



**ADRC**  
**HAWAII**

AGING AND DISABILITY RESOURCE CENTER

## **AGING & DISABILITY RESOURCE CENTER**

### **FOOD RESOURCES**

COVID-19 SUPPLEMENT – April 3, 2020

[City and County of Honolulu](#)

[Maui County](#)

[Hawaii County](#)

[Kauai County](#)



Published by the Hawaii Executive Office on Aging  
and Kupuna Caucus

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***Aloha,***

*The Executive Office on Aging is pleased to provide the Aging and Disability Resource Center Food Resources Guide (COVID-19 Supplement). Due to Governor Ige's Executive Order to shelter at home during the COVID-19 pandemic, food resources have become an essential need for older adults and persons with disabilities.*

*Organizations have altered services available to participants due to social distancing; this listing describes services currently available. The resources are divided by county in the following order: City and County of Honolulu, Maui County, Hawaii County and Kauai County.*

*This listing is for individuals and may be printed for your use.*

*If you require further assistance, please contact your local Aging and Disability Resource Center at (808) 643-2372.*

*Please stay safe and healthy!*

*Mahalo.*

***Caroline Cadirao***

*Director, Executive Office on Aging*

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# HONOLULU COUNTY

## **AARP Community Connections Mutual Aid Groups – Grocery Pickup**

<https://aarpcommunityconnections.org/>

Mutual aid groups are informal groups of volunteers that band together to find effective ways to support people living in the community who are most in need. Mutual aid can include picking up groceries, providing financial assistance, or lending emotional support to your neighbors.

## **Arcadia Home Health Services, Meal Delivery Service**

<https://arcadia.org/home-health>

Phone: (808) 533-5416

Private pay meal delivery service to persons 62 years or older. Hot lunch and dinners are delivered to you or your loved one's home from Monday to Friday (except holidays). Meals are delivered one time per day. Delivery areas are from Nuuanu to Hawaii Kai.

## **Hawaii Department of Human Services – Statewide, SNAP**

<https://humanservices.hawaii.gov/>

Phone: (855) 643-1643

The Supplemental Nutrition Assistance Program (SNAP) is a federal program administered by the Hawaii Department of Human Services. The SNAP program provides crucial food and nutritional support to qualifying low-income and needy households, and those making the transition from welfare to self-sufficiency. Hawaii residents seeking SNAP assistance must fill out a standard benefits application. If you are applying for the first time, please use application form on the DHS website. Once completed, you may print and sign, then mail it or drop it off at a processing center. Or, if able to place your signature on the page, you may scan or take a photo of the application and email it as an attachment to [BESSD.StatewideBranch@dhs.hawaii.gov](mailto:BESSD.StatewideBranch@dhs.hawaii.gov).

## **Hawaii Farm Bureau – Farm to Car, Food Resource**

[www.hfbf.org](http://www.hfbf.org)

Phone: (808) 848-2074

Farm to Car is a pilot program created by the Hawaii Farm Bureau to help meet the demand for fresh, locally grown produce and to support our hard-working farmers. Visit our online marketplace for items, prices, and availability which are updated frequently

throughout the week. Orders must be prepaid through online marketplace. Orders will be available for pickup from 9 am – 12pm, Wednesdays at the Neal S. Blaisdell Center, along Ward Ave., next to Box Office (Address: 777 Ward Ave. Honolulu, HI 96814).

### **Hawaii Foodbank - Senior Food Box, Food Resource**

[www.hawaiifoodbank.org/csfp](http://www.hawaiifoodbank.org/csfp)

(808) 954-7868

The Commodity Supplemental Food Program (CSFP), otherwise known as the Senior Food Box Program, provides low income elderly persons by supplementing their diets with food. Participants must complete an application, be at least 60 years of age at the time of applying and meet the monthly household income guidelines. Certified participants are eligible to receive one box per month.

### **Hawaii Meals on Wheels, Meal Service Delivery**

<https://hmow.org/>

Phone: (808) 988-6747

Hawaii Meals on Wheels delivers to the most vulnerable clients Oahu. Over 75% of their meals are medical meals. Hawaii Meals on Wheels provides either a hot meal or a 5 day frozen meal pack to a kupuna. Hawaii Meals on Wheels is currently accepting new clients but currently it is highly limited and rates can vary.

