

Choosing a Confirmation Saint

First of all, don't treat this as a box to check off and pick St Francis just because you have a vague idea about his life.

The first thing you should do is pray. Ask the Holy Spirit for guidance in choosing a saint that will be best for you.

The second thing you should do is some research. Browse a library of patron saints online or get a good book of saints to read. While you are reading about the saints ask yourself why you are drawn to some more than others. Is it because they were courageous in speaking about the Faith? Were they drawn to helping the poor? Did they have an occupation that you are interested in or have a family like yours? Talk to your sponsor and get their feedback as well.

As you start to narrow down the saints you are interested in, think again about the reasons to choose one. Is this someone I look up to and want to emulate? Is this someone who I want to spiritually "have my back"?

Once you have decided on your saint, begin to asking their intercession. Start asking them for guidance and the courage to take your reception of the sacrament of Confirmation seriously.

Saints Paper: Due May 1st, 2019

The Candidate is asked to write a short paper (one page) on the saint they pick to be their patron saint. In writing this paper it is suggested that the candidate answer the following questions: Why you picked this saint to be your patron saint. What was their life like and what about it attracts you to them? How did this person's life reflect holiness? What is he/she the patron saint of? Are there any miracles related to this saint?