



1. BEGIN WITH THE SIGN OF THE CROSS

2. USING THE CRUCIFIX AS A STARTING POINT, PRAY THE APOSTLES' CREED,

I BELIEVE IN GOD, THE FATHER ALMIGHTY, CREATOR OF HEAVEN AND EARTH, AND IN JESUS CHRIST, HIS ONLY SON, OUR LORD, WHO WAS CONCEIVED BY THE HOLY SPIRIT, BORN OF THE VIRGIN MARY, SUFFERED UNDER PONTIUS PILATE, WAS CRUCIFIED, DIED, AND WAS BURIED; HE DESCENDED INTO HELL; ON THE THIRD DAY HE ROSE AGAIN FROM THE DEAD; HE ASCENDED INTO HEAVEN, AND IS SEATED AT THE RIGHT HAND OF GOD THE FATHER ALMIGHTY; FROM THERE HE WILL COME TO JUDGE THE LIVING AND THE DEAD. I BELIEVE IN THE HOLY SPIRIT, THE HOLY CATHOLIC CHURCH, THE COMMUNION OF SAINTS, THE FORGIVENESS OF SINS, THE RESURRECTION OF THE BODY, AND LIFE EVERLASTING. AMEN.

3. PRAY THE OUR FATHER (LORD'S PRAYER) ON THE FIRST ISOLATED BEAD,

OUR FATHER, WHO ART IN HEAVEN, HALLOWED BE THY NAME; THY KINGDOM COME, THY WILL BE DONE, ON EARTH AS IT IS IN HEAVEN. GIVE US THIS DAY OUR DAILY BREAD, AND FORGIVE US OUR TRESPASSES, AS WE FORGIVE THOSE WHO TRESPASS AGAINST US; AND LEAD US NOT INTO TEMPTATION, BUT DELIVER US FROM EVIL. AMEN.

4. PRAY THE HAIL MARY ON THE NEXT 3 BEADS (FOR THE VIRTUES OF FAITH, HOPE, AND CHARITY),

HAIL MARY, FULL OF GRACE. THE LORD IS WITH THEE. BLESSED ART THOU AMONG WOMEN, AND BLESSED IS THE FRUIT OF THY WOMB, JESUS. HOLY MARY, MOTHER OF GOD, PRAY FOR US SINNERS, NOW AND AT THE HOUR OF OUR DEATH. AMEN.

5. ON THE NEXT ISOLATED BEAD PRAY THE GLORY BE,

GLORY BE TO THE FATHER, AND TO THE SON, AND TO THE HOLY SPIRIT. AS IT WAS IN THE BEGINNING IS NOW, AND EVER SHALL BE, WORLD WITHOUT END. AMEN.

6. INTRODUCE, AND REFLECT ON, THE FIRST MYSTERY AND PRAY THE OUR FATHER

7. ON EACH OF THE FOLLOWING 10 BEADS PRAY THE HAIL MARY

8. ON THE NEXT ISOLATED BEAD PRAY THE GLORY BE (SEE ABOVE) AND THE FATIMA PRAYER,

O MY JESUS, FORGIVE US OUR SINS, SAVE US FROM THE FIRE OF HELL AND LEAD ALL SOULS TO HEAVEN, ESPECIALLY THOSE WHO ARE IN MOST NEED OF THY MERCY. AMEN

9. REPEAT 6-9 FOR EACH DECADE (SET OF 10 BEADS) WORKING THROUGH THE 5 MYSTERIES

10. END BY PRAYING THE HAIL HOLY QUEEN, ROSARY PRAYER, AND THE SIGN OF THE CROSS,

HAIL, HOLY QUEEN, MOTHER OF MERCY, OUR LIFE, OUR SWEETNESS, AND OUR HOPE. TO THEE DO WE CRY, POOR BANISHED CHILDREN OF EVE. TO THEE DO WE SEND UP OUR SIGHS, MOURNING AND WEEPING IN THIS VALLEY OF TEARS. TURN THEN MOST GRACIOUS ADVOCATE, THINE EYES OF MERCY TOWARDS US, AND AFTER THIS OUR EXILE, SHOW UNTO US THE BLESSED FRUIT OF THY WOMB, JESUS. O CLEMENT, O LOVING, O SWEET VIRGIN MARY. PRAY FOR US, O HOLY MOTHER OF GOD, THAT WE MAY BE MADE WORTH OF THE PROMISES OF CHRIST.

LET US PRAY: O GOD, WHOSE ONLY BEGOTTEN SON, BY HIS LIFE, DEATH, AND RESURRECTION, HAS PURCHASED FOR US THE REWARDS OF ETERNAL LIFE, GRANT WE BESEECH THEE, THAT WHILE MEDITATING UPON THESE MYSTERIES OF THE MOST HOLY ROSARY OF THE BLESSED VIRGIN MARY, WE MAY IMITATE WHAT THEY CONTAIN AND OBTAIN WHAT THEY PROMISE, THROUGH THE SAME CHRIST OUR LORD. AMEN.

Pax Christi Youth Ministry

"UPON THIS ROCK I WILL BUILD MY CHURCH." MATTHEW 16:18

"VERSO L'ALTO." BLESSED PIER GIORGIO FRASSATI

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