

The Power of Prayer

- 1) Watch Fr. Mike Schmitz video "The Power of Prayer" (6:04 minutes)
<https://www.youtube.com/watch?v=kiAMzghLcMA>
- 2) Write a paragraph answer (about 4 sentences) to 3 of the following questions and submit to Brenda or Lauren when complete.
 - a. Why should we pray if it does not change God's mind? What is the first reason that Fr. Mike offers?
 - b. What is the second reason Fr. Mike gives us for why we should pray? What effect does prayer have on the world?
 - c. What is the third reason for why we should pray? What effect does prayer have on us?
 - d. What does it mean to be given the "dignity of causes"?
 - e. How is building a shed with your father like prayer?
 - f. When you pray, why do you pray? What works? What doesn't?
- 3) Prayer Plan (this does not need to be submitted, but is encouraged that you complete it on your own).

Work on a concrete plan for developing a better prayer life. Your plan should be realistic and specific. While this is personal and up to you, it should be something you can implement immediately, too.

- a. How are you going to pray?
- b. When would be the best time to pray?
- c. Where are you going to pray?
- d. How are you going to remember to pray?
- e. Write your plan in a sentence or two.