

Grade 6 - Lesson 3

St. Michael the Archangel Parish

Proclamation:

Prayer is a conversation and the lifting of the heart and mind to God. Praying and leading a good spiritual life are key factors in becoming a saint. Saints are those who are united with God forever in heaven.



Catechetical Points

- Forms of prayer (vocal, meditation, contemplation)
- The Second Commandment
- Items used at Mass

Materials

- Mass items flashcards
- YouTube (Please bring your own laptop or tablet)
 - Wi-Fi: StMichaelGuest
 - Password: 6084375348
 - The Power of Prayer by Fr. Mike Schmitz
<https://youtu.be/kiAMzghLcMA>

Before class starts:

- Students who arrive early can play Train Wreck with students from the other grades.

[5 min] **Opening Prayer**

- Pray the Divine Praises (p. 38 in the Teacher's Manual). Have the students repeat each line.
- Note: This prayer is usually said at Benediction after Eucharistic Adoration.

[10 min] **Icebreaker Question**

- **If you could eliminate one thing from your weekly schedule, what would it be?**

[15 min] **Prayer**

- St. Padre Pio said, "Prayer is the oxygen of the soul." **What do you think this means?**
- Watch **The Power of Prayer** by Fr. Mike Schmitz
<https://youtu.be/kiAMzghLcMA>
- Read the 3rd paragraph on p. 21 of the Student Text.
- **Which of the 3 types of prayer have you experienced?**
- **What is an example of vocal prayer?**
- **Is praying difficult for you?**
- **Why is it necessary for us to pray?**

[20 min] **The Second Commandment**

- **Do you know what your name means?**
- **How would you feel if your name became a curse word?**
- Have the students read Exodus 20:7.
- **What does "in vain" mean?**
- Read the first paragraph on page 30 in the Student Text.
- **How often to do you hear people use God's name in vain?**
- Read the 3 paragraphs under the asterisks on page 30 (starting with "There are different ways...")
- **Why is blasphemy a serious sin?**
- **Can taking God's name in vain be a mortal sin?** (See the comments on page 41 in the Teacher's Manual)
- **What is a false oath?**
- **Why is swearing a false oath a sin?**
- Expressions like "Oh my God" or OMG are pretty popular phrases. **How can you avoid using God's name in vain?**

[20 min] **Items Used at Mass**

- It is important to show respect not just for God's name, but for all holy things.
- Read page 31 in the Student Text.
- Have the students turn to Appendix B-5 and B-6 in the Student Text (p. 47 in the Teacher's Manual)
- **Which of these items have you seen before?**
- Show the flashcards of items used at Mass and quiz the students.
- Have the students complete **Holy People and Things** on page 20 of their **Activity Book**.

[5 min] **Closing Prayer**

- Ask the students if there is anything they would like to pray for. Pray an **Our Father, Hail Mary, and Glory Be** together. (Student text page 147)