### **Help is on the Way, Grocery Pickup**

<https://hihelpisontheway.org>

Phone: (406) 426-1013

Free delivery services for kupuna and others in need. Clients make the arrangements for the pickup of groceries or supplies and provide us with the delivery instructions. Complete the Request Delivery form online.

### **Keep Hawai'i Cooking, Food Resource**

[keephawaiiicooking.com](http://keephawaiiicooking.com)

#KeepHawaiiCooking is a Central Pacific Bank (CPB) Foundation promotion to support our local restaurants, their employees and our hard-hit community. The CPB Foundation will reimburse anyone in Hawaii for 50% of the cost of a takeout, delivery, drive-through, or curbside pick-up meal (up to \$100). The promotion will continue until the CPB Foundation has split the bill on 10,000 meals. The money will be sent to you via Venmo or Paypal. Go to the website to sign up.

### **Kupuna Kare, Statewide, Grocery Delivery**

[www.kupunakare.com](http://www.kupunakare.com)

Phone: (808) 469-0050 extension 2315

Kupuna Kare is a grass roots volunteer group to assist Hawaii's elderly and individuals with disabilities in providing non-emergency services such as grocery shopping, simple errands and take-out food delivery. Volunteers will communicate directly with their assigned Kupuna. Please call to request service.

### **Kupuna Kokua, Grocery Pickup**

<https://www.kupunakokua.org/>

Volunteers will pick up and deliver items such as groceries, medications, or meals so that Oahu kupuna can stay at home. The kupuna must pay for their purchase before it is picked up. There is no delivery charge. Go to the website to submit the Request a Delivery form at least two hours prior to the desired pick up time for your items.

### **Kupuna Needs Project, Grocery Pickup**

[kupunaneedsproject.com](http://kupunaneedsproject.com)

Phone: (808) 202-0820

The Kupuna Needs Project is a service for kupuna (62 years or older) and immunocompromised individuals on Oahu, who are at risk of the dangers of the COVID-19 virus, to get necessities such as food, toiletries, and cleaning supplies delivered to their residence. The service is available daily from 12 PM to 8 PM.

### **Lanakila Meals on Wheels, Meal Pickup Service**

<https://www.lanakilapacific.org/senior-services/meals-on-wheels/>

Phone: (808) 356-8519

Private pay food service. Meals are purchased in sets of 5 frozen meals per week. Please call or email: [mow@lanakilapacific.org](mailto:mow@lanakilapacific.org) for more information.

### **Lunalilo Home, Meal Delivery or Pickup Service**

<https://www.lunalilo.org/services/meals-to-go>

Phone: (808) 395-1000 extension 221

Private pay food service program for kupuna age 60 years or older living in East Oahu. All hot items are individually packaged in microwavable containers. Special dietary meals available. Delivery or pick up. Please call for pricing and menu. Delivery area: Hawaii Kai, Kuliouou, Kaimuki, and Waimanalo.



### **Malama Meals, Meal Delivery Service**

[Malamameals.org](http://Malamameals.org)

Phone: (808) 943-6325

Daily meal delivery or pickup service to kupuna dwellings who have at least 10 individuals who are elderly and/or disabled. One meal per individual per day. The meals are at no cost to the kupuna. There are no special dietary meals. Please call or apply online.

### **Na Kupuna Makamae Center, Food Resource**

Phone: (808) 773-7047

Food is available on a first-come, first service basis. Supplies are limited.

The pick up location: 653 Ala Moana Boulevard, Honolulu, HI 96813.

Here are the pickup dates and times in April.

Wednesday, April 8<sup>th</sup> from 12 noon to 3 PM

Friday, April 10<sup>th</sup> from 12 noon to 3 PM

Friday, April 17<sup>th</sup> from 12 noon to 3 PM

Friday, April 24<sup>th</sup> from 12 noon to 3 PM

### **Our Kupuna – Grocery Pickup**

<https://www.ourkupuna.com/>

Phone: (808) 400-4506

Our Kupuna is a free service provided by volunteers interested in helping kupuna in their community. The volunteer is matched to a kupuna (over age 65 years old). The volunteer will check in with the kupuna once a week and shop for food and necessary supplies, so the kupuna does not have to leave their home. The kupuna is responsible for reimbursing the sponsor for the cost of the items via cash/check (no credit cards allowed). To access the service, Kupuna will need to apply online.

