33 Day Consecration to St. Joseph
Feb. 15 - March 19

Join us for a Prayer Service @ 6:30 pm
on March 19, prior to the Stations of the Cross

Prayers
Welcome to Consecration to St. Joseph!
You are about to begin a journey that will change your life.

What does it mean to consecrate yourself to St. Joseph?

What does it mean for a person to be consecrated to St. Joseph? Well, it basically means that you acknowledge that he is your spiritual father, and you want to be like him. To show it, you entrust yourself entirely into his paternal care so that he can help you acquire his virtues and become holy. Total consecration to St. Joseph means you make a formal act of filial entrustment to your spiritual father so that he can take care of your spiritual well-being and lead you to God. The person who consecrates himself to St. Joseph wants to be as close to their spiritual father as possible, to the point of resembling him in virtue and holiness. Saint Joseph, in turn, will give those consecrated to him his undivided attention, protection, and guidance.

- Fr. Donald Calloway, MIC

If you’d like to do the consecration, you may purchase the book *Consecration to St. Joseph: The Wonders of Our Spiritual Father* by Fr. Donald Calloway, MIC for $14.95 (www.shopmercy.org 1-800-462-7426) or simply recite a prayer to St. Joseph for 33 days and conclude on the final day with the consecration prayer.
To you, O blessed Joseph (Ad te, beate Ioseph)

To you, O blessed Joseph, do we come in our afflictions, and having implored the help of your most holy Spouse, we confidently invoke your patronage also.

Through that charity which bound you to the Immaculate Virgin Mother of God and through the paternal love with which you embraced the Child Jesus, we humbly beg you graciously to regard the inheritance which Jesus Christ has purchased by his Blood, and with your power and strength to aid us in our necessities.

O most watchful guardian of the Holy Family, defend the chosen children of Jesus Christ; O most loving father, ward off from us every contagion of error and corrupting influence; O our most mighty protector, be kind to us and from heaven assist us in our struggle with the power of darkness.

As once you rescued the Child Jesus from deadly peril, so now protect God’s Holy Church from the snares of the enemy and from all adversity; shield, too, each one of us by your constant protection, so that, supported by your example and your aid, we may be able to live piously, to die in holiness, and to obtain eternal happiness in heaven.

Amen.
Litany of St. Joseph

(Response in italics)
Lord, have mercy on us. Christ, have mercy on us.
Lord, have mercy on us.
Christ, hear us. Christ, graciously hear us.
God the Father of Heaven, have mercy on us.
God the Son, Redeemer of the world, have mercy on us.
God the Holy Ghost, have mercy on us.
Holy Trinity, One God, have mercy on us.
Holy Mary, pray for us.
St. Joseph, pray for us.
Illustrious son of David, pray for us.
Light of patriarchs, pray for us.
Spouse of the Mother of God, pray for us.
Chaste guardian of the Virgin, pray for us.
Foster father of the Son of God, pray for us.
Watchful defender of Christ, pray for us.
Head of the Holy Family, pray for us.
Joseph most just, pray for us.
Joseph most chaste, pray for us.
Joseph most prudent, pray for us.
Joseph most valiant, pray for us.
Joseph most obedient, pray for us.
Joseph most faithful, pray for us.
Mirror of patience, pray for us.
Lover of poverty, pray for us.
Model of workmen, pray for us.
Glory of home life, pray for us.
Guardian of virgins, pray for us.
Pillar of families, pray for us.
Solace of the afflicted, pray for us.
Hope of the sick, pray for us.
Patron of the dying, pray for us.
Terror of demons, pray for us.
Protector of Holy Church, pray for us.
Lamb of God, Who takes away the sins of the world,
Spare us, O Lord!
Lamb of God, Who takes away the sins of the world,
Graciously hear us, O Lord!
Lamb of God, Who takes away the sins of the world,
Have mercy on us!

