

Choosing a Confirmation Name

Confirmation 2015-2016

WHAT IS A CONFIRMATION NAME?

A Confirmation name is the name of a saint or holy Christian person (it could be your own baptismal name), whose life symbolizes for **you** what it means to live as a Christian. Since you admire this person's lifestyle, you take on his or her name as a reminder of how Jesus calls you to grow in the same type of Christ-like attitude that saint or person demonstrated in his or her life. In this way, you challenge yourself to become more Christ-like in your words and actions each day.

WHAT DO I NEED TO DO TO SELECT A CONFIRMATION NAME?

1. Research the lives of the saints, focusing on those that are similar to you. For example, if you like animals, there is Saint Francis of Assisi. If you enjoy doing "the little things," there is Saint Therese of Lisieux. You are welcome to use online resources or books, whichever you prefer. We have a large number of saint books at Our Lady of the Lake, so just ask John or Sylvia for some if you'd like to look through them! Here are some helpful websites:

www.catholic-org/saints

www.catholic-saints.info

www.theworkofgod.org/saints

<https://www.ewtn.com/saintsHoly/>

<http://www.americancatholic.org/Features/Saints/byname.aspx>

2. Pray about the names and saints you are considering. This is an important decision, so make sure to spend time in prayer about this decision!

3. Pick out a Confirmation name, do the appropriate research, and then complete the **Saint Report Form** to bring to class on **November 15**.

Please note:

Some students choose to keep their baptismal name as their Confirmation name. If you would like to do this, do some investigating about why your parents chose your first and middle names for you. Were you named after someone in your family or after someone they admired? Then complete the Saint Report Form, including why you are choosing to keep your baptismal name.