### **Palolo Meals-to-Go, Meals Delivery or Pickup Service**

[palolohome.org/pch-services/](http://palolohome.org/pch-services/)

(808) 739-6031

Nutritious meals are available frozen and can be purchased in bulk. Kupuna (age 60 or older) can choose from a variety of meals, including special dietary meals. Frozen meals can be delivered or picked up directly from Palolo Chinese Home. Delivery Areas: Palolo, Kaimuki, Ainakoa, and Kahala.

### **The Pantry (Oahu only), Food Resource**

<https://thepantry.org>

The Pantry is a distribution center where kupuna and their families can get food for free. Once a week, kupuna can place an online order for 10 items. Pickup order onsite, no delivery option. Pickup location is 2522 Rose Street, Honolulu, HI 96819. For more information please email: [info@thepantry.org](mailto:info@thepantry.org)

### **Purple Van Food Program, Food Resource**

<http://theprivatesectorhawaii.org>

Phone: (808) 638-9627

The Purple Van Food Distribution Program targets elderly, disabled, and homeless individuals living on the North Shore of Oahu. Volunteers prepare 60 boxes of food weekly and deliver the boxes to those who have requested one. Please call to request a box.

### **Salvation Army Kroc Center, Food Resource**

<https://www.salvationarmyusa.org>

Phone: (808) 682-5505

The Salvation Army distribution of meals and food bags each week to kupuna, keiki, and families in need from Kapolei, Makakilo, Nanakuli out to the Waianae Coast. Please call for more information.

### **Share Aloha Challenge, Meal Delivery Service**

<https://www.showalohachallenge.com/>

Phone: (808) 547-6501

Home-delivered meals to kupuna age 60 or older with an underlying health condition who has limited family support to prepare meals or no reliable transportation. Please call to see if you qualify for free home-delivered meals.

### **Touch a Heart, Meal Pickup Service**

[www.touchaheartahawaii.org](http://www.touchaheartahawaii.org)

Phone: (808) 779-7083

The weekly Kupuna & Family Meal Program (3-meal dinner pack) is available for pickup each Wednesday from 11 AM to 1 PM at Kalihi Union Church. All meals can be refrigerated and/or frozen. To place an order, please complete our online form.

# MAUI COUNTY

## **AARP Community Connections Mutual Aid Groups - Food Resource**

<https://aarpcommunityconnections.org/>

Mutual aid groups are informal groups of volunteers that band together to find effective ways to support people living in the community who are most in need. Mutual aid can include picking up groceries, providing financial assistance, or lending emotional support to your neighbors.

## **Alu Like, Inc. – Meal Delivery Service**

[www.alulike.org](http://www.alulike.org)

Phone: (808) 242-9774

Alu Like provides nutrition and supportive services (recreation, education, promotion of well-being) to independent Native Hawaiians 60 years or older. See their website for COVID-19 virus service update.

## **Hale Mahaolu – Meals Delivery Service**

[www.halemahaolu.org/programs/meals](http://www.halemahaolu.org/programs/meals)

Phone: (808) 872-4170

Hale Mahaolu offers home delivered meal service to Wailuku and Kahului residents who may still live an independent lifestyle but are not able to prepare well-balanced meals on a daily basis. The program charges a flat rate per meal and includes the cost of delivery. To apply, please call Hale Mahaolu's Kitchen office at (808) 872-4170.

## **Hawaii Department of Human Services – Statewide, SNAP**

<https://humanservices.hawaii.gov/>

Phone: (855) 643-1643

The Supplemental Nutrition Assistance Program (SNAP) is a federal program administered by the Hawaii Department of Human Services. The SNAP program provides crucial food and nutritional support to qualifying low-income and needy households, and those making the transition from welfare to self-sufficiency. Hawaii residents seeking SNAP assistance must fill out a standard benefits application. If you are applying for the first time, please use application form on the DHS website. Once completed, you may print and sign, then mail it, email it, or drop it off at a processing center.

### **Kupuna Kare, Statewide, Grocery Delivery**

[www.kupunakare.com](http://www.kupunakare.com)

Phone: (808) 281-3906

Kupuna Kare is a grass roots volunteer group to assist Hawaii's elderly and individuals with disabilities in providing non-emergency services such as grocery shopping, simple errands and take-out food delivery. Volunteers will communicate directly with their assigned Kupuna. Please call to request service.

