

Prayer of Consecration written by St. Margaret Mary Alacoque

I consecrate and surrender to the Sacred Heart of our Lord Jesus Christ, my person, my life, my difficulties and my sufferings, that I may henceforth live only for his love and glory. It is my firm and unwavering purpose to be his entirely, to do everything for his love and renounce wholeheartedly everything that could displease his divine Heart.

O Sacred Heart, I choose You as the sole object of my love, the protector of my life, the pledge of my salvation, the support of my weakness and the atoner for all the sins of my whole life. O mild and bountiful Heart, be likewise my refuge at the hour of death, my justification before God, and ward off from me the penalty of his just wrath. O loving Heart, I place my trust entirely in You. While I fear everything from my own malice, I hope everything from Your goodness. Destroy in me whatever may displease You or be opposed to You, and let Your pure love imprint You so deeply upon my heart that it will be impossible for me ever to forget You or be separated from You.

O Sacred Heart, by Your goodness, I implore You, let my name be deeply engraved in You, for in Your service and in Your love I will live and die.

Amen.

...

Augustine wrote:

"Access is possible: Christ is the door. It was opened for you when his side was opened by the lance. Remember what flowed out from his side: thus, choose where you want to enter Christ. From the side of Christ as he hung dying upon the Cross there flowed out blood and water, when it was pierced by a lance. Your purification is in that water, your redemption is in that blood" (Directory on Popular Piety, 184).

...

Pope Saint John Paul II wrote:

“Every member of the Church is invited to see consecration as the giving and binding of oneself to Jesus Christ, the King “of prodigal sons”, the King of all who are waiting to be led “into the light of God and of his kingdom” ... From the Heart of Christ, man’s heart learns to know the genuine and unique meaning of his life and of his destiny, to understand the value of an authentically Christian life, to keep himself from certain perversions of the human heart, and to unite the filial love of God with love of neighbor (Consecration of the Human Race to the Divine Heart of Jesus, 1).

...

Jesus promised to Saint Margaret Mary Alacoque: “I will bless the homes where an image of My Heart shall be exposed and honored.”

1. I will give them all the graces necessary in their state of life.
2. I will establish peace in their homes.
3. I will comfort them in all their afflictions.
4. I will be their secure refuge during life, and above all, in death.
5. I will bestow abundant blessings upon all their undertakings.
6. Sinners will find in my heart the source and infinite ocean of mercy.
7. Lukewarm souls shall become fervent.
8. Fervent souls shall quickly mount to high perfection.
9. I will bless every place in which an image of my heart is exposed and honored.
10. I will give to priests the gift of touching the most hardened hearts.
11. Those who shall promote this devotion shall have their names written in my Heart.
12. In the excess of the mercy of my heart, I promise you that my all powerful love will grant to all those who will receive communion on the First Fridays, for nine consecutive months, the grace of final repentance: they will not die in my displeasure, nor without receiving the sacraments; and my heart will be their secure refuge in that last hour.

...

Excerpts from the poem "To the Sacred Heart of Jesus" (St. Thérèse of Lisieux, 1873-1897):

I need a heart burning with tenderness
Who will be my support forever,
Who loves everything within me, even my weakness...
And who never leaves me day or night.
I could find no creature
Who could always love me and never die.
I must have a God who takes on my nature
And becomes my brother and is able to suffer!
You heard me, only Friend whom I love.
To ravish my heart, you became man.
You shed your blood, what a supreme mystery!
And you still love for me on the Altar.
If I cannot see the brilliance of your Face
Or hear your sweet voice,
O my God, I can live by your Grace,
I can rest on your Sacred Heart!
O Heart of Jesus, treasure of tenderness,
You Yourself are my happiness, my only hope.
You who knew how to charm my tender youth,
Stay near me till the last night.
Lord, to you alone I've given my life,
And all my desires are well known to you.
It's in your ever-infinite goodness
That I want to lose myself, O Heart of Jesus!

I. Resources

A. The Sacred Heart.

<https://www.loyolapress.com/catholic-resources/scripture-and-tradition/devotions/the-sacred-heart/> (retrieved 6/3/2020)

B. How do you consecrate yourself to the Sacred Heart of Jesus?

<https://aleteia.org/2020/06/17/how-do-you-consecrate-yourself-to-the-sacred-heart-of-jesus/> (retrieved 6/29/2020)

C. Directory on Popular Piety [The Most Sacred Heart of Jesus (166-173)]

http://www.vatican.va/roman_curia/congregations/ccdds/documents/rc_con_ccdds_doc_20020513_vers-direttorio_en.html (retrieved 6/29/2020)

D. Dogmatic Constitution on the Church Lumen Gentium

https://www.vatican.va/archive/hist_councils/ii_vatican_council/documents/vat-ii_const_19641121_lumen-gentium_en.html

E. Consecration of the Human Race to the Divine