

Lesson 15 – Help with Choices

Grade 3 – Chapter 15 and Lent

KEY CONCEPT

Conscience is the ability given to us by God that helps us make choices about right and wrong. God's grace in the Sacraments, and the Holy Spirit, help us make changes and good choices.

QUICK SESSION OVERVIEW

STEP 1 - WELCOME

STEP 2 - INVITE

STEP 3 - DISCOVER

STEP 4 - LIVE

STEP 5 - CLOSING

HELPFUL HINT OF THE DAY

Always Address the “so what?” Question

- The tradition, doctrines, scripture and heritage we possess sit in a vacuum if they are not connected with real life experiences
- There is always a “why” behind each teaching of the Faith
- These are the most important things to explain to our youth because that is when true learning happens. They are able to connect it with a reason instead of just being told what to do
- Don't pass up opportunities to address these questions. If left unanswered, the lesson will be forgotten by the kids by the time they get into the car to go home!
- If you don't the “why” behind a teaching, just ask! None of us are perfect to have each answer but that's why we are called to community with those around to help each of us learn more.

STEP 1 - WELCOME

TIP

Community Activity

STEP 2 - INVITE

TIP

Let us Pray

- **Our Father and Hail Mary**
- **Read God's word section**
- **Talk about What do you wonder questions.**

STEP 3 – DISCOVER

TIP

Many Choices

Read the question. Write the children's responses on a paper or small white board.

- **Read paragraphs**
- **Talk about the questions at the end**

Activity – Moral Choice Maze

The Church Guides Choices

- **Read paragraphs.**
- **Talk about Precepts of the Church**

Changing Directions

- **Ask the question: How do you overcome making a bad choice?**
- **Read paragraph**

Read God's Word section.

- **Ask the children how Saul changed. Remind the children that people who make selfish choices can change and make better choices. (tell them about scripture background on pg. 212**

The Sacrament of Penance and Reconciliation

- **Read paragraphs (Refer to the information in the margin to distinguish between a sin and an accident or mistake. The choice to sin is intentional but an accident or a mistake is not intentional)**

Activity –Do the Connect your Faith activity

Talk about the Stations of the Cross and about how they portray what happened to Jesus before he died on the cross and rose again.

TIP

Our Catholic Life

- **Read paragraph**
- **Activity – Do the Form Your Conscience section.**
- **Talk about the things listed in the margin on pg. 214**
- **Talk about free choice in quick tip section on pg. 214.**

Lent Insert

Growing in Faith (pg. 30)

Read paragraphs

Read about Lenten Acts

More Like Jesus (pg. 31)

Activity - Do Lenten Chorus (see attached sheets)

Remind them when Lent starts (Ash Wednesday is Feb 17th this year)

Remind them how many days Lent is celebrated.

- **During Lent we try to do something to make ourselves better and our world a better place. We call a promise to try to do better a resolution.**
- **Think of something you could do or give up during Lent as a sacrifice to help make yourself a better person.**

Talk about the special days that happen during Lent and Holy Week. (Palm Sunday, Holy Thursday, Good Friday, Holy Saturday, and Easter)

Activity – Lent Activity Sheet

STEP 5 – CLOSING

TIP

Closing Prayer

- **Memorare**

Chapter 15 Activity Master

Name _____ Date _____

Moral Choice Maze

Use the words in the maze to fill in the blanks. Then draw a line through the maze in the same order as your answers.

1. A deliberate choice to disobey God is a _____

2. The inner voice that helps you decide right and wrong is your _____

3. A great Christian preacher and writer:

4. Church teachings and _____
_____ are guides to help you make good moral choices.



5. The book that contains God's Word is called the _____.
6. You sometimes need help to make good _____.
7. The _____ are some of the basic duties of members of the Catholic Church.
8. A _____ is a group of people who come together to share their belief in Jesus.
9. The Holy _____ helps you choose to do what is right.
10. God's loving gift to humans is called _____.
11. After _____ appeared to Saul, Saul was baptized.
12. He forgives our sins:
_____.
13. The celebration of God's forgiveness through the Church is the _____.

ACTIVITY

The Temptation of Jesus

A CHORUS PLAY BASED ON MATTHEW 4:1-11

Chorus plays are a type of Gospel Drama that present scriptural stories in the form of a play with both individual characters and a chorus. The chorus allows for a whole-group participation.

People required: Leader, Voice, Chorus. It might be helpful to have an additional reader read the designated "Chorus" lines and then have the rest of the children echo that reader.



Leader: From Matthew's Gospel:

Leader: The Holy Spirit led
Jesus into the desert.
There he was tempted.
Voice: Tested!
Chorus: Tested!

