

# Unit 2 – Mass/Eucharist

Grade 4 – 1/23 and 1/26

## KEY CONCEPT

The Mass is a celebration of Jesus. We try to make the children more familiar with all the parts of the mass so they can participate more fully.

## QUICK SESSION OVERVIEW

*STEP 1 - WELCOME*

*STEP 2 - INVITE*

*STEP 3 - DISCOVER*

*STEP 4 - LIVE*

*STEP 5 - CLOSING*

## Work to Facilitate Through Group Discussion

- Model the behavior and attitudes you want group members to employ
- Use encouraging body language and tone of voice, as well as words
- Give positive feedback for joining discussion

Be aware of people's reactions and feelings, and try to respond appropriately

- Ask open-end questions
- Control your own biases. Allow the discussion to flow as best as you can. Obviously, we want to present facts of the Faith so jump in to make sure this is happening throughout

***STEP 1 - WELCOME***

**TIP**

**Community Activity -**

***STEP 2 - INVITE***

**TIP**

**Let us Pray**

**Memorare**

## ***STEP 3 – DISCOVER***

### **TIP**

**Summarize the mass (see attached sheet)**

#### **Question and Answer Game**

- **Break children into teams and then do the question and answer game. Can keep score on the white board.**

#### **The Parts of the Mass game**

- **Have the words written on paper or on the white board. Break the kids into 2 teams. Follow the instructions and have 1 person from each team come up and after hearing the description, see who can answer correctly by circling the answer. Remove a point if kids in the seats shout out answers.**

**Activity – What’s inside the Church sheet**

## ***STEP 4 – LIVE***

### **TIP**

#### **Live Your Faith (pg 294 – 295)**

- **Read paragraphs on Rights and Responsibilities of the Human Person**
- **Read Rights and Responsibilities**
- **Discuss how the students can help others in their neighborhood, church or community.**
- **Activity - Help the students look up the Bible verse in the Children's Bibles. Look up Matthew Chapter 6, verses 5-8.**

## ***STEP 5 – CLOSING***

### **TIP**

#### **Closing Prayer**

- **Apostles Creed**

## Summary of the Mass:

- The Mass is a celebration of Jesus.
- We go to mass every week (Sat night or Sunday) and Holy Days.
- You should get to Church early enough so you can take time to pray and get into the correct frame of mind before Mass starts.
- The Mass is broken down into 2 parts:
  - Liturgy of the Word and Liturgy of the Eucharist.
- There are 3 different positions we use during Mass: Sit, kneel and stand.
- Need to show reverence (respect) during Mass because we are celebrating Jesus.
- During the first part of the Mass, the priest comes into Church in a procession. Then he greets us and blesses us. We have the penitential rite. The Glory to God is said together except during Advent and Lent.
- The people who read the 1<sup>st</sup> two readings are called the Lectors.
- The 1<sup>st</sup> reading is from the Old Testament. (Before Jesus was born)
- Then we have the responsorial psalm.
- The 2<sup>nd</sup> reading is from the New Testament. (After Jesus was born)
- The gospel can only be read by the priest or the deacon. It is from the New Testament.
- Before the gospel we do a small sign of the cross on our forehead, lips, and heart. This is done to help us hear the word of God with our head, speak God's word with our lips, and understand it in our hearts.
- There are 4 authors of the gospels: Matthew, Mark, Luke, and John.
- The talk or lesson the priest gives us is called the homily. Padre often gives his homily before the readings but at other parishes the priest gives the homily after the readings.
- After the homily (or the gospel at St. Albert) we say the creed.
- Then we pray the prayers of the Faithful.
- The preparation of the gifts is when the gifts are brought up during mass. These include the hosts (bread that has not yet been blessed), wine, and the collection basket.
- The 2<sup>nd</sup> part of the Mass is called the Liturgy of the Eucharist.