V. He made him the lord of His household,
R. *And prince over all His possessions.*

Let Us Pray:
Lord Jesus Christ, by your ineffable providence you chose saint Joseph to be the spouse of your most holy Mother: grant, we beseech you, that we may have him for an intercessor in heaven, as we venerate him as our protector on earth. You who live and reign forever and ever. Amen.

**Daily Novena Prayer to St. Joseph**

O Saint Joseph, whose protection is so great, so strong, so prompt before the throne of God, I place in you all my interests and desires.

O Saint Joseph, do assist me by your powerful intercession and obtain for me from your divine Son all spiritual blessings through Jesus Christ, Our Lord, so that having experienced here below your heavenly power, I may offer my thanksgiving and homage to the most loving of fathers.

O Saint Joseph, I never weary of contemplating you and Jesus asleep in your arms. I dare not approach while He reposes near your heart. Hold Him close in my name and kiss His fine head from me, and ask Him to return the kiss when I draw my dying breath. St. Joseph, patron of departing souls, pray for me.

Amen.
Prayer Before Work to St. Joseph the Worker

(Composed by Pope St. Pius X)

O Glorious Saint Joseph, model of all those who are devoted to labor, obtain for me the grace to work in a spirit of penance for the expiation of my many sins; to work conscientiously, putting the call of duty above my natural inclinations; to work with thankfulness and joy, considering it an honor to employ and develop by means of labor the gifts received from God; to work with order, peace, moderation, and patience, never shrinking from weariness and trials; to work above all with purity of intention and detachment from self, keeping unceasingly before my eyes death and the account that I must give of time lost, talents unused, good omitted, and vain complacency in success, so fatal to the work of God.

All for Jesus, all through Mary, all after thy example, O Patriarch, Saint Joseph. Such shall be my watch-word in life and in death. Amen.
Memorare to St. Joseph

Remember, O most pure spouse of the Blessed Virgin Mary, my great protector, Saint Joseph, that no one ever had recourse to your protection, or implored your aid without obtaining relief. Confiding therefore in your goodness, I come before you. Do not turn down my petitions, foster father of the Redeemer, but graciously receive them. Amen.

A Morning Offering through St. Joseph

Receive me, dear and chosen Father, and the offering of every movement of my body and soul, which I desire to present through thee to my blessed Lord.

Purify all! Make all a perfect holocaust! May every pulsation of my heart be a Spiritual Communion, every look and thought an act of love, every action a sweet sacrifice, every word an arrow of Divine love, every step an advance toward Jesus, every visit to Our Lord as pleasing to God as the errands of Angels, every thought of thee, dear Saint, an act to remind thee that I am thy child.

I recommend to thee the occasions in which I usually fail, particularly . . . [Mention these]. Accept each little devotion of the day, though replete with imperfection, and offer it to Jesus, Whose mercy will overlook all, since He regards not so much the gift as the love of the giver. Amen.
St. Joseph Chaplet of Seven Sorrows and Seven Joys

Prayers on honor of the Seven Sorrows and Joys of Joseph
Composed by Ven. Januarius Sarnelli, C.S.S.R. (d. 1744)

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First Sorrow: The doubt of St. Joseph (Matt. 1:19)

But Joseph her husband, being a just man, and not wishing to expose her to reproach, was minded to put her away privately.

First Joy: The message of the Angel (Matt. 1:20)

But while he thought on these things, behold, an angel of the Lord appeared to him in a dream, saying, “Do not be afraid, Joseph, son of David, to take to you Mary your wife, for that which is begotten in her is of the Holy Spirit.

O chaste Spouse of Mary most holy, glorious St. Joseph, great was the trouble and anguish of your heart when you wert minded to put away privately your inviolate Spouse, yet your joy was unspeakable when the surpassing mystery of the Incarnation was made known to you by the Angel!

By this sorrow and this joy, we beseech you to comfort our souls, both now and in the sorrows of our final hour, with the joy of a good life and a holy death after the pattern of your own, in the arms of Jesus and Mary.

Our Father . . . Hail Mary . . . Glory be . . .

