

January 2020 Lectio Divina
Scripture: Luke 3:15-16, 21-22
Due January 31, 2020

Name _____

BEGIN with the Sign of the Cross and silence.

In the name of the Father, and the Son, and the Holy Spirit.

Holy Spirit, you inspired the authors of Sacred Scripture to write what you wanted us to know for the sake of our salvation. Inspire us now to hear those words not only with our ears, but our hearts, so that we might know your saving Word for us today.

Silence. (10 seconds)

READ the sacred text several times. Introduce this step with these or similar words:

Listen to this reading carefully, paying attention to what words, images, or ideas the Holy Spirit brings to your heart.

Read the sacred text slowly, savoring the words and pausing briefly after significant phrases and sentences. Observe a brief silence after the first reading.

Read the sacred text again (or ask someone else to do so), observing a brief silence afterward. If appropriate, pause to discuss the meaning of the text, using footnotes and commentaries as needed.

Read the text a third time, and observe a brief silence.

MEDITATE. In the meditation step, ask and answer (write in the space provided) questions:

What words, images, or ideas did the Holy Spirit bring to your heart? What stood out for you in the reading?

Child

Parent (or other family member)

How do those words, images, or ideas relate to your life right now?

Child

Parent (or other family member)

MEDITATE cont...

What might God be saying to you (us) in this reading? What action might you (we) be called to take?

Child

Parent (or other family member)

How does God's word make you feel? Excited, encouraged, comforted, loved? Or do you feel challenged, confused, or resistant?

Child

Parent (or other family member)

PRAY. Respond to the reading by addressing God in prayer.

Say:

Let's respond to God's word for us in prayer.

Exactly how you pray the reading will depend on what surfaced during the meditation step. Some possibilities:

Offer thanksgiving to God for important insights that emerged from the text.

If the text was difficult or confusing, ask God for guidance and clarity.

If the text was challenging or caused anxiety, ask God for humility, strength, and the ability to trust in providence.

CONTEMPLATE*. Invite family members to still themselves and "rest in the Word," attending to God's presence:

*Let's quiet our hearts for a few moments so we might hear God's response to our prayer.
Rest now in God's presence.*

CLOSE. After a period of silence, end with the Sign of the Cross:

In the name of the Father, and the Son, and the Holy Spirit.