

SEEK NOT TO UNDERSTAND
SO THAT YOU MAY
Believe;
BUT BELIEVE SO THAT YOU MAY
Understand.
-ST. AUGUSTINE OF HIPPO



WHAT IS ADORATION?

ADORATION OF THE BLESSED SACRAMENT IS A FORM OF PRAYER THAT BEGAN CENTURIES AGO. THE WORD ADORATION MEANS "TO PAY HONOUR OR HOMAGE TO SOMEONE OR SOMETHING." THE SAME JESUS, WHOM WE RECEIVE IN THE EUCHARIST AT MASS IS WHO WE WORSHIP IN ADORATION. ADORATION IS A TIME TO SIT FACE TO FACE WITH JESUS AND DEEPEN AND STRENGTHEN YOUR RELATIONSHIP WITH HIM.

"ADORATION MEANS ENTERING THE DEPTHS OF OUR HEARTS IN COMMUNION WITH THE LORD, WHO MAKES HIMSELF BODILY PRESENT IN THE EUCHARIST. IN THE MONSTRANCE, HE ALWAYS ENTRUSTS HIMSELF TO US AND ASKS US TO BE UNITED WITH HIS PRESENCE WITH HIS RISEN BODY." – EMERITUS POPE BENEDICT XVI

KEY TEACHINGS:

EUCHARIST: - THE BREAD AND WINE ARE NOT MERELY SYMBOLS OF CHRIST'S FLESH AND BLOOD - THEY ARE TRULY AND COMPLETELY JESUS - BODY, BLOOD, SOUL AND DIVINITY. - THE EUCHARIST IS AT THE CENTRE OF THE CATHOLIC CHURCH. THE EUCHARIST IS WHAT IT MEANS TO BE CATHOLIC. THE CATECHISM REMINDS US THAT THE EUCHARIST IS "THE SOURCE AND SUMMIT" OF OUR FAITH (CCC 1324).

ADORATION AND THE MASS - ADORATION IS A PRAYER THAT FLOWS FROM THE MASS; IT DOES NOT TAKE THE PLACE OF MASS. ADORATION SHOULD ALWAYS INCREASE OUR DESIRE TO RECEIVE CHRIST IN THE EUCHARIST AT MASS. - "IN THE EUCHARIST, THE SON OF GOD COMES TO MEET US AND DESIRES US TO BECOME ONE WITH US; EUCHARISTIC ADORATION IS SIMPLY THE NATURAL CONSEQUENCE OF THE EUCHARISTIC CELEBRATION, WHICH IS ITSELF THE CHURCH'S SUPREME ACT OF ADORATION" – EMERITUS POPE BENEDICT XVI, SACRAMENTUM CARITATIS 66

RITE OF EUCHARISTIC EXPOSITION AND BENEDICTION

EXPOSITION OF THE BLESSED SACRAMENT

STAND: THE ALTAR SERVER ENTERS THE CHAPEL, FOLLOWED BY THE PRESIDER CARRYING THE LUNA WITH THE HOST. WE BEGIN TO SING A SELECTED SONG RELATING TO THE LITURGICAL SEASON OR THE MYSTERY OF THE EUCHARIST.

KNEEL: WHILE THE PRESIDER PLACES THE LUNA WITH THE HOST INTO THE MONSTRANCE ON THE ALTAR. ONCE THE PRESIDER HAS REACHED THE FRONT OF THE ALTAR AND KNEELS, HE WILL LEAD ALL IN SINGING THE SALUTARIS OR SOME OTHER APPROPRIATE EUCHARISTIC SONG.

O SAVING VICTIM (ENGLISH)

O SAVING VICTIM O SAVING VICTIM, OP'NING WIDE
THE GATE OF HEAV'N TO MAN BELOW,
OUR FOES PRESS ON FROM EV'RY SIDE;
THINE AID SUPPLY, THY STRENGTH BESTOW.
TO THY GREAT NAME BE ENDLESS PRAISE,
IMMORTAL GODHEAD, ONE IN THREE.
OH, GRANT US ENDLESS LENGTH OF DAYS
IN OUR TRUE NATIVE LAND WITH THEE. AMEN.

(LATIN)

O SALUTARIS HOSTIA
QUAE COELI PANDIS OSTIUM:
BELLA PREMUNT HOSTILIA,
BELLA PREMUNT HOSTILIA,
DA ROBUR, FER AUXILIUM
UNI TRINOQUE DOMINO
SIT SEMPITERNA GLORIA,
QUI VITAM SINE TERMINO
NOBIS DONET IN PATRIA. AMEN.

STAND OR BE SEATED: AFTER THE PRESIDER HAS INCENSED THE MONSTRANCE, HE WILL WAIT A FEW MINUTES BEFORE STANDING AND WALKING TO THE AMBO TO START THE READING(S). IF THE GOSPEL IS TO BE PROCLAIMED, THE PRESIDER WILL INSTRUCT ALL TO STAND. OTHERWISE, ALL WILL REMAIN SEATED DURING THE NON-GOSPEL SCRIPTURE READING(S). THIS IS FOLLOWED BY A SHORT REFLECTION APPLICABLE TO THE READING AND THE QUIET TIME OF ADORATION.

ADORATION

KNEEL OR BE SEATED: AFTER THE READING(S) ARE COMPLETED, THE PRESIDER AND ALTAR SERVER(S) WILL GO TO THEIR ASSIGNED SEATING TO START THEIR PRIVATE PORTION(S) OF THE ADORATION/DEVOTION.