Second Sorrow: The poverty of Jesus’ birth (Luke 2:7)

And she brought forth her first born son, and wrapped him in swaddling clothes, and laid him in a manger, because there was no room for them in the inn.


And the angel said to them, “Do not be afraid, for behold, I bring you good news of great joy which shall be to all people; for today in the town of David, a Savior has been born to you, who is Christ the Lord.”
O most blessed Patriarch, glorious St. Joseph, who was chosen to be the foster father of the Word made flesh, your sorrow at seeing the Child Jesus born in such poverty was suddenly changed into heavenly exultation when you did hear the angelic hymn and beheld the glories of that resplendent night. By this sorrow and this joy, we implore you to obtain for us the grace to pass over from life’s pathway to hear the angelic songs of praise, and to rejoice in the shining splendor of celestial glory.

Our Father . . . Hail Mary . . . Glory be . . .


And when eight days were fulfilled for his circumcision, his name was called Jesus, the name given to him by the angel before he was conceived in the womb.

Third Joy: The Holy Name of Jesus (Matt. 1:25)

And he did not know her until she brought forth her first born son. And he called his name Jesus.

O glorious St. Joseph you faithfully obeyed the law of God, and your heart was pierced at the sight of the Precious Blood that was shed by the Infant Savior during His Circumcision, but the Name of Jesus gave you new life and filled you with quiet joy. By this sorrow and this joy, obtain for us the grace to be freed from all sin during life, and to die rejoicing, with the holy Name of Jesus in our hearts and on our lips.

Our Father . . . Hail Mary . . . Glory be . . .

Fourth Sorrow: The prophecy of Simeon (Luke 2:34)

And Simeon blessed them, and said to Mary his mother, “Behold this child is destined for the fall and the rise of many in Israel, and for a sign that shall be contradicted. And your own soul a sword shall pierce.”


And coming up at that very hour, she began to give praise to the Lord, and spoke of him to all who were awaiting the redemption of Jerusalem.

O most faithful Saint who shared the mysteries of our Redemption, glorious St. Joseph, the prophecy of Simeon regarding the sufferings of Jesus and Mary caused you to shudder with mortal dread, but at the same time filled you with a blessed joy for the salvation and glorious resurrection which, he foretold, would be attained by countless souls. By this sorrow and this joy, obtain for us that we may be among the number of those who, through the merits of Jesus and the intercession of Mary the Virgin Mother, are predestined to a glorious resurrection.

Our Father . . . Hail Mary . . . Glory be . . .
Fifth Sorrow: The flight into Egypt (Matt. 2:14)
So he arose, and took the child and his mother by night, and withdrew into Egypt.

Fifth Joy: The overthrow of the idols of Egypt (Is. 19:1)
The burden of Egypt. Behold the Lord will ascend upon a swift cloud and will enter into Egypt, and the idols of Egypt will be moved at his presence, and the heart of Egypt shall melt in the midst thereof.

O most watchful Guardian of the Incarnate Son of God, glorious St. Joseph, what toil was your in supporting and waiting upon the Son of the most high God, especially in the flight into Egypt! Yet at the same time, how you did rejoice to have always near you God Himself, and to see the idols of the Egyptians fall prostrate to the ground before Him.

By this sorrow and this joy, obtain for us the grace of keeping ourselves in safety from the infernal tyrant, especially by flight from dangerous occasions; may every idol of earthly affection fall from our hearts; may we be wholly employed in serving Jesus and Mary, and for them alone may we live and happily die.

Sixth Sorrow: The return from Egypt (Matt. 2:22)
But hearing that Archelaus was reigning in Judea in place of his father Herod, he was afraid to go there; and being warned in a dream, he withdrew into the region of Galilee.

Sixth Joy: Life with Jesus and Mary at Nazareth (Luke 2:39)
And when they had fulfilled all things prescribed in the Law of the Lord, they returned into Galilee, into their own town of Nazareth.

O glorious St. Joseph, an angel on earth, you did marvel to see the King of Heaven obedient to your commands, but your consolation in bringing Jesus out of the land of Egypt was troubled by your fear of Archelaus; nevertheless, being assured by the Angel, you dwelt in gladness at Nazareth with Jesus and Mary.