Leader: Jesus hadn't eaten
for forty days and forty nights.
He was very hungry.
Voice: Hungry?
Chorus: Hungry?

Leader: "If you are God's son, tell
these stones to turn to bread!"
Voice: Tested!
Chorus: Tested!

Leader: "No one can live on
bread alone. People need every
word that God has spoken."
Voice: Listen to God!
Chorus: Listen to God!

Leader: "If you are God's Son,
jump off the highest part of
the temple and let God's angels
catch you in their arms."
Voice: Tested!
Chorus: Tested!

Leader: "Don't test the
Lord your God!"
Voice: Listen to God!
Chorus: Listen to God!

Leader: "I will give you all this,"
said the voice of temptation, "if
you bow down and worship me."
Voice: Tested!
Chorus: Tested!

Leader: The Bible says, "Worship
the Lord your God and serve
only him."
Voice: Worship God!
Chorus: Worship God!

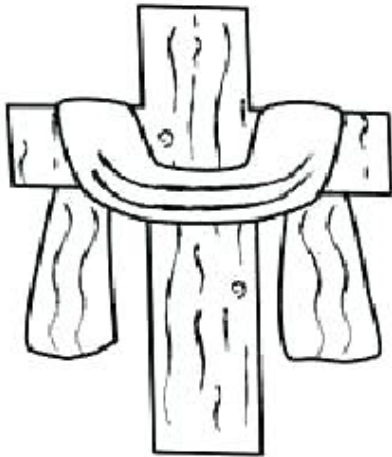
Leader: The Gospel of the Lord.
**Chorus: Praise to you,
Lord Jesus Christ.**

Word Search for Moral Values

H Y L D N E I R F Q W G W E A
S K Z G G V V E P V N Q O D E
S Q B M X X O V C K W B J C Z
E Q G D P G N I V I G R I L P
N W S E J I S H A R I N G S E
I C A T N K P Q T C E P S E R
P A H R B E I D S H F K U E M
P R X A M R R S Y N L D L H A
A I E E L H E O S P U W O C D
H N N H B N E N U E A Z V A I
G G X D D R K A Q S S G E M O
M J X N M U L E R C O V O G B
S J I I Z F M U Q T X S G U H
K K B K L L Y I U O E B R W T
I T H O U G H T F U L D U A Z

LOVE
SHARING
HUGS
FRIENDLY
GENEROUS
CARING
KINDNESS
THOUGHTFUL
NICE
RESPECT
WARMHEARTED
HAPPINESS
GIVING
KINDHEARTED
KISSES

Lent Activity Sheet



Find all ten words

- Jesus
- Lent
- Ash
- Wednesday
- Dust
- Prayer
- Alms
- Fasting
- Sacrifice
- Purple

W	J	E	P	S	A	C	T	A	P
E	Q	L	L	U	F	A	W	L	R
D	J	G	E	O	R	V	R	M	A
N	E	A	F	N	V	P	C	Q	Y
E	P	R	R	I	T	E	L	W	E
S	A	C	R	I	F	I	C	E	R
D	U	S	T	F	W	Y	R	Z	N
A	R	Y	H	V	A	L	M	S	D
Y	Z	B	J	E	S	U	S	H	U
Z	J	F	A	S	T	I	N	G	F

Unscramble these Lenten words

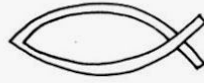
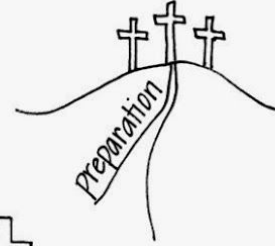
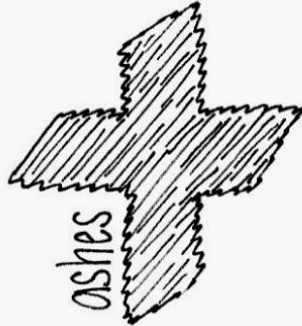
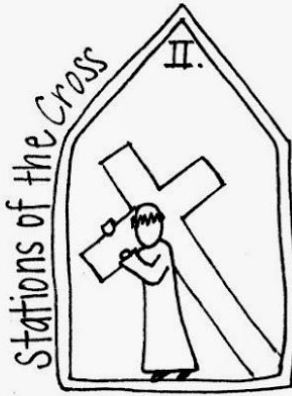
TRYFO YASD _____

HSESA _____

NLTE _____

TISFGNA _____

One thing I can do during Lent to bring me closer to God...



Lent



40
forty days