### **Maui Food Bank – Food Resource**

[www.mauifoodbank.org](http://www.mauifoodbank.org)

Phone: (808) 243-9500

The Maui Food Bank serves 10,000 people a month who are food insecure. This includes the working poor, children and youth, seniors, the homeless--anyone who is at risk of going hungry. Maui Food Bank through its network of over 100 partner agencies and programs distributes food to the needy in Maui County including the rural communities of Hana, Molokai and Lanai. The Maui Food Bank also provides outreach for the Supplemental Nutrition Assistance Program (SNAP). Please contact the Maui Food Bank for further information at (808) 243- 9500.

### **Mom's Meals – Meal Mail Order Service**

[www.momsmeals.com](http://www.momsmeals.com)

Phone: (877) 508-6667

Mom's Meals is a home delivered meal provider that strives to be the leading provider of aging, disabled and patient nutrition needs. Special dietary meals are available. Order your meals online and meals will be mailed to you. Once delivered, the meals will last up to 14 days refrigerated.

### **Our Kupuna - Statewide, Food Resource**

<https://www.ourkupuna.com/>

Phone: (808) 400-4506

Our Kupuna is a free service provided by volunteers interested in helping kupuna in their community. The volunteer is matched to a kupuna (over age 65 years old). The volunteer will check in with the kupuna once a week and shop for food and necessary supplies, so the kupuna does not have to leave their home. The kupuna is responsible for reimbursing the sponsor for the cost of the items via cash/check (no credit cards allowed). To access the service, Kupuna will need to apply online.

### **Salvation Army – Kahului, Food Resource**

[www.salvationarmyhawaii.org](http://www.salvationarmyhawaii.org)

Phone: (808) 871-6270, extension 1

The Salvation Army provides services to low income residents. Food boxes are available. The food pantry is open on Wednesdays, from 9:15 AM to 1:30 PM, located at: 45 West Kamehameha Avenue, Kahului, HI 96732. Please call for more information.

### **Wailuku Union Church, Food Resource**

[wailukuunionchurch.weebly.com/](http://wailukuunionchurch.weebly.com/)

Phone: (808) 244-9177

The Wailuku Union Church Food Pantry is opened on Saturdays, 8:30 AM - 11:00 AM. With donations made to the Food Pantry we buy food from the Maui Food Bank which we then distribute. Other contributions come from Ala Lani Methodist Church and Emmanuel Lutheran Church. Hours of the food pantry: Saturday, 8:30 am to 11:00 am.

## **HAWAII COUNTY**

### **AARP Community Connections Mutual Aid Groups - Food Resource**

<https://aarpcommunityconnections.org/>

Mutual aid groups are informal groups of volunteers that band together to find effective ways to support people living in the community who are most in need. Mutual aid can include picking up groceries, providing financial assistance, or lending emotional support to your neighbors.

### **Hawaii County Nutrition Program, Meal Delivery Service**

<https://www.hawaiicounty.gov/departments/parks-and-recreation/elderly-activities>

Phone: (808) 961-8726

The Hawaii County Nutrition program provides meals to kupuna who are home bound due to illness or injury. Kupuna must be age 60 and older. Please call for more information.

## **Hawaii Department of Human Services – Statewide, SNAP**

<https://humanservices.hawaii.gov/>

Phone: (855) 643-1643

The Supplemental Nutrition Assistance Program (SNAP) is a federal program administered by the Hawaii Department of Human Services. The SNAP program provides crucial food and nutritional support to qualifying low-income and needy households, and those making the transition from welfare to self-sufficiency. Hawaii residents seeking SNAP assistance must fill out a standard benefits application. If you are applying for the first time, please use application form on the DHS website. Once completed, you may print and sign, then mail it, email it, or drop it off at a processing center.

## **Ke Ola Pono No Na Kapuna – Hilo, Meal Delivery Service**

[www.alulike.org](http://www.alulike.org)

Phone: (808) 961-2625

Alu Like provides nutrition and supportive services (recreation, education, promotion of well-being) to independent Native Hawaiians 60 years or older. See their website for COVID-19 virus service update.