By this sorrow and this joy, obtain for us that our hearts may be delivered from harmful fears, so that we may rejoice in peace of conscience and may live in safety with Jesus and Mary and may, like you, die in their company.

Seventh Sorrow: The loss of the Child Jesus (Luke 2:45)
And not finding him, they returned to Jerusalem in search of him.

And it came to pass after three days, that they found him in the Temple, sitting in the midst of the teachers, listening to them and asking them questions.

O glorious St. Joseph, pattern of all holiness, when you did lose, through no fault of
your own, the Child Jesus, you sought Him sorrowing for the space of three days, until with great joy you did find Him again in the Temple, sitting in the midst of the doctors.

By this sorrow and this joy, we supplicate you, with our hearts upon our lips, to keep us from ever having the misfortune to lose Jesus through mortal sin; but if this supreme misfortune should befall us, grant that we may seek Him with unceasing sorrow until we find Him again, ready to show us His great mercy, especially at the hour of death; so that we may pass over to enjoy His presence in Heaven; and there, in company with you, may we sing the praises of His Divine mercy forever.

Our Father . . . Hail Mary . . . Glory be . . .

**Antiphon:** And Jesus Himself was beginning about the age of thirty years, being (as it was supposed) the Son of Joseph.

V. Pray for us, O holy Joseph.

R. That we may be made worthy of the promises of Christ.

**Let Us Pray.**

O God, Who in Your ineffable Providence did vouchsafe to choose Blessed Joseph to be the spouse of Your most holy Mother, grant, we beseech You, that he whom we venerate as our protector on earth may be our intercessor in Heaven. Who lives and reigns forever and ever. Amen.

*** An effective means of obtaining special graces through the intercession of St. Joseph is to honor his seven sorrows and seven joys by the practicing the Seven Sundays devotion. The Seven Sundays in honor of St. Joseph are observed by receiving Holy Communion in his honor on seven consecutive Sundays, and on each Sunday the prayers in honor of the Seven Sorrows and the Seven Joys of St. Joseph are recited. This devotion may be practiced at any time of the year, but especially on the seven Sundays preceding his solemnity on March 19.
Prayer of Consecration to St. Joseph

O Glorious Patriarch and Patron of the Church! O Virgin Spouse of the Virgin Mother of God! O Guardian and Virginal Father of the Word Incarnate! In the presence of Jesus and Mary, I choose you this day to be my father, my guardian, and my protector.

O great St. Joseph, whom God has made the Head of the Holy Family, accept me, I beseech you, though utterly unworthy, to be a member of your “Holy House.” Present me to your Immaculate Spouse; ask her also to adopt me as her child. With her, pray that I may constantly think of Jesus, and serve him faithfully to the end of my life. O Terror of Demons, increase in me virtue, protect me from the evil one, and help me not to offend God in any way.

O my Spiritual Father, I hereby consecrate myself to you. In faithful imitation of Jesus and Mary, I place myself and all my concerns under your care and protection. To you, after Jesus and Mary, I consecrate my body and soul, with all their faculties, my spiritual growth, my home, and all my affairs and undertakings.

Forsake me not, but adopt me as a servant and child of the Holy Family. Watch over me at all times, but especially at the hour of my death. Console and strengthen me with the presence of Jesus and Mary so that, with you, I may praise and adore the Holy Trinity for all eternity. Amen.

Recommended websites

Year of St. Joseph (Diocese of Charlotte) - https://yearofstjoseph.org
Consecration to St. Joseph - www.consecrationtostjoseph.org/
Vatican - www.vatican.va/content/vatican/en.html
- Decree of the Apostolic Penitentiary on the granting of special Indulgences on the occasion of the Year of Saint Joseph
- Apostolic Letter “Patris Corde”

Pax Christi Catholic Church
4135 -18th AVE NW Rochester, MN 55901
www.paxchrisitichurch.org