



# Diocese of Winona-Rochester



*“For this reason a man shall leave his father and mother and shall cling to his wife, and the two shall be made into one.” (Ephesians 5:31)*

*Congratulations on your engagement! As you prepare for the Sacrament of Marriage, may this time be filled with God's grace and blessings!*

## **Pre-Cana – What is it?**

“On the threshold of his public life Jesus performs his first sign - at his mother's request - during a wedding feast. (John 2, 1-11) The Church attaches great importance to Jesus' presence at the wedding at Cana. She sees in it the confirmation of the goodness of marriage and the proclamation that thenceforth marriage will be an efficacious sign of Christ's presence.” (Catechism of the Catholic Church, 1613)

Pre-Cana is an opportunity for engaged couples to prepare for the Sacrament of Matrimony. They will learn about the beauty of Marriage as a sacrament and about how they can be an efficacious sign of Christ's presence to each other, to their future children and to those around them.



Pre-Cana is a full day event that takes place on multiple Saturdays throughout the Diocese of Winona-Rochester. For more information and for registration, please visit the Office of Life, Marriage & Family's website:

<https://www.dowr.org/offices/life-marriage-family/marriage-preparation.html>

## **Pre-Cana Dates for 2019-2020:**

- September 28, 2019 – Cathedral of the Sacred Heart, Winona
- October 26, 2019 – St. Thomas More Newman Center, MSU, Mankato
- January 18, 2020 – St. Thomas More Newman Center, MSU, Mankato
- March 7, 2020 – St. Charles Borromeo, St. Charles
- March 28, 2020 – St. Thomas More Newman Center, MSU, Mankato
- April 18, 2020 – St. John Vianney, Fairmont
- May 16, 2020 – St. Thomas More Newman Center, MSU, Mankato

Peter G. Martin, STL ▪ Director of the Office of Life, Marriage & Family  
55 West Sanborn Street ▪ PO Box 588 ▪ Winona, MN 55987  
Telephone: 507-858-1273 ▪ E-Mail: [pmartin@dowr.org](mailto:pmartin@dowr.org)