

# Grade 7 - Lesson 12

St. Michael the Archangel Parish

## Proclamation:

*The theological virtues are gifts infused in us by God that bring us into union with him. The cardinal virtues are the foundations of a good life, which leads to a beatific life.*



## Catechetical Points

- The Theological Virtues are Faith, Hope, and Charity (Love)
- The Cardinal Virtues are Prudence, Justice, Temperance, and Fortitude

## Materials

- YouTube (Please bring your own laptop or tablet)
  - Wi-Fi: StMichaelGuest
  - Password: 6084375348
    - Bishop Barron on Faith, Hope, and Love  
<https://youtu.be/PuyKsaj6GbM>
    - The Cardinal Virtues pt. 1: Prudence by The Christophers  
<https://youtu.be/8AR19NAqYU0>
    - The Cardinal Virtues pt. 2: Justice by The Christophers  
<https://youtu.be/3PK7JTEPH7s>
    - The Cardinal Virtues pt. 3: Temperance by The Christophers  
<https://youtu.be/F2DKY1B-QNQ>
    - The Cardinal Virtues pt. 4: Courage by The Christophers  
[https://youtu.be/4-UC\\_c00JJK](https://youtu.be/4-UC_c00JJK)

### [10 min] **Silent Prayer**

- Bring the class into church for a few minutes of silent prayer.

### [30 min] **The Theological Virtues**

- Read pages 78 and 79 in the student text (page 146 in the teacher's manual) on Faith, Hope, and Charity.
  - Faith is belief in God. Faith helps us understand more about God.
  - Hope is trust in God's plan for our happiness and eternal life with him in heaven.
  - Charity is love for God and others.
- Watch **Bishop Barron on Faith, Hope, and Love**
  - <https://youtu.be/PuyKsaj6GbM>
- **Can someone be scientifically rational and still have faith? Why?**
- **How can we have hope in God, even when things in life are difficult?**
- Love is willing the good of the other and then doing something concrete about it.  
**Why does having true charity mean that we shouldn't always be "nice" while being loving?**

### [30 min] **The Cardinal Virtues**

- The root word of "Cardinal" is cardo, which is Latin for "hinge". Cardinal Virtues are virtues on which other virtues hinge.
- Divide the class into 4 groups and assign one of the Cardinal Virtues to each group. Have the students read the section on their virtue, then they should explain it to the class and give some examples (or act out a skit).
  - **Prudence** is being wise and careful when making decisions.
    - Natural prudence: being wise about earn or spending money; developing good study habits for a test.
    - Supernatural prudence: Making good decisions to get to heaven and helping others get there.
  - **Temperance** is balancing your thoughts, actions, and feelings, so that your desires don't rule your life.
    - Natural temperance: Trying to lose weight, or limiting time spent on social media.

- Supernatural temperance: Offering up food as a penance for God.
  - **Justice** is giving God and others what is due to them.
    - Natural justice: civil court; judges and a jury; discipline from parents and teachers.
    - Supernatural justice: Attending Sunday Mass and worshipping God.
  - **Fortitude** is showing courage and have strength to do the right thing, even when it is difficult.
    - Natural fortitude: Athletic training.
    - Supernatural fortitude: Suffering persecution or martyrdom.
- Read Practice Makes Perfect on page 84 (page 148 in the teacher's manual).
- **How can practicing these virtues help you in your life?**
- [Optional] If you have time, watch these videos:
  - The Cardinal Virtues pt. 1: Prudence by The Christophers  
<https://youtu.be/8AR19NAqYU0>
  - The Cardinal Virtues pt. 2: Justice by The Christophers  
<https://youtu.be/3PK7JTEPH7s>
  - The Cardinal Virtues pt. 3: Temperance by The Christophers  
<https://youtu.be/F2DKY1B-QNQ>
  - The Cardinal Virtues pt. 4: Courage by The Christophers  
[https://youtu.be/4-UC\\_c00JJK](https://youtu.be/4-UC_c00JJK)

[5 min] **Closing Prayer**

- Pray the **Act of Faith, Hope, and Love** on pages 175-176 in the student text (page 317 in the teacher's manual).