- The priest begins with the Eucharistic prayer.
- Consecration is when the priest takes the bread and blesses it so it can become the body of Christ. The first time this was done was on Holy Thursday at the Last Supper.
- Then the priest takes the wine (adds a little water) and blesses it so it can become the blood of Christ. The first time this was done was on Holy Thursday at the Last Supper. (Jesus did turn water into wine at a wedding before the last supper but that was not the blood of Christ as he had not died yet.)
- The memorial acclamation is said following the consecration. The priest continues with the eucharistic prayer.
- After the Eucharist we say "Amen". We also say this during the mass. When we say Amen we are saying we agree.
- Then we say the Lord's Prayer. Another name for this prayer is the Our Father.
- Then we turn to our neighbors and family and offer them the sign of Peace. This is done with a handshake or a hug to family. This should be done in a serious way.
- Then we say the Lamb of God together.
- When we go up to Communion we do so reverently. Can everyone receive communion? You must have received your 1<sup>st</sup> Reconciliation and 1<sup>st</sup> Communion in order to receive Communion. You are supposed to fast for 1 hour before receiving Holy communion.
- You can receive communion in your hands or on your tongue. We generally bow before we get communion. Some people may genuflect first or may choose to kneel when getting communion. After the Eucharistic Minister of Holy Communion says "The body of Christ" you need to answer "Amen". The host is to be consumed immediately.
- The blood of Christ is only offered at special masses at St. Albert. When it is offered, the Eucharistic Minister of Holy Communion says "The Blood of Christ" and hands you the cup. You say "Amen" and then you take a small sip before handing the cup back. The Minister of Holy Communion then wipes off the cup before giving it to the next person.
- After receiving communion, you go back to your pew to kneel and pray.

- After communion, the priest or deacon cleans the vessels. They wipe all the crumbs from the ciborium and then put water in the chalice, swirl it around, and drink it before wiping it down.
- At the end of the mass, the priest will say a closing prayer before giving a final blessing. Then they have a closing procession
- You should stay until the priest and his servers leave before leaving Church.

## Questions and Answers:

- Divide children into teams to make it a game
  - Can keep track of who gets answers on the white board.
1. Who is the hero of the Church? Jesus
  2. What do we do when we enter Church for mass? Bless ourselves with holy water
  3. The mass is divided into how many parts? 2
  4. What is the 1<sup>st</sup> part of the mass called? Liturgy of the Word
  5. What do we do before we enter the pew as we come into Church? Genuflect
  6. Does the priest offering forgiveness during Mass replace us going to Confession? No
  7. What is the name of the table the priest stands by at Mass? Altar
  8. Who is the mass all about? Jesus
  9. How often can we go to Mass? Every day
  10. What do we do in the Liturgy of the Word part of mass? Priest gives blessings, do the readings
  11. How many readings are there? 3
  12. Are all the readings from the same part of the Bible? No. The 1<sup>st</sup> reading is from the Old Testament and the 2<sup>nd</sup> reading and gospel are from the New Testament.
  13. What is the name of the lesson or talk the priest gives us during mass called? Homily
  14. What does saying "Amen" mean? Yes or I agree
  15. Is the Liturgy of the Eucharist the 2<sup>nd</sup> part of the mass? Yes
  16. Are the readings said in Mass the same all over the world? Yes
  17. When we receive Holy communion who are we receiving? Jesus
  18. What is it called when we turn and greet our neighbors or family at mass? Sign of Peace

19. How often are we required to go to Mass? Every Sunday and Holy Day
20. What happens to the wine once the priest blesses it during the mass? Becomes the Blood of Christ
21. What does the host become once it is blessed by the priest? Body of Christ
22. How long do we need to fast before receiving communion? 1 hour
23. What does the word holiday sound like when you think of the Church? Holy Day
24. Name 3 helpers of the priest during the mass. Altar servers, deacons, lectors, Extraordinary ministers of holy communion
25. What do the color of the robes that the priest wears mean or relate to? Different seasons of the Church
26. What are 2 times in the Church year when we don't sing the Gloria? Lent and Advent
27. How many different gospels are there in the Bible? 4
28. Name one of the 4 authors of the gospels. Matthew, Mark, Luke and John
29. Name the gifts that are brought up during Mass. Bread, Wine and collection money
30. Why does the priest clean the vessels after communion? To make sure there are no crumbs of body or blood of Christ are left over.
31. Who first said: "Lord I am not worthy that you should enter under my roof but only say the word and my soul shall be healed? Roman centurian to Jesus
32. Why do we say the Creed during Mass? It is a pledge to God

## The Parts of the Mass

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### TEACHER-DIRECTED ACTIVITY

*Materials:* flashcards, (see last page)

chalk, chalkboard

*Purpose:* To increase students' understanding of the various elements in the Eucharistic celebration.