## **Our Kupuna - Statewide, Food Resource**

<https://www.ourkupuna.com/>

Phone: (808) 400-4506

Our Kupuna is a free service provided by volunteers interested in helping kupuna in their community. The volunteer is matched to a kupuna (over age 65 years old). The volunteer will check in with the kupuna once a week and shop for food and necessary supplies, so the kupuna does not have to leave their home. The kupuna is responsible for reimbursing the sponsor for the cost of the items via cash/check (no credit cards allowed). To access the service, Kupuna will need to apply online.

## **St. Jude's Church – Meal Pickup Service**

<http://www.stjudeshawaii.org>

Phone: (808) 939-7000

Take away sack lunch is distributed on Saturdays from 9 AM to 2 PM.

### **The Food Basket Inc. – Hilo, Food Resource**

<https://www.hawaiifoodbasket.org/>

Phone: (808) 933-6030

The Food Basket is an island wide, supplemental food network that collects and distributes nutritious, high quality food to low income households, the working poor, the disabled, the ill, senior citizens, and children. Due to the Coronavirus, please call ahead to food pantries or soup kitchens before visiting as the times and location may have changed in response to the crisis. For more information, please contact us at 933-6030 or fill out the contact form on our website.

### **The Food Basket Inc. - Kailua-Kona, Food Resource**

<https://www.hawaiifoodbasket.org/>

Phone : (808) 322-1418

The Food Basket is an island wide, supplemental food network that collects and distributes nutritious, high quality food to low income households, the working poor, the disabled, the ill, senior citizens, and children. Due to the Coronavirus, please call ahead to food pantries or soup kitchens before visiting as the times and location may have changed in response to the crisis. For more information, please contact us at 808 322-1418 or fill out the contact form on our website.

### **Kupuna Kare, Statewide, Grocery Delivery**

[www.kupunakare.com](http://www.kupunakare.com)

Phone: (808) 469-0054

Kupuna Kare is a grass roots volunteer group to assist Hawaii's elderly and individuals with disabilities in COVID-19 Crisis in providing non-emergency services such as grocery shopping, simple errands and take-out food delivery. Volunteers will communicate directly with their assigned Kupuna. Please call to request service.

## **KAUAI COUNTY**

### **AARP Community Connections Mutual Aid Groups - Food Resource**

<https://aarpcommunityconnections.org/>

Mutual aid groups are informal groups of volunteers that band together to find effective ways to support people living in the community who are most in need. Mutual aid can include picking up groceries, providing financial assistance, or lending emotional support to your neighbors.

### **Calvary Chapel Lihue, Food Resource**

[www.cclihue.com](http://www.cclihue.com)

Phone: (808) 245-9673

The Calvary Chapel Lihue delivers canned goods to elderly and disabled the 2<sup>nd</sup> Sunday of each month. Please call for information.

### **Dani's Restaurant, Meal Pickup Service**

Phone: (808) 245-4991

For Kupuna age 65 and older, Dani's restaurant is offering a take-out pancake breakfast from 6 AM to 8 AM, free of charge. Please call to place an order and it will be brought out to your vehicle.

### **Hawaii Department of Human Services – Statewide, SNAP**

<https://humanservices.hawaii.gov/>

Phone: (855) 643-1643

The Supplemental Nutrition Assistance Program (SNAP) is a federal program administered by the Hawaii Department of Human Services. The SNAP program provides crucial food and nutritional support to qualifying low-income and needy households, and those making the transition from welfare to self-sufficiency. Hawaii residents seeking SNAP assistance must fill out a standard benefits application. If you are applying for the first time, please use application form on the DHS website. Once completed, you may print and sign, then mail it, email it, or drop it off at a processing center.

### **Kapaa Missionary Church - Food Pantry, Food Resource**

<https://kapaamissionary.com/ministries#serving>

Phone: (808) 822-5594

The Kapaa Missionary Church Food Pantry distributes grocery boxes every Saturday at 5 PM. For more information, please call (808) 822- 5594.

### **Kauai Glory Farm, Food Resource**

Phone: (808) 258-5037 (Hannah and James Huang)

Hannah and James Huang own Kauai Glory Farms. They grow fruit and vegetables on five acres and have gardens in Kapaa and Kilauea. They specialize in growing arugula, Asian greens, apple bananas, beets, broccoli raab (Chinese broccoli), carrots, coconuts, corn, cucumber, herbs, guava, lemon, lettuce, papaya, pomelo, tomatoes, and zucchini. To place an order, call or email at [huangzongping1965@yahoo.com](mailto:huangzongping1965@yahoo.com)



**Kauai Rainbow Tours, Grocery Pickup Service**

Phone: (808) 635-9009 (Randy)

Randy, a registered nurse, has a service that does private driving. He can also do pickups of prepared foods and medications for the Princeville and Waimea area. Please call him for pricing and to book a service.

