

# **Our Lady of Perpetual Help Parish** **919 Roosevelt Trail—Windham, ME 04062**



Website: [www.OurLadyMaine.com](http://www.OurLadyMaine.com)

**Office 207-892-8288**

**Parish Office Hours 8:00am until 12:00 noon (Monday –Thursday)**

**Faith Formation 207-892-8922**

## **WEEKEND MASS SCHEDULE**

4:00p.m Saturday      10:00a.m. Sunday

**WEEKDAY MASSES: 8:00 a.m. Tuesday & Thursday**

**WEEKDAY SERVICES: 8:00 a.m. Monday, Wednesday & Friday**

## **First Sunday of Lent—February 22, 2015**



**After John had been arrested, Jesus came to Galilee proclaiming the gospel of God: “This is the time of fulfillment. The kingdom of God is at hand. Repent, and believe in the gospel.”**

**Mk 1:14-15**

***Our Sister/Cluster Parish: St Anne’s, Gorham: Sunday Masses 8:00a.m. & 10:30a.m.***

## First Sunday of Lent—February 22, 2015

### PASTORAL STAFF

Rev. Joseph J. Koury, Administrator  
[Joseph.Koury@portlanddiocese.org](mailto:Joseph.Koury@portlanddiocese.org) 892-8288

Lawrence Guertin O.F.S., Catechetical Leader  
[Lawrence.Guertin@portlanddiocese.org](mailto:Lawrence.Guertin@portlanddiocese.org) 892-8922

Deacon Peter J. Bernier O.F.S.  
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Deacon Frank A. Chambers  
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Jennifer Greslick, Music Ministry 233-8238

Donnamarie T. Inman  
[Donnamarie.Inman@portlanddiocese.org](mailto:Donnamarie.Inman@portlanddiocese.org) 892-8288

### Sacrament of Reconciliation:

Saturday 3:00-3:45 p.m. or by appointment

### Sacrament of Baptism:

Preparation for parents and all documentation are required before a date is set for the Baptism. Please call the parish office.

### Sacrament of Marriage:

Please contact the office six months prior to the wedding.

**RCIA:** Rite of Christian Initiation of Adults  
Greg Smith is the facilitator.

**RCIC:** Rite of Christian Initiation of Children  
Please call Lawrence Guertin (892-8922)

**How May We Serve You?** Contact the Parish Office at 892-8288, for a parish registration form; request for prayer, notify hospitalization, request for visit or a change of address. For the website go to [www.OurLadyMaine.com](http://www.OurLadyMaine.com)

### PARISH ORGANIZATIONS

Finance Council *Timothy Verreault*  
Justice & Peace Commission *Christine Koza*  
Worship & Spirituality Comm. *Susan Snow*  
Faith Formation Comm. *Lawrence Guertin*  
Our Lady's Guild *Rosemary Skillin*  
Our Lady's Website *Jennifer Dunfee*  
Knights of Columbus *David Spada*

### Our Lady of Perpetual Help

**Mass Schedule: February 21 through March 1**

4:00 p.m. Mass is on Saturday, February 21

*Connie Gauvin* ® Dianne & Norman Gordon

10:00 a.m. Mass is on Sunday, February 22,

*Theresa Cosgrove* ® Claire Cressey

800 a.m. Mass is on Tuesday, February 24,

*Healing for Edie Coppersmith* ® Avis Fleck

4:00 p.m. Mass is on Saturday, February 28

*Laura Hogan (5th Anniversary of her death)*

® daughter, Laura Hickey

10:00 a.m. Mass is on Sunday, March 1

*Catherine Vasko* ® Patrick & Lucretia Gilheany

### 8:00 A.M. COMUNION SERVICE

Monday, February 23      Wednesday, February 25

Thursday, February 26      Friday, February 27

### DIOCESAN NOTICES

**Ignite**, a Catholic young adults group, meeting on Sunday, February 22, immediately following the 10 a.m. Mass at the Cathedral of the Immaculate Conception, 307 Congress Street, Portland (Catholic Charities building/Cathedral Rectory). FMI, email [Portland.Ignite@gmail.com](mailto:Portland.Ignite@gmail.com).

**The Maine Right to Life Committee 2nd Annual Respect Life Day** Thursday, February 26, from 9 a.m. to 1 p.m. in the Hall of Flags at the Capitol Building in Augusta. Please be aware that this is not a rally, march, or protest. It will be an informational and educational venue for legislators, staff, and those visiting that day. FMI, contact Teresa McCann-Tumidajski of the Maine Right to Life Committee at (207) 782-0101 or at [Teresa@MaineRightToLife.com](mailto:Teresa@MaineRightToLife.com).

