

Lesson 15 – Showing Sorrow

Grade 1 – Chapter 15 and Lent

KEY CONCEPT

God always forgives those who are truly sorry and ask his forgiveness. God asks that we forgive others and ourselves.

QUICK SESSION OVERVIEW

STEP 1 - WELCOME

STEP 2 - INVITE

STEP 3 - DISCOVER

STEP 4 - LIVE

STEP 5 - CLOSING

Use Lent to Draw Deeper to the Lord

-Lent is a beautiful time to help us refocus on our relationship with Christ and what is truly important in our life

-Choose a fast to do during the time of Lent to help to sacrifice something for the Lord

-This should be something that you do regularly, brings you comfort, and is good!

-Offer this up to God to help you refocus on Him and not the things of this world that we get enjoyment from

-Also, during this time, prayer for the children of our church. Make a commitment to say an extra prayer for them during this time!

STEP 1 - WELCOME

TIP

Community Activity – J coloring sheet

STEP 2 – INVITE

TIP

Let us Pray

- **Say prayer on pg. 203**
- **Read God's Word**
- **Talk about What do you wonder questions.**

STEP 3 – DISCOVER

TIP

Obeying God

- **Read paragraphs**
- **Talk about forgiveness in Catechist background section**

Being Sorry

- **Read sentence**
- **Read God's Word (tell them this is the parable of the Prodigal Son)**
- **Ask the questions in the margins to see if the children got the message from the passage.**

Ask for Forgiveness

- **Read paragraphs**
- **Ask the questions in the margin**

Make Things Better

- **Read paragraphs**

Activity – God's Love sheet

Talk about Sacrament of Reconciliation. They will make their 1st reconciliation next year. That is when they tell their sins to the priest and he absolves them from their sins.

Activity – Forgiveness Coloring Sheet

STEP 4 – LIVE

TIP

Our Catholic Life

- **Read paragraphs**
- **Do the Making Things Better section as a class**

Review Lent. (pg. 28)

- **What is important about Lent? (It is the 40 days leading up to Easter)**
- **What day does Lent start? (Ash Wednesday which is Feb 17th this year)**
- **Talk about Showing Love from pg. 29**
- **What happens on Holy Thursday, Good Friday, and Easter?**

Activity

Lent Activity – Make display of things you do in Lent with construction paper. Sample will be given. Teach the children that during Lent we pray, fast, and give.

- **Hand out Lenten Resolution Egg.**
- **During Lent we try to do something to make ourselves better and our world a better place. We call a promise to try to do better a resolution.**
- **Decide on one thing you will do this this Lent to improve yourself or the world. This is your resolution.**
- **Write your resolution on the egg, then color and cut out the egg.**
- **Glue the egg to a sheet of construction paper. You can cut along the edges of the construction paper to make it into the shape of an egg.**
- **Put your Lenten Egg in a place you'll see it every day and keep track of how well you are doing with your resolution each week until Easter (April 17th).**

STEP 5 – CLOSING

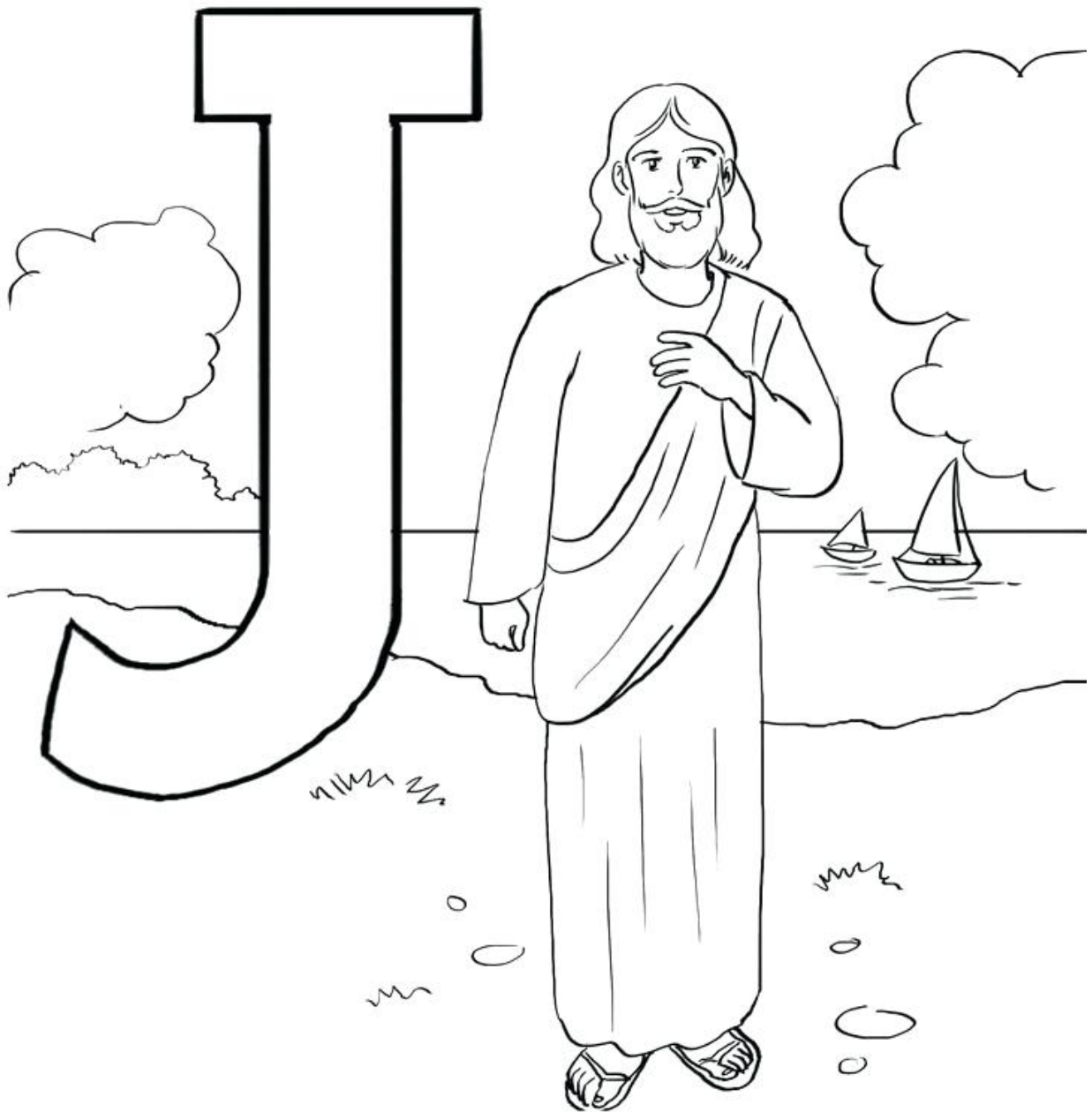
TIP

Closing Prayer

- **Our Father and Hail Mary**

Forgiveness Coloring Page





Name _____

Date _____

God's Love

Cut out the puzzle pieces. Then put the pieces together to discover what God says when we are sorry.

