Due December 4, 2019  Confirmation Sponsor & Saint Name Form

Candidate- please complete form using legible handwriting
Parent – please review and sign form

1. Candidate’s Name as it will appear on Confirmation Certificate:

First ____________________________________________

Confirmation Name___________________________________

Last ________________________________________________

2. Three facts about my Saint:
   1.
   2.
   3.

3. The reason I chose this name is...

4. Sponsor’s Name: _________________________________

5. Sponsor’s Relationship to candidate: (ex: uncle, aunt, friend, cousin, sister, brother etc.)
__________________________________________________

By signing below, I attest that my child has chosen a Catholic Saint name as their Confirmation name and that their sponsor is a Catholic in good standing who meets the requirements of Confirmation Sponsor.

________________________________________________________________
Parent Signature
Choosing A Confirmation Sponsor

The role of the Confirmation Sponsor is “to take care that the confirmed person behaves as a true witness of Christ and faithfully fulfills the obligations inherent in this sacrament.” They are to assist the parents by serving as a faith mentor, to guide and assist the newly confirmed on their path of discipleship.

To be qualified to be chosen as a Confirmation sponsor an individual must:

1) Be at least sixteen years old (either male or female- gender does not have to match that of the candidate.)

2) Have been initiated in the Catholic Church through the three sacraments of Baptism, Confirmation and the Eucharist and be in good standing with the Church regularly participating in Mass and life as a Catholic.

3) A sponsor is a person who encourages and assists a candidate to embrace and actively practice the Catholic faith both before and after Confirmation.

**A sponsor CANNOT be a parent of the one to be confirmed but could be, a brother, sister, aunt, uncle, godparent, parent of a friend, neighbor or parishioner you have come to know and trust.

Things to think about before you ask someone to be your sponsor:

The person you choose as your sponsor should be someone that you admire and respect and who actively lives out the beliefs of our Catholic faith. Your sponsor should be someone that you trust and feel comfortable turning to for help, advice and guidance, especially in regards to your spiritual life. Your sponsor should be someone who, through his/her example, shows you what it means to be Catholic and who will take an active role helping your in your life as a Catholic. After you receive the Sacrament of Confirmation your relationship with your sponsor DOES NOT END! You both are called to lead each other closer to God, to continue to grow in knowledge of your faith, and to challenge one another to lead lives of holiness and service.

A Prayer to Help Choose a Sponsor

Holy Spirit, helper and guide, give me wisdom as I choose my Confirmation sponsor.
Help me to choose a person of prayer
who will teach me also to be a person of prayer
who will support me in difficult times, who will guide me to make good choices, and who will challenge me when I do not.
Help me to choose someone who will love me and teach me to love Jesus.
Thank you for giving me a community of people around me to support and guide me as I take this important step in becoming more fully a member of your Church. Amen.
Saint Investigation Sheet

List 3 words people use to describe you.

Think of 3 people you admire and actually know. List their names and a brief reason why you admire them.

List 3 words that you wish you associated with your faith (even if the words don’t describe your faith right now).

List 3 things your love to do.

List 3 things you’d like to do in the future.

Observe your lists. Your answers may help you begin your research of a saint to choose for your Confirmation name. Choosing a confirmation name is an opportunity to choose a name that has special meaning to you, a name that will help you in your journey of faith. By choosing a saint’s name, you’re asking him or her to pray for you in a special way. Having a special connection to someone in Heaven is a big deal!

(Check backside for more info...)
The custom of adopting a saint’s name at Confirmation allows us the opportunity to connect with a saint as a special, heavenly patron or to honor a saint to whom we may have a special devotion. In short, the purpose is to connect us to the Catholic Communion of Saints, great holy men and women who can pray for us.

1. Begin by praying and asking Holy Spirit to guide your investigation.
2. Talk with your parents, grandparents, adults you admire and seek their advice and help in determining a Saint.
3. Be sure the name you chose is a Catholic Saint.
4. Return Sponsor and Saint Name Sheet to your small group on December 5th

Websites that can assist your search:
https://lifeteen.com/blog/best-list-confirmation-saints-guys-girls/
https://www.catholic.org/saints/

For your records- list Saint name and Sponsor here & keep this paper in your folder.

Saint Name:___________________________________________________________

Sponsor:_____________________________________________________________