BENEDICTION OF THE BLESSED SACRAMENT

KNEEL: ONCE THE INDIVIDUAL, PRIVATE ADORATION/DEVOTION IS COMPLETED FOR THE HOUR, THE PRESIDERS AND ALTAR SERVER WILL RETURN TO THE FRONT OF THE ALTAR. WHILE THE PRESIDERS INCENSES THE MONSTRANCE, ALL SING THE TANTUM ERGO (OR ANOTHER APPROPRIATE EUCHARISTIC SONG):

TANTUM ERGO (ENGLISH)

DOWN IN ADORATION FALLING
LO, THE SACRED HOST WE HAIL;
LO, O'ER ANCIENT FORMS DEPARTING,
NEWER RITES OF GRACE PREVAIL;
FAITH FOR ALL DEFECTS SUPPLYING,
WHERE THE FEEBLE SENSES FAIL.
TO THE EVERLASTING FATHER,
AND THE SON WHO REIGNS ON HIGH,
WITH THE SPIRIT BLEST PROCEEDING
FORTH FROM EACH ETERNALLY,
BE SALVATION, HONOR, BLESSING,
MIGHT, AND ENDLESS MAJESTY. AMEN.

(LATIN)

TANTUM ERGO SACRAMENTUM
VENEREMUR CERNUI:
ET ANTIQUUM DOCUMENTUM
NOVO CEDAT RITUI
PRAESTET FIDES SUPPLEMENTUM
SENSUUM DEFECTUI.
GENITORI, GENITOQUE
LAUS ET JUBILATIO
SALUS, HONOR, VIRTUS QUOQUE
SIT ET BENEDICTO:
PROCEDENTI AB UTROQUE
COMPAR SIT LAUDATIO. AMEN.

ALL REMAIN KNEELING WHEN THE PRESIDERS SAYS, "LET US PRAY":

LORD OUR GOD, YOU HAVE GIVEN US THE TRUE BREAD FROM HEAVEN. IN THE STRENGTH OF THIS FOOD MAY WE LIVE ALWAYS BY YOUR LIFE AND RISE IN GLORY ON THE LAST DAY. WE ASK THIS THROUGH CHRIST OUR LORD. AMEN.

OR

LORD JESUS CHRIST, YOU GAVE US THE EUCHARIST AS THE MEMORIAL OF YOUR SUFFERING AND DEATH. MAY OUR WORSHIP OF THIS SACRAMENT OF YOUR BODY AND BLOOD HELP US TO EXPERIENCE THE SALVATION YOU WON FOR US AND THE PEACE OF THE KINGDOM WHERE YOU LIVE WITH THE FATHER AND THE HOLY SPIRIT, ONE GOD, FOREVER AND EVER. AMEN.

OR

LORD OUR GOD, IN THIS GREAT SACRAMENT, WE COME INTO THE PRESENCE OF JESUS CHRIST, YOUR SON. BORN OF THE VIRGIN MARY AND CRUCIFIED FOR OUR SALVATION. MAY WE WHO DECLARE OUR FAITH IN THIS FOUNTAIN OF LOVE AND MERCY DRINK FROM IT THE WATER OF EVERLASTING LIFE. WE ASK THIS THROUGH CHRIST OUR LORD. AMEN.

(OR ANOTHER APPROPRIATE PRAYER MAY BE USED)

ALL REMAIN KNEELING WHILE THE PRESIDERS ELEVATES THE MONSTRANCE AND AS ALL GATHERED THEN RECITE THE DIVINE PRAISES.

THE DIVINE PRAISES

BLESSED BE GOD.
BLESSED BE HIS HOLY NAME.
BLESSED BE JESUS CHRIST, TRUE GOD AND TRUE MAN.
BLESSED BE THE NAME OF JESUS.
BLESSED BE HIS MOST SACRED HEART.
BLESSED BE HIS MOST PRECIOUS BLOOD.
BLESSED BE IN THE MOST HOLY SACRAMENT OF THE ALTAR.

BLESSED BE THE HOLY SPIRIT, THE PARACLETE.
BLESSED BE THE GREAT MOTHER OF GOD, MARY MOST HOLY.
BLESSED BE HER HOLY AND IMMACULATE CONCEPTION.
BLESSED BE HER GLORIOUS ASSUMPTION.
BLESSED BE THE NAME OF MARY, VIRGIN AND MOTHER.
BLESSED BE ST. JOSEPH, HER MOST CHASTE SPOUSE.
BLESSED BE GOD IN HIS ANGELS AND IN HIS SAINTS. AMEN.

REPOSITION OF THE BLESSED SACRAMENT

STAND: ALL SIGN, HOLY GOD WE PRAISE THY NAME (OR ANOTHER APPROPRIATE HYMN)

HOLY GOD, WE PRAISE THY NAME,
LORD OF ALL, WE BOW BEFORE THEE!
ALL ON EARTH THY SCEPTRE CLAIM,
ALL IN HEAVEN ABOVE ADORE THEE.
INFINITE THY VAST DOMAIN,
EVERLASTING IS THY REIGN.
INFINITE THY VAST DOMAIN,
EVERLASTING IS THY REIGN.

HARK THE LOUD CELESTIAL HYMN
ANGEL CHOIRS ABOVE ARE RAISING!
CHERUBIM AND SERAPHIM IN UNCEASING CHORUS PRAISING
FILL THE HEAVENS WITH SWEET ACCORD
HOLY, HOLY, HOLY LORD.
FILL THE HEAVENS WITH SWEET ACCORD
HOLY, HOLY, HOLY LORD.

Pax Christi Youth Ministry

"UPON THIS ROCK I WILL BUILD MY CHURCH." MATTHEW 16:18

"VERSO L'ALTO." BLESSED PIER GIORGIO FRASSATI

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