

# Unit 2 – Mass/Eucharist

Grade 3 – 1/23 and 1/26

## KEY CONCEPT

The Mass is a celebration of Jesus. We try to make the children more familiar with all the parts of the mass so they can participate more fully.

## QUICK SESSION OVERVIEW

*STEP 1 - WELCOME*

*STEP 2 - INVITE*

*STEP 3 - DISCOVER*

*STEP 4 - LIVE*

*STEP 5 - CLOSING*

## Work to Facilitate Through Group Discussion

- Model the behavior and attitudes you want group members to employ
- Use encouraging body language and tone of voice, as well as words
- Give positive feedback for joining discussion

Be aware of people's reactions and feelings, and try to respond appropriately

- Ask open-end questions
- Control your own biases. Allow the discussion to flow as best as you can. Obviously, we want to present facts of the Faith so jump in to make sure this is happening throughout

***STEP 1 - WELCOME***

**TIP**

**Community Activity –coloring sheet**

***STEP 2 – INVITE***

**TIP**

**Let us Pray**

**Say the Memorare**

## **STEP 3 – DISCOVER**

### **TIP**

**Meet in the ULPC to see part 2 of Brother Francis video (The Mass: A Life-Giving Prayer) (12 minutes)**

**Summarize the Mass video again (see attached sheet)**

**Parts of the Mass Activity**

- **Break children into teams and then put the pieces of the mass in the correct order.**

**Actions speak louder than Words activity (see attached)**

**Pick questions from the attached sheet and see how many the children know.**

**Activity – Do The Church is God’s House sheet**

**Activity – Can take a walk to Church and practice how to do the gestures learned in the game above. Have the children recite the Nicene creed together from the card in the pew.**

## ***STEP 4 – LIVE***

### **TIP**

**Live Your Faith (pg 294 – 295)**

- **Read Rights and Responsibilities paragraphs**
- **Read basic rights.**

## ***STEP 5 – CLOSING***

### **TIP**

**Closing Prayer**

**Our Father**

## Summary of the Brother Francis Mass video:

- The Mass is a celebration of Jesus.
- We go to mass every week (Sat night or Sunday) and Holy Days.
- You should get to Church early enough so you can take time to pray and get into the correct frame of mind before Mass starts.
- The Mass is broken down into 2 parts:
  - Liturgy of the Word and Liturgy of the Eucharist.
- There are 3 different positions we use during Mass: Sit, kneel and stand.
- Need to show reverence (respect) during Mass because we are celebrating Jesus.
- During the first part of the Mass, the priest comes into Church in a procession. Then he greets us and blesses us. We have the penitential rite. The Glory to God is said together except during Advent and Lent.
- The people who read the 1<sup>st</sup> two readings are called the Lectors.
- The 1<sup>st</sup> reading is from the Old Testament. (Before Jesus was born)
- Then we have the responsorial psalm.
- The 2<sup>nd</sup> reading is from the New Testament. (After Jesus was born)
- The gospel can only be read by the priest or the deacon. It is from the New Testament.
- Before the gospel we do a small sign of the cross on our forehead, lips, and heart. This is done to help us hear the word of God with our head, speak God's word with our lips, and understand it in our hearts.
- There are 4 authors of the gospels: Matthew, Mark, Luke, and John.
- The talk or lesson the priest gives us is called the homily. Padre often gives his homily before the readings but at other parishes the priest gives the homily after the readings.
- After the homily (or the gospel at St. Albert) we say the creed.
- Then we pray the prayers of the Faithful.
- The preparation of the gifts is when the gifts are brought up during mass. These include the hosts (bread that has not yet been blessed), wine, and the collection basket.

- The 2<sup>nd</sup> part of the Mass is called the Liturgy of the Eucharist.
- The priest begins with the Eucharistic prayer.
- Consecration is when the priest takes the bread and blesses it so it can become the body of Christ. The first time this was done was on Holy Thursday at the Last Supper.
- Then the priest takes the wine (adds a little water) and blesses it so it can become the blood of Christ. The first time this was done was on Holy Thursday at the Last Supper. (Jesus did turn water into wine at a wedding before the last supper but that was not the blood of Christ as he had not died yet.)
- The memorial acclamation is said following the consecration. The priest continues with the eucharistic prayer.
- After the Eucharist we say “Amen”. We also say this during the mass. When we say Amen we are saying we agree.
- Then we say the Lord’s Prayer. Another name for this prayer is the Our Father.
- Then we turn to our neighbors and family and offer them the sign of Peace. This is done with a handshake or a hug to family. This should be done in a serious way.
- Then we say the Lamb of God together.
- When we go up to Communion we do so reverently. Can everyone receive communion? You must have received your 1<sup>st</sup> Reconciliation and 1<sup>st</sup> Communion in order to receive Communion. You are supposed to fast for 1 hour before receiving Holy communion.
- You can receive communion in your hands or on your tongue. We generally bow before we get communion. Some people may genuflect first or may choose to kneel when getting communion. After the Eucharistic Minister of Holy Communion says “The body of Christ” you need to answer “Amen”. The host is to be consumed immediately.
- The blood of Christ is only offered at special masses at St. Albert. When it is offered, the Eucharistic Minister of Holy Communion says “The Blood of Christ” and hands you the cup. You say “Amen” and then you take a small sip before handing the cup back. The Minister of Holy Communion then wipes off the cup before giving it to the next person.