***“Christ suffered for sins once for all, the righteous for the unrighteous, in order to bring you to God.”*** Is He prompting you to suffer with Him, bringing others to God as a priest, deacon or in the consecrated life? Call Fr. Seamus Griesbach (207) 773-6471, email: [vocations@portlanddiocese.org](mailto:vocations@portlanddiocese.org), or like us on facebook: [VocationsME](https://www.facebook.com/VocationsME).

**Lent Began on Ash Wednesday, February 18th and continues until Thursday evening, April 2 of Holy Week.**

*“Lent is a fitting time for self-denial; we would do well to ask ourselves what we can give up in order to help and enrich others by our own poverty.”*

– Pope Francis

**What is Lent?** Lent is our time of preparation. We begin a 40-day journey of prayer, fasting and almsgiving on Ash Wednesday to help us deepen our relationship with Christ.

**Prayer:** Deepens our relationship with God and helps us to reflect on our lives.

**Fasting:** Removes obstacles between us and God.

**Giving:** Helps us serve those in need and live Jesus’ message of love.

**Hungering for the Journey ?** Join our parish community—and more than 13,000 Catholic communities across the United States—in a life-changing Lenten journey with CRS Rice Bowl. Pick up your family’s rice bowl from the table in the narthex this weekend, and don’t forget to download the CRS Rice Bowl app! Remember, your Lenten sacrifices change lives.

***Lenten Disciplines and Practices***

**Fasting & Abstinence :** Fasting usually means eating one main meal a day. Good Friday (April 3) is an obligatory day of fasting and abstinence from eating meat, and this obliges all those who are age 18 – until the beginning of their 60th year (through age 59 - except, of course, for medical reasons).

**Abstinence From Eating Meat:** This practice involves not eating meat on certain days. All the Fridays of Lent are days when we do not eat meat, and this rule applies to every one of age 14 and older.

**Easter Duty** - In the dioceses of the United States, the obligation to receive Holy Communion at least once a year may be satisfied from the First Sunday of Lent (February 21/22) to Most Holy Trinity Sunday (May 30/31). For a just cause, the Easter duty may be fulfilled at some other time of the year (canon 920).

**STATIONS OF THE CROSS** are observed during the Fridays of Lent at 3:00pm. Come and have this be part of our Lenten prayer.



**Life Long Faith Formation News**

e-mail: [Lawrence.Guertin@portlanddicoese.org](mailto:Lawrence.Guertin@portlanddicoese.org).

**Faith Formation for grades K – 12**, Class time 8:30am to 9:45am

**Feb 22<sup>nd</sup>**, Grades K - 12 Regular Session

**March 1<sup>st</sup>**, **Special Lenten Session** for Parents and Children.

**Complete schedules are available by the Lending Library.**



**Daylight Savings Time Begins  
March 8th**

**SOCIAL JUSTICE & PEACE**

**Lenten Non- Food Drive**

Dear Parishioners, as in past years, we would like to help in restocking local food pantries with essential, non-food items. You can find a “shopping list” of items needed in the Narthex. Items needed include: bath soap, dish soap, laundry detergent, shampoo, Kleenex, paper towels, toilet paper, toothbrushes & toothpaste. More people than ever need assistance from the food pantries. Please help us improve the lives of our neighbors and friends. All donations should be returned to the church by Sunday, March 22<sup>nd</sup>. Thank you for your generosity.

**KNIGHTS OF COLUMBUS**

**MSGR. W. G. CUNNEEN COUNCIL 10020**

The Knights of Columbus want to thank everyone that participated in our February Haddock Dinner. Because of your support we were able to donate \$700.00 to “Neighbors Helping Neighbors” fuel assistant program.

**OUR LADY’S FINANCE — STEWARDSHIP**

**First Collections February 14-15 \$1,675.75**

**Second Collection:** February 21-22 **The Black and Indian Mission (BIMC)** exists to help diocesan communities to build the Church and preach the Gospel of Jesus among the African American, Native American, and Alaska Native people of God. Every year, it is the amazing generosity of Catholic faithful just like you who enable the Black and Indian Mission Office to support the following important priorities: Enlivening Parish Life & Catechesis; Empowering Evangelizers; Helping Educators Reach Kids and Encouraging Vocations.



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