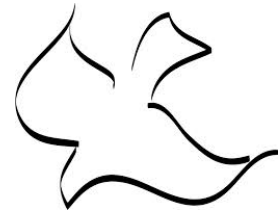


Discernment



Some thoughts to help with discerning:

- Trust God and seek Him with absolute trust!
- Look around you. See what God has done for you!
- See where God has led you so far.
- What gifts has God blessed me with to use for Him? What undiscovered gifts do I still need to uncover?

There are many ways to discern as it is a very personal process.

- Rosary, Adoration, Lectio Divina (praying with scripture), Visio Divina (praying with art). In addition, talk to staff and current Pastoral Council/Commission members regarding their experience.

Resources to help you in your discernment process:

- Websites
 1. The Discernment Process - www.Catholic.net
 2. Praydreaming: Key to discernment - www.AmericanCatholic.org
 3. Prayers for Discernment – www.cua.edu (Catholic University of America)
 4. Gifts inventory: A Spiritual Discernment process – <http://home.earthlink.net/~haywoodm/SpiritualGiftsDiscernment.html>.
- Books
 1. Finding God in each moment: the practice of discernment in everyday life By Carol Ann Smith and Eugene Merz
 2. Discernment in Prayer – Paying attention to God by William A. Berry, SJ