Game I

Directions

Make two columns on the chalkboard, labeling one "A" and the other "B". In each column write the following words, but list them in different order in each column:

**Homily**

**Gathering**

**Intercessions**

**Penitential Rite**

**Eucharistic Prayer**

**Second Reading**

**Liturgy of the Eucharist**

**Rite of Peace**

**Liturgy of the Word**

**First Reading**

**Offertory**

**Preface Acclamation**

**Memorial Acclamation**

## Profession of Faith

Divide the class into two teams, A and B. Place chalk near each column.

*Say:*

Two students, one from each team, will come up to the board at a time. I will read a clue from one of these cards, and you will try to identify which part of the Mass I'm describing. The first one to circle the correct answer wins a point for his team. The team with the most points at the end is the winner. Be sure not to get excited and shout out the answer from your seats, or your team will lose the point. We'll take turns, so that for each clue, two different students will come up to the board.

After the game, tell the students that while the Liturgy has undergone changes over the years, the principal elements and order of the celebration have been the same since the first century! Read to them paragraph 1345 from the Catechism of the Catholic Church.

## Game II

Follow same directions as in Game I except, instead of using cards, read from a missalette one of the prayers from a part of the Mass and have team members try to identify to which part of the Mass it belongs.

## Silent Activity

Shuffle one set of the cards. Have student sort the cards into proper order.

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## Homily

After the Gospel reading, the priest or deacon gives a teaching about the Scriptures and encouragement to the people to put God's word into practice.

## Intercessions

Just before we prepare for the Eucharist, we pray for the needs of the Church and the world.

## Eucharistic Prayer

The summit, or peak, of the celebration, in which we give thanks to God, we ask his blessing on the gifts of bread and wine, and with the words of consecration Christ becomes sacramentally present under the appearances of bread and wine.

## Liturgy of the Eucharist

This section of the Mass includes the Preparation of the Gifts, the Lord's Prayer, the Breaking of the Bread, and Communion.

## Liturgy of the Word

This follows the "Glory to God" prayer and includes readings from the Scripture.

## Offertory

The bread and wine are brought to the altar, and contributions to the church and for the poor are collected from those assembled.

## Memorial Acclamation

This prayer, spoken by the people during the Eucharistic Prayer, is a remembrance of Jesus' death, Resurrection, and promise of his return.

## Gathering

Christians come together in one place to worship God and receive Christ in the Eucharist. This time is often celebrated with a song.

## Penitential Rite

Before we listen to the Word of God, we make a prayer to confess our sins and ask the Lord's mercy.

### Second Reading

This is from one of the New Testament Epistles.

### Rite of Peace

The priest begins this with the words, "Lord Jesus Christ, you said to your apostles: I leave you peace, my peace I give to you."

### First Reading

This comes from the Old Testament, the Acts of the Apostles, or Revelation.

### Preface Acclamation

Usually known as the "Holy, Holy, Holy", this prayer of praise and thanksgiving comes at the beginning of the Eucharistic Prayer.

### Profession of Faith

We say the words of the Nicene Creed, which begins, "We believe in one God."

Name: \_\_\_\_\_

Date: \_\_\_\_\_

# Mass in Catholic Church

W W E A K G J I Y G R U T I L C A  
Y D R Y F F I L Y G G U N X M T Y  
Q Q V L I A P C R E P E Y L O H N  
C Y Y A R E J E N J H E T V A A N  
J O G C J M E R E D A E R G S S R  
B S M W R T S C M O J O P B R V Z  
N N I M I P Y N A B J L G E V V D  
E H T N U Y W A O Q T P Y N Q H P  
K Q G H N N L U K M H A L L L Z O  
O P C C G L I D M Y R N X G S E U  
O U X S E H I O B P M Y Y N N Y B  
I E R L U E B O N D C B A Q P O E  
Z I U E X S D P S A D A P Z E P G  
D I R M V Y G N H M I L S T A R N  
A B W A A U M R T S I R A H C U E  
Y S X L P Y O Q R V M D W M E W T  
R N Q K H F G O D V E N I W F F D

PRAYERS  
AMEN  
GOD  
PEACE

HYMNS  
BODY  
GREETING  
WINE

ALLELUIA  
COMMUNION  
HOLY

READER  
EUCHARIST  
LITURGY

# What's Inside the Church?

Draw a line from the item name to the item that you'll find inside of the church.



Processional Cross

Altar Servers

Paten

Aspergillum

Cruet

Thurible

Crucifix

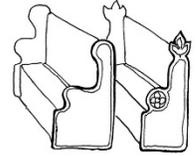
Priest

Ambo

Bells

Pews

Roman Missal



Draw another item that you'd find in church and write what it does.

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