**Kupuna Kare, Statewide, Grocery Delivery**

[www.kupunakare.com](http://www.kupunakare.com)

Phone: (808) 651-2938

Kupuna Kare is a grass roots volunteer group to assist Hawaii's elderly and individuals with disabilities in COVID-19 Crisis in providing non-emergency services such as grocery shopping, simple errands and take-out food delivery. Volunteers will communicate directly with their assigned Kupuna. Please call to request service.

**Mom's Meals-Kauai, Meal Mail Order Service**

[www.momsmeals.com](http://www.momsmeals.com)

Phone: (877) 508-6667

Mom's Meals is a home delivered meal provider that strives to be the leading provider of aging, disabled and patient nutrition needs. Special dietary meals are available. Order your meals online and meals will be mailed to you. Once delivered, the meals will last up to 14 days refrigerated.

**Monkey Pod Jam, Food Resource**

[www.monkeypodjam.com](http://www.monkeypodjam.com)

Phone: (808) 378-4208

A selection of \$20, \$30, and \$40 bags. Delivery possible in Lawai area, all others need to pick up. Please call to place order and arrange pick up.

**Nonaka Farms, Food Resource**

Phone: (808) 652-0094 (Dean Nonaka)

Free delivery to kupuna located in the Hanapepe Valley area. Please call and place your order.

### **Ohana Health Box, Food Resource**

Phone: (808) 634-1741 (Mark Jones)

Link on Kauai Buy and Sell. The pick up location is Kintaro's parking lot. Choose from \$30 or \$60 food boxes. The \$60 Box feeds a family of 4 for a week or we can cut that in half for you with a \$30 box. Electronic payment only, no cash. Please call to place an order.

### **Our Kupuna - Statewide, Food Resource**

<https://www.ourkupuna.com/>

Phone: (808) 400-4506

Our Kupuna is a free service provided by volunteers interested in helping kupuna in their community. The volunteer is matched to a kupuna (over age 65 years old). The volunteer will check in with the kupuna once a week and shop for food and necessary supplies, so the kupuna does not have to leave their home. The kupuna is responsible for reimbursing the sponsor for the cost of the items via cash/check (no credit cards allowed). To access the service, Kupuna will need to apply online.

### **Stay Home Kauai, Grocery Pick up and Delivery Service**

[www.stayhomekauai.com](http://www.stayhomekauai.com)

Stay Home Kauai assists frail kupuna age 65 or older who live alone or have no family on Kauai to assist them. Volunteers deliver up to 5 items chosen from their online list. The items and delivery are free of charge to kupuna. Please complete an assistance form online.

### **Wooten Farms**

Phone: (808) 823-6807

Located in Anahola/Aliomanu area. Sells organic vegetables, fruits, and herbs. Kupuna can call by 9 AM to order and set up a time to pick up at the Wooten's home. Cash Only.

# FOOD DELIVERY SERVICES

The following companies deliver food to households, regardless of age.

## **Amazon**

<https://www.amazon.com/>

Amazon features non-perishable groceries, cleaning supplies, and other items that will be mailed to your home.

## **Foodland to You – Ala Moana and Pearl City**

<https://shop.foodland.com/>

Ala Moana Concierge (808) 949-2998 ● Pearl City Concierge (808) 453-4509  
Foodland will delivery groceries to you for a fee of \$12.99 for any orders of \$50 or more (FREE on your first order). Please order online or call the concierge for assistance.  
Foodland will deliver to the following areas near Ala Moana and Pearl City store.

**Ala Moana zip codes:** 96813, 96814, 96815, 96816, 96817, 96822  
(excluding Tantalus) and 96826

**Pearl City zip codes:** 96782, 96701, 96797 with restrictions to Waikele  
and Waipahu Triangle

## **Shipt Grocery Delivery Service**

Times Supermarket, Big Save Markets, and Shima's Market partner with Shipt grocery delivery service. Same day deliveries. Member subscription is \$99 a year or \$14 per month. Delivery is free for members on orders over \$35. Smaller orders under \$35 are welcome, but a \$7 delivery fee will be added to help cover the costs of shopping and delivery.

