

Confirmation Candidate & Sponsor Activities

The role of a Confirmation Sponsor is to serve as a model and guide for the candidate during the preparation for the Sacrament of Confirmation. It is essential that your candidate experience your presence and support during their Confirmation journey. Therefore, as part of our preparation program we ask the Sponsor and the Candidate to meet at least (2) times to share their faith through prayer, reflection, and service.

A. Below are some ways to pray together, serve together, and reflect on your faith together.

Mass or another communal prayer (e.g., Stations of the Cross, Adoration, Rosary). Communal prayer is a great way to develop our relationship with God and others, and learn more about our liturgical traditions.

- Attend Mass or a communal prayer service together.
- Discuss the significance of Mass or communal worship in your faith life.
- Discuss options for future participation at Mass or other communal prayer services.

Service Project. Sharing our gifts and talents with the community through service is a crucial aspect of what it means to be Catholic. Service opportunities are intended to give candidates positive experiences, along with opportunities to put their faith into action.

- Get involved with a service project that calls forth both you and your sponsor's unique gifts and interests.
- Discuss how your involvement reflects Jesus' mission of service.
- Discuss options for further service projects.

Choose an Activity. Find an opportunity to reflect upon and share your faith with one another. Grab some coffee or ice cream, take a walk, or eat a meal together.

- Participate in an activity together that allows for a faith conversation.
- Discuss the significance of taking time to reflect and share our faith with others.
- Discuss options for future faith conversations.

B. Together, fill out the attached reflection sheet. The Sponsor and the Candidate should discuss the questions together. Both the Sponsor and Candidate should sign the form.

C. Return completed reflection sheets to Religious Education staff by April 1, 2021.

Note: If the Sponsor cannot attend any of the above activities with the Candidate, another Catholic adult (including a parent) may complete the activity and reflection with the Candidate.

Confirmation Candidate & Sponsor Activity Reflection

You are welcome to write or type answers on a separate paper.

Confirmation Candidate's Name:

Sponsor's Name:

Activity #1

Circle One: Mass/Communal Prayer Service Project Other: _____

What did you do? _____

What did you learn about yourself and/or your Sponsor by participating in this activity?

How did this activity reflect or encourage your faith?

Signature of Confirmation Candidate: _____

Signature of Sponsor (or Proxy): _____

Activity #2

Circle One: Mass/Communal Prayer Service Project Other: _____

What did you do? _____

What did you learn about yourself and/or your Sponsor by participating in this activity?

How did this activity reflect or encourage your faith?

Signature of Confirmation Candidate: _____

Signature of Sponsor (or Proxy): _____