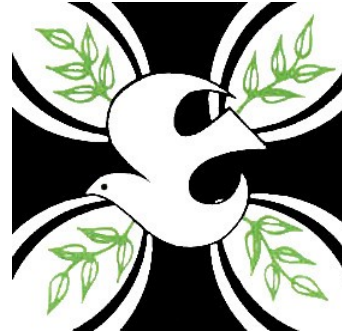


# Sunday Speaker Series

## Oct. 14

4 pm



**Pax Christi Catholic Church**

4135 - 18 Ave NW

Rochester, MN

McCauley hall, lower level

**paxchristchurch.org**

## Can Amish Traditions Teach Us to be Ready to Forgive?

Amish communities are set apart from mainstream society, and members rely on their connected interrelationships to maintain this lifestyle. Forgiveness is one of their core tenets, an unquestionable part of daily life. Forgiveness allows members to move on after a transgression and continue to live in community. Forgiveness has demonstrated health benefits, and we have an opportunity to learn from Amish communities how to build this practice.

**This forum is an opportunity to review the benefits of forgiveness in our daily lives, discuss religious and communal approaches to instilling forgiveness, and reflect on how this might play out in our own lives and communities.**

*Angela Kueny practices as a nurse and nursing professor in Decorah, Iowa at Luther College. She is an alumna of the Luther College nursing program, and furthered her education with master's and doctoral degrees from the University of Iowa. Inspired by the chasm that exists between community and*



*cultural worldviews, and the biomedical worldview, she continually seek ways to understand how these can be integrated. Angela works with Amish communities as a nurse, which began in 2005, and hopes to continue support for providers working with these populations.*

All are Welcome!