- After receiving communion, you go back to your pew to kneel and pray.
- After communion, the priest or deacon cleans the vessels. They wipe all the crumbs from the ciborium and then put water in the chalice, swirl it around, and drink it before wiping it down.
- At the end of the mass, the priest will say a closing prayer before giving a final blessing. Then they have a closing procession
- You should stay until the priest and his servers leave before leaving Church.

### Answer Key to Parts of the Mass sheet

- Greeting
- Entrance Procession
- Opening Prayer
- Penitential Rite
- Glory to God
- First Reading
- Responsorial Psalm
- Second Reading
- Memorial Acclamation
- Gospel
- Homily (Since Padre does his first they could put it after the Glory to God)
- Creed
- Prayers of the Faithful
- Preparation of the Gifts
- Eucharistic Prayer
- Breaking of the Bread
- Great Amen
- Lord's Prayer
- Greeting of Peace
- Communion
- Closing Prayer
- Final Blessing
- Dismissal

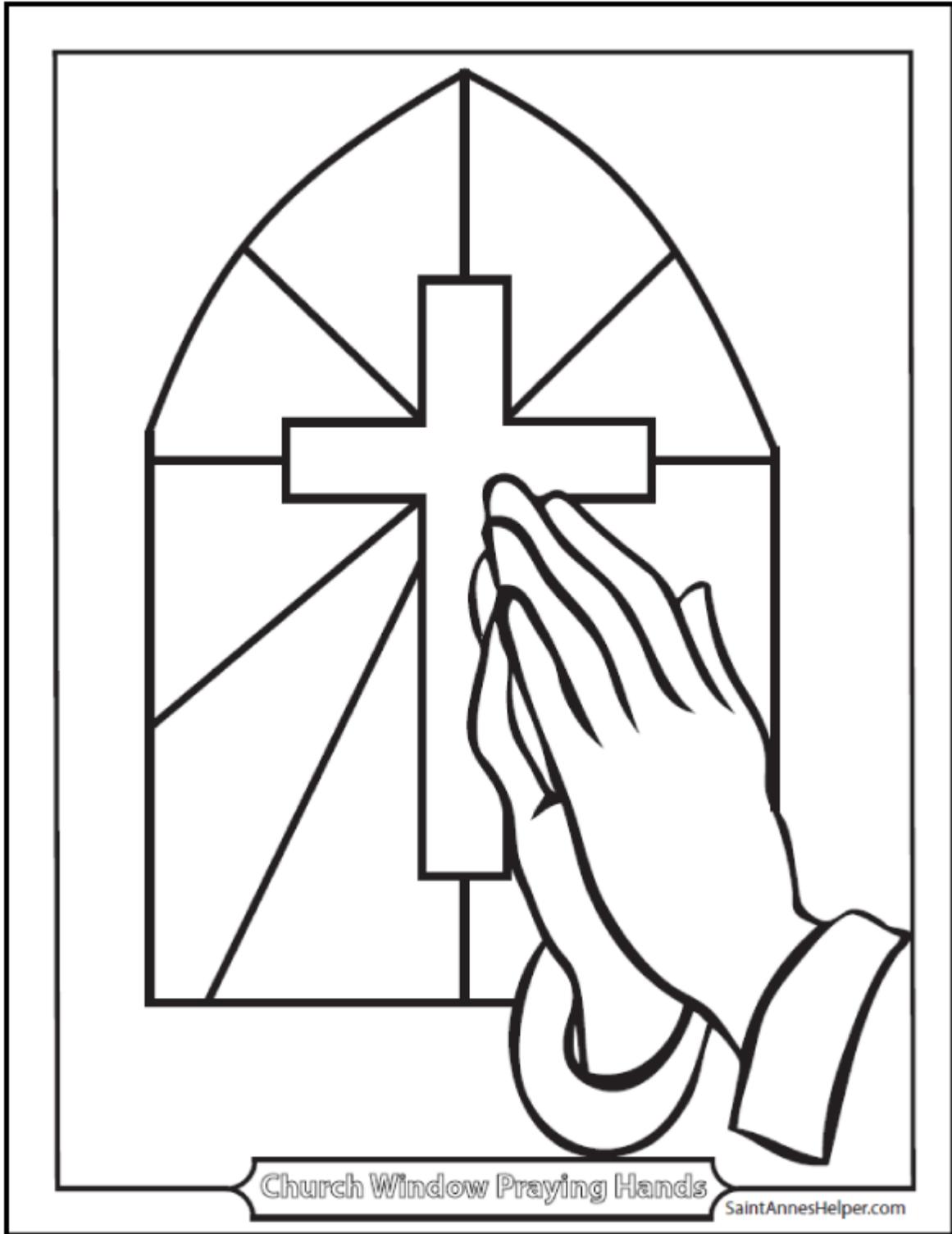
Name: \_\_\_\_\_

## Holy Eucharist Word Search



Jesus  
Body  
Blood  
Communion  
Eucharist  
Holy

Altar  
Mass  
Sacrament  
Chalice  
Host  
Wine



Church Window Praying Hands

[SaintAnnesHelper.com](http://SaintAnnesHelper.com)

---

## **Actions Speak Louder Than Words**

(This game is in accordance with the new Roman Missal that is to be implemented on November 27, 2011.)

A fun review game to help relieve the wiggles during CCD class.

**Introduction:** What are we supposed to do during Mass? Sometimes, we stand, kneel, bow, bless, genuflect or sit. We also do other things during Mass. Let's see if you know what you are supposed to do.

**Directions:** Have the students stand in front of their chairs with plenty of room in front of them. Say to the students: Let's review what you should do during Mass. When I say the action, I want you to act it out.

Stand = stand

Sit = sit

Kneel = to get down on both knees

Bow = bend forward at the waist

Sign of the Cross= In the name of the Father, Son, and Holy Spirit.

Genuflect = to bend the right knee to the floor and rise again

Strike our breast = gently tap your heart with your right fist

There is one other thing that we do during Mass; with our right hand held closed, we make three crosses. Can you show me how we do this? Have the students show you (with their right hand closed they use their thumb and make a small sign of the cross on their forehead, lips, and over their heart and silently pray, "God be in my mind, on my lips, and in my heart.")

Say to the students: I will now ask the whole class questions and all of you will answer them by acting out what you should do.

