss about Saint Lorenzo Ruiz**

#### **“Identify” section**

#### **Take homes:**

**Chapter and Unit reviews (if not done in class)**

## ***STEP 5 – CLOSING***

### **TIP**

#### **Pray the Memorare together:**

Remember, O most gracious Virgin Mary, that never was it known that anyone who fled to thy protection, implored thy help, or sought thine intercession was left unaided.

Inspired by this confidence, I fly unto thee, O Virgin of virgins, my mother; to thee do I come, before thee I stand, sinful and sorrowful. O Mother of the Word Incarnate, despise not my petitions, but in thy mercy hear and answer me.

Amen.

Name \_\_\_\_\_

Date \_\_\_\_\_

## Prayer in My Life

Answer the survey below honestly. Spend some quiet time really thinking about your answers and what they say about prayer in your life. Talk with a friend and compare your answers and ideas.

My best times of day for prayer: \_\_\_\_\_  
\_\_\_\_\_

Things that make it hard for me to pray: \_\_\_\_\_  
\_\_\_\_\_

My favorite prayers or kinds of prayer: \_\_\_\_\_  
\_\_\_\_\_

I like to pray alone when: \_\_\_\_\_  
\_\_\_\_\_

I like to pray with other people when: \_\_\_\_\_  
\_\_\_\_\_

Some things I often ask God for: \_\_\_\_\_  
\_\_\_\_\_

I know God answered my prayer when: \_\_\_\_\_  
\_\_\_\_\_

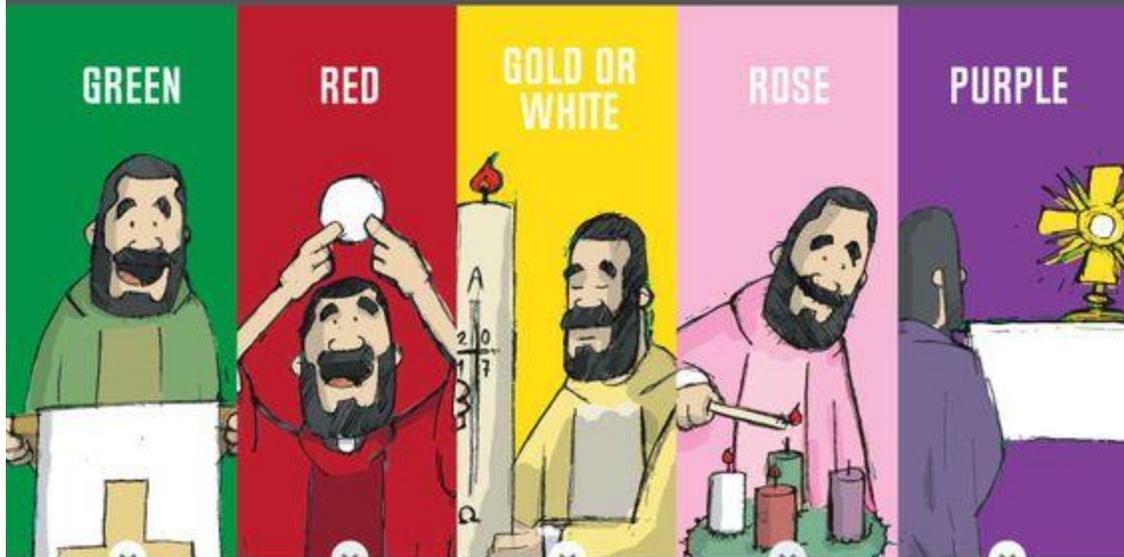
I am thankful to God for: \_\_\_\_\_  
\_\_\_\_\_

I most need God's help with: \_\_\_\_\_  
\_\_\_\_\_

I have heard God tell me in my heart: \_\_\_\_\_  
\_\_\_\_\_

Our Sunday Visitor

# THE SIGNIFICANCE OF THE LITURGICAL COLORS



**GREEN**

**RED**

**GOLD OR  
WHITE**

**ROSE**

**PURPLE**

**WHEN IS IT USED?**

Ordinary Time in the liturgical calendar.

**WHEN IS IT USED?**

Pentecost, the Holy Spirit, Feasts of the Apostles and martyrs.

**WHEN IS IT USED?**

Feasts of Our Lord Jesus Christ, Mary, and saints who were not martyred.

**WHEN IS IT USED?**

Third Sunday of Advent and the Fourth Sunday of Lent.

**WHEN IS IT USED?**

Advent and Lent, also in Requiem Masses.

**SYMBOLISM**

Signifies hope.

**SYMBOLISM**

Signifies the fire of charity and blood shed for Christ.

**SYMBOLISM**

Symbolizes glory, joy, innocence, and purity of soul.

**SYMBOLISM**

Symbolizes joy and love.

**SYMBOLISM**

Signifies humility and penitence.