

Faith Sharing Session #3

Due at the end of November

Candidate's name: _____

Sponsor's name: _____

Directions: For this session, you and your sponsor will be listening to a podcast from Fr. Mike Schmitz called *How to Question Your Faith Well*. Once you have both listened to the podcast either together or individually. Discuss the reflection questions together and write down your answers below.

The podcast can be found at

<https://media.ascensionpress.com/podcast/the-key-to-a-happy-death-2/>

Or can be streamed on apple music or most other streaming apps on your phone. Just search "Fr. Mike Schmitz Podcast How to Question Your Faith Well"

Reflection Questions:

Which part(s) of this podcast jumped out at you and caught your attention?

What is something that the Catholic Church teaches that you've always wondered why?

In this episode, Fr. Mike Schmitz talked about the difference between doubting your faith and simply just wrestling with a question about your faith; how did this change your view on what is a doubt you might be facing and as opposed to a difficulty you might have?

How did this episode from Fr. Mike Schmitz challenge you as a Christian?

What didn't you know about your faith before that maybe you do now?

Please feel free to use back of this sheet to fully reflect on and answer the questions

