Lesson 9 – Jesus Teaches us to Pray

Grade 1 – Chapter 9 and Advent Intro

**KEY CONCEPT**

Prayer is talking and listening to God. Jesus taught his friends how to pray the Lord’s Prayer.

**QUICK SESSION OVERVIEW**

- **STEP 1** - WELCOME
- **STEP 2** - INVITE
- **STEP 3** - DISCOVER
- **STEP 4** - LIVE
- **STEP 5** - CLOSING

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**Be Flexible**

- Kids are going to be kids and we need to meet them where they are at
- We have lesson plans but when you get into a certain topic that you’re getting good engagement from your kids on, you should continue to push that
- Understand your class and know what gets them going, then use this as your planning your lesson
**STEP 1 - WELCOME**

**TIP**

Community Activity

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**STEP 2 - INVITE**

**TIP**

Let us Pray
- Say prayer on pg. 135
- Say Our Father together
- Read God’s word section
- Talk about What do you wonder questions.
**STEP 3 – DISCOVER**

**TIP**

Stay Close to God

- What are some ways to pray?
  - Read paragraphs.
  - Ask question at the end
- Do the Quick tip and recite the Blessing prayer.
- Ask the kids to start to learn the prayer at home.

Pray Anywhere

- Read paragraphs.
- Activity sheet – Thanks to God

Learn to Pray

- What special prayer did Jesus give his followers?
- Read paragraphs
- Talk about ways to pray in God’s word section

The Lord’s Prayer

Can make sure the children understand what is being said or what it means.

Advent section

- Review sheet on what Advent is and what it means.

Hand out Advent wreath sheet to students and talk to them about doing an activity listed on the calendar each day to help get them prepared for Christmas.

Activity – Advent Prayer Cards
STEP 4 – LIVE

TIP

Our Catholic Life

- Review the chart about The Lord’s Prayer
- Do Quick tip and talk about ways we learn to pray.

Take Homes:

- Review Family and Faith section with your parents
- Chapter Review

STEP 5 – CLOSING

TIP

Closing Prayer

- Say prayer on pg. 142
- Our Father and Hail Mary
WHEN SHOULD I PRAY?

First thing in the morning
At mealtime
At bedtime
When I am happy
When I need something
When I am afraid
When I am sad
Anytime it is right!

Give thanks to the Lord each day!

Write your own prayer:

1. For my family
2. For those in need
3. For those who are sick
4. For my country and leaders
5. For myself

My five fingers help me every day, to remember those for whom I pray.
The Tradition of Advent

Advent is the period of four Sundays and weeks before Christmas (or sometimes from the 1st of December to Christmas Day!). Advent means 'Coming' in Latin. This is the coming of Jesus into the world.

Many Advent wreaths also have a white candle in the center to symbolize the arrival of Christmastide, sometimes known as the "Christ candle." It is lit on Christmas Eve or Christmas Day. ... One interpretation holds that purple means hope and waiting, which aligns with the seasonal meaning of Advent.

The first candle of the Advent Wreath, the Prophecy Candle or Candle of Hope, is purple. The second, called the Bethlehem Candle or the Candle of Preparation, is also purple in color. Likewise, the fourth Advent Candle color is purple. It's called the Angel Candle or the Candle of Love.

One of the candles surrounding the Christ Candle in the Advent wreath is rose colored, for Gaudete Sunday or Joy Sunday, the beginning of the third week in Advent.

Use the calendar for examples of things to do each day in Advent to help prepare for the coming of Jesus.

Advent Prayer Cards

Color and cut out these prayers for Advent. Place your prayer cards by your bed to remind yourself to say the prayers.
<table>
<thead>
<tr>
<th>Week 1</th>
<th>Week 2</th>
</tr>
</thead>
<tbody>
<tr>
<td>O God, during this Advent season, help me prepare for the coming of your Son. May I remember to show kindness to those around me. Fill my heart with love for you. Amen.</td>
<td>Jesus, when you came you brought peace to the world. Show me how to love my brothers, sisters, and friends. May I always be a sign of your peace. Amen.</td>
</tr>
</tbody>
</table>

**LOVE**

**PEACE**

<table>
<thead>
<tr>
<th>Week 3</th>
<th>Week 4</th>
</tr>
</thead>
<tbody>
<tr>
<td>Dear Lord, Advent is a season of joy. Help me serve you always with a happy heart. Amen.</td>
<td>Heavenly Father, when you sent your Son to our world, everyone rejoiced in hope. During Advent and Christmas renew my hope in you. Amen.</td>
</tr>
</tbody>
</table>

**JOY**