

## Patron Saint Report

Candidate's Name: \_\_\_\_\_ Patron Saint's Name: \_\_\_\_\_

You're in Confirmation class and your teacher tells you to pick a Confirmation saint. Oh, great. Now what?

### So, what are saints?

The first thing to understand is **why** you are being asked to choose a saint. The saints aren't just dead people that you see in stained glass windows and on holy cards. The Communion of Saints is:

- ★ [The] communion of "holy persons" (*sancti*) in Christ who "died for all," so that what each one does or suffers in and for Christ bears fruit for all. (Catechism of the Catholic Church, 961)

Basically, all of these saints who came before you are part of your extended family. They are those wonderful relatives who are praying for you and rooting for you to get to Heaven.

### Why Should I Choose a Confirmation Saint?

So just for a minute think about some uncle that you look up to or a cousin that you really wish you could be like and then imagine that this person has been declared a saint and you could ask him to pray for you! Wouldn't that be great? Well, that's exactly what you get when you choose a Confirmation saint - someone to emulate for his/her holiness and someone to intercede for you in Heaven.

### How do I pick one for Confirmation?

First of all, don't treat this as a box to check off and pick St Francis just because you have a vague idea about his life.

The first thing you should do is pray. Ask the Holy Spirit for guidance in choosing a saint that will be best for you.

The second thing you should do is some research. Browse a library of patron saints online or get a good book of saints to read.

While you are reading about the saints ask yourself why you are drawn to some, more than others. Is it because they were courageous in speaking about the Faith? Were they drawn to helping the poor? Did they have an occupation that you are interested in or have a family like yours?

As you start to narrow down the saints you are interested in, think again about the reasons to choose one. Is this someone I look up to and want to emulate? Is this someone who I want to spiritually "have my back"?

Once you have decided on your saint, see if there is a good book or video just about that particular saint so you can get to know him/her better. Start asking them for guidance and the courage to take your reception of the sacrament of Confirmation seriously.

### **Research the life of your Patron Saint**

This must be one-page, typed paper, explaining why you are choosing this Saint

In your own words, write a summary answering the following questions:

- What was so inspiring about your saint's life?
- What is your saint the patron of?
- Why did you choose this saint?
- What is your patron saint's Feast Day?