

St. Mary of the Falls Readings & Songs



Reading I: Ex 16:2-4, 12-15

The whole Israelite community grumbled against Moses and Aaron.
The Israelites said to them,
"Would that we had died at the LORD's hand in the land of Egypt,
as we sat by our fleshpots and ate our fill of bread!
But you had to lead us into this desert to make the whole community die of famine!"
Then the LORD said to Moses,
"I will now rain down bread from heaven for you. Each day the people are to go out and gather their daily portion;
thus will I test them,
to see whether they follow my instructions or not. "I have heard the grumbling of the Israelites. Tell them: In the evening twilight you shall eat flesh, and in the morning you shall have your fill of bread, so that you may know that I, the LORD, am your God."
In the evening quail came up and covered the camp. In the morning a dew lay all about the camp, and when the dew evaporated, there on the surface of the desert were fine flakes like hoarfrost on the ground. On seeing it, the Israelites asked one another, "What is this?"
for they did not know what it was. But Moses told them,
"This is the bread that the LORD has given you to eat."

Responsorial Psalm

The Lord gave them bread from heaven.

Reading II: Eph 4:17, 20-24

Brothers and sisters:
I declare and testify in the Lord that you must no longer live as the Gentiles do, in the futility of their minds;
that is not how you learned Christ, assuming that you have heard of him and were taught in him,
as truth is in Jesus,
that you should put away the old self of your former way of life,

corrupted through deceitful desires,
and be renewed in the spirit of your minds,
and put on the new self,
created in God's way in righteousness and holiness of truth.

Gospel: Jn 6:24-35

When the crowd saw that neither Jesus nor his disciples were there,
they themselves got into boats
and came to Capernaum looking for Jesus. And when they found him across the sea they said to him,
"Rabbi, when did you get here?"
Jesus answered them and said,
"Amen, amen, I say to you,
you are looking for me not because you saw signs but because you ate the loaves and were filled. Do not work for food that perishes but for the food that endures for eternal life, which the Son of Man will give you. For on him the Father, God, has set his seal."
So they said to him,
"What can we do to accomplish the works of God?"
Jesus answered and said to them,
"This is the work of God, that you believe in the one he sent."
So they said to him,
"What sign can you do, that we may see and believe in you?"
What can you do?
Our ancestors ate manna in the desert, as it is written:
He gave them bread from heaven to eat."
So Jesus said to them,
"Amen, amen, I say to you,
it was not Moses who gave the bread from heaven; my Father gives you the true bread from heaven. For the bread of God is that which comes down from heaven
and gives life to the world."
So they said to him,
"Sir, give us this bread always."
Jesus said to them,
"I am the bread of life;
whoever comes to me will never hunger,
and whoever believes in me will never thirst."

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Opening: Table of Plenty

(Dan Schutte)

1) Come to the feast of heaven and earth!

Come to the table of plenty!

God will provide for all that we need,
here at the table of plenty.

2) O come and sit at my table

where saints and sinners are friends.

I wait to welcome the lost and lonely
to share the cup of my love.

3) O come and eat without money;

come to drink without price.

My feast of gladness will feed your spirit
with faith and fullness of life.

4) My bread will ever sustain you

through days of sorrow and woe.

My wine will flow like a sea of gladness
to flood the depths of your soul.

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Presentation: Prayer of St. Francis

(St. Francis)

Make me a channel of your peace.

Where there is hatred, let me bring your love.

Where there is injury, your pardon, Lord,

And where there's doubt, true faith in you.

Make me a channel of your peace.

Where there's despair in life, let me bring hope.

Where there is darkness, only light,

And where there's sadness, ever joy.

Oh, Master, grant that I may never seek

So much to be consoled as to console.

To be understood as to understand.

To be loved as to love with all my soul.

Make me a channel of your peace.

It is in pardoning that we are pardoned,

in giving of ourselves that we receive,

and in dying that we're born to eternal life.

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Communion: I Am The Bread Of Life

(John Michael Talbot)

CHORUS: I am the Bread of Life

All who eat this Bread will never die

I am God's love revealed

I am broken that you might be healed.

All who eat of this heavenly Bread

All who drink this cup of the covenant

You will live forever for I will raise you up.

CHORUS

No one who comes to Me shall ever hunger again

No one who believes shall ever thirst

All that the Father draws shall come to Me

And I will give them rest. **CHORUS**

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Closing: All The People Said Amen

(Maher, Morgan, Moak)

You are not alone, if you are lonely

When you're feeling frail, you're not the only

We are all the same, in need of mercy, to be forgiven
and be free

It's all you got to lean on but thank God it's all you
need.

CHORUS: And all the people said Amen

And all the people said Amen

Give thanks to the Lord for His love never ends

And all the people said Amen.

If you're rich or poor, well it don't matter

Weak or strong, we know love is what we're after

We're all broken but we're all in this together

God knows we stumble and fall

And he so loved the world he sent His Son to save
us all. **CHORUS**

Blessed are the poor in spirit, who are torn apart

Blessed are the persecuted and the pure in heart

Blessed are the people longing for another start

For this is the Kingdom, the Kingdom of God.

CHORUS

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