

Gr. 9 – Advent Lesson

Opening Prayer

Heavenly Father, your son, Jesus, is your greatest gift to us, a great sign of your love. Guide us as we strive to walk in that love together as a family this Advent. As we prepare our hearts for Christmas, bring us closer to each other and to your son. Give us the grace and strength we need every day. Help us to always trust in you. Come, Lord Jesus, lead all people closer to you. Come and dispel the darkness of our world with the light of your love. Amen.

Please watch this video (from minute 17:34 to 28:09) and answer the following questions:

<https://www.youtube.com/watch?v=t7MZ23Y9JtY>

How did Mary prepare for the birth of Christ? How should we prepare for Christ's Second Coming, and why is it important to do so? *(Think about if Jesus' second coming was today, why would it be important to prepare for that?)*

How will you try to experience God daily during Advent? How will you keep your heart focused on God?

**** Give them time to write down their thoughts and then have them discuss the questions.**

Take 5 minutes to reflect and pray about this question:

Mary experienced peace through the silence of her journey. How can we experience the same silence and peace that Mary experienced as she awaited the birth of her son, Jesus Christ?

Write down 3 ways that you can change your daily life to make room for silence and prayer:

1.

2.

3.