**Times Supermarket:** <https://shipt.com/times-supermarkets>

**Big Save Markets:** <https://shipt.com/big-save>

**Shima's Market:** <https://shipt.com/shimas>

## **Meal Delivery: From Restaurant to your Home**

A delivery person will pick up your order at the restaurant and deliver the meal to your home. For menus and pricing, please go online to order.

**Grubhub:** [www.grubhub.com/](http://www.grubhub.com/)

**Postmates:** <https://postmates.com/>

**UberEats:** <https://www.ubereats.com/>

**Door Dash:** <https://www.doordash.com/>

**Bite Squad:** <https://www.bitesquad.com/>

# STORES WITH KUPUNA HOURS

## **Big Save Markets**

Reserved shopping times for Kupuna and accompanying caregiver and those with compromised immune systems.

EVERYDAY - first TWO hours of store opening for stores that open at 5 AM.

EVERYDAY - first ONE hour of store opening for stores that open at 6 AM.

Store hours vary with location.

## **Costco**

Tuesdays and Thursdays, from 8 AM to 9 AM, are designated for shoppers 60 and older.

## **Foodland**

First hour of business on Tuesdays, Thursdays and Saturdays to serve only seniors (age 60+) and an accompanying caregiver or assisting family member at all stores statewide. In addition, seniors will be offered Foodland's "Senior Thursday" 5% discount on these days and times. Store hours vary by location.

## **Safeway**

Every Tuesday and Thursday from 7 AM to 9 AM for seniors and other consumers at higher risk for the coronavirus, including pregnant women and those with compromised immune systems.

## **Shima's Market**

Reserved shopping times for Kupuna and accompanying caregiver and those with compromised immune systems EVERYDAY from 6:00 AM to 7:00 AM.

## **Target**

The first hour of shopping at stores each Wednesday is dedicated to older adults and those with underlying health concerns. Opening hours vary by location.

## **Times Supermarkets**

Reserved shopping times for Kupuna and accompanying caregiver and those with compromised immune systems.

EVERYDAY - first TWO hours of store opening for stores that open at 5 AM.

EVERYDAY - first ONE hour of store opening for stores that open at 6 AM.

Store opening hours are available by visiting [www.timesupermarkets.com](http://www.timesupermarkets.com)

**Walgreens**

Every Tuesday is senior's day, with all-day discounts and senior-only shopping from 8 AM to 9 AM. The hour is also designated for caregivers and immediate families. Discounts include 30 percent off Walgreen brands and 20 percent off national brands for those 55 and older.

**Walmart**

Every Tuesday, shoppers 60 and older can shop one hour before the store opens. Its pharmacies and vision centers will also be open.  
Store hours: 7 AM to 8:30 PM

**Whole Foods**

Shoppers who are 60 and older can shop at stores for one hour before the store opens to the general public. Store hours vary by location.

# AGING & DISABILITY RESOURCE CENTERS

Each county has an Aging and Disability Resource Center (ADRC) to address the unique challenges of each county. The ADRC helps link older adults and persons with disabilities with needed services to live independently with dignity and security, preserving their quality of life.

## **Honolulu ADRC**

<https://www.elderlyaffairs.com/>

925 Dillingham Blvd, Suite 200

Honolulu, HI 96817

(808) 768-7705

## **Maui ADRC**

<https://www.mauicountyadrc.org/>

95 Mahalani Street, Room 20

J Walter Cameron Center Wailuku, HI 96793

(808)270-7774

## **Hawaii County ADRC**

<https://hcoahawaii.org/>

### **Aging & Disability Resource Center - Hilo 1055 Kinoole Street**

Hilo, HI 96720-3872

(808) 961-8626

### **Aging & Disability Resource Center - Kailua-Kona**

74-5044 Ane Keohokalole Hwy, Bldg B Kailua Kona, HI 96740

Phone: (808) 323-4390

## **Kauai ADRC**

<https://www.kauaiadrc.org/> Pi'ikoi Building

4444 Rice Street, Suite 330

Lihue, Kauai, Hawaii, 96766

Phone: (808) 241-4470,