### **Questions:**

What is the first thing you do when you enter the church? (Dip your fingers into the holy water font or stoup and bless yourself and say, "In the name of the Father, and of the Son, and of the Holy Spirit. Amen.")

What do you do before you enter the row where you will sit? (You genuflect toward the front of the church to where the tabernacle is which contains the Blessed Sacrament. At the same time we make the Sign of the Cross.)

What do you do if the tabernacle is not in the main body of the church or if the sanctuary lamp is not lit? (You should make a profound bow toward the altar.)

---

If there are kneelers what do you do? (You make the Sign of the Cross and kneel.)

What do you do if there are no kneelers? (You sit in a prayerful posture with your hands resting on your lap.)

At the very beginning of Mass, we sing and do what as the priest enters the church?  
(Stand)

During the Opening Procession, what do you do? (Stand)

During the Introductory Rites (Greeting) the priest greets us and says: "In the name of the Father, the Son, and of the Holy Spirit." What are we supposed to do while he is saying that? (While we are standing we make the Sign of the Cross.)

When the priest welcomes everyone to Mass and asks that God's grace (friendship) be on all of us, what are we supposed to do? (Stand)

When we are saying the Penitential Rite (I confess to almighty God), what are we doing?  
(Standing)

During the Penitential Rite, as a sign of sorrow for our sins, we do something when we say, "through my fault, through my fault, through my most grievous fault; "? (We strike our breast, which means we gently tap our hearts with our fist.)

When we say the prayer "Lord, have mercy", (Kyrie) what are you supposed to do?  
(Stand)

During the prayer, Glory to God (Gloria in excelsis Deo), what are you supposed to do?  
(Stand)

During the First Reading, what are you supposed to do? (Sit)

During the Responsorial Psalm (we join in a prayer that is read or sung) what do we do?  
(Sit)

During the Second Reading, what are you supposed to do? (Sit)

When we sing the Gospel Acclamation ("Alleluia"), what are you supposed to do?  
(Stand)

During the Gospel what do you do? (Stand)

When the priest says at the beginning of the Gospel Reading- "A reading from the holy Gospel according to \_\_\_\_\_ (Matthew, Mark, Luke, or John)," what do we do? (With our right hand closed we use our thumb and make a small sign of the cross on our

forehead, lips, and over our heart and silently pray, "God be in my mind, on my lips, and in my heart.")

What do we do during the Homily? (Sit)

The Profession of Faith (Nicene Creed or Apostles' Creed) is our affirmation of our Catholic beliefs. What do we do when we say this during Mass? (Stand)

During the Nicene Creed when we say: "and by the Holy Spirit was incarnate of the Virgin Mary, and became man." what are we supposed to do? (Bow)

During the Prayer of the Faithful (General Intercessions) the reader presents our needs to God. They say: "We pray to the Lord." We say in response, "Lord, hear our prayer." What are we supposed to do during this time? (Stand)

During the Offertory (the collection), what are we supposed to do? (Sit)

While the gifts are brought to the altar we sing a song and what else are we doing? (Sitting)

During the Preparation of the Gifts, what are you supposed to do? (Sit)

During the Invitation to Prayer, when the priest says: "Pray, brethren (brothers and sisters), that my sacrifice and yours may be acceptable to God, the almighty Father." (Stand)

During the Prayer Over the Gifts when the priest asks God to bless and accept our gifts, what are we supposed to do? (Stand)

The Eucharistic Prayer begins with an introductory dialogue. The priest says: "The Lord be with you." And we say: "And with your spirit." What are we supposed to be doing during this time? (Standing)

At this part of the Mass we praise God and we say or sing: "Holy, Holy, Holy Lord God of hosts. Heaven and earth are full of your glory. Hosanna in the highest. Blessed is he who comes in the name of the Lord. Hosanna in the highest." What are we supposed to do? (Stand)

During the Consecration (when the priest, using the words of Our Lord, changes bread and wine into the Body and Blood of Christ), what are you supposed to do? (Kneel)

When we do the Memorial Acclamation (The Mystery of Faith) it is the prayer that helps us to remember Christ's death, resurrection, and ascension. What are we supposed to do during this? (Kneel)

During the Great Amen, we say or sing one word, but that word is a very important one. What are we supposed to do? (Stand)

When we say or sing the Lord's Prayer, what do we do? (Stand)

At the Sign of Peace we offer both words and gestures, usually a handshake to one another. When we do this, what are you supposed to do? (Stand)

After the priest breaks the bread, he holds it aloft in its broken form and we say the Communion Prayer (Ecce Agnus Dei "Lamb of God"). The priest says: "Behold the Lamb of God, behold him who takes away the sins of the world. Blessed are those called to the supper of the Lamb." We say: "Lord, I am not worthy that you should enter under my roof, but only say the word and my soul shall be healed." What are we supposed to do when the Communion Prayer is said? (Kneel)

When you approach the priest or minister to receive the Body and Blood of Christ, what do you do? (Bow)

After receiving the Body and Blood of Christ what can you do, but it is not required? (You may make the Sign of the Cross.)

After Communion, you return to your seat, what do you do? (We kneel and have a quiet time of prayer alone for a few moments.)

We do a Prayer after Communion. The priest begins, "Let us pray." We respond to the prayer by saying, "Amen." What are we supposed to do during this? (Stand)

At the beginning of the Concluding Rite, the priests say: "The Lord be with you." We answer, "And with your spirit." Then the priest says: "May almighty God bless you: the Father, and the Son, and the Holy Spirit." What are we supposed to do during this blessing? (We make the Sign of the Cross while standing.)

During the Concluding Rite the priest says to us: "Go forth, the Mass has ended. Or "Go and announce the Gospel of the Lord." Or "Go in peace, glorifying the Lord by your life." Or "Go in peace." We answer, "Thanks be to God." What are we supposed to do during this? (Stand)

At the end of Mass, during the Closing Song, the priest leaves the church. What do we do while we sing? (Stand)

What do you do when the priest blesses (cleanses) you with incense or holy water? (Make the Sign of the Cross while you are standing.)

What do you do when you leave your pew? (Genuflect and make the Sign of the Cross.)

What is the last thing you do when you leave the church? (Bless yourself at the water font or stoup.)

# The Church is God's House

Name: \_\_\_\_\_

Ask your child the following questions about the lesson today and have them circle the answer.



1. When I go to Church, I should genuflect when getting in and out of my pew. Yes No
2. When I am in Mass, I should talk to my friends and family. Yes No
3. When I go to Mass, I should listen to the readings and the homily. Yes No
4. When I go into the Church, I should bless myself with Holy Water, making the Sign of the Cross. Yes No
5. When I go to Church, I should sit still and be quiet. Yes No
6. When I go to Church, I should pray. Yes No
7. When I go to Mass, I should receive Holy Communion. Yes No
8. When I go to Mass, I should go up for a blessing. Yes No
9. When I go to Church, I should sing the songs. Yes No
10. It is okay to leave Church right after Holy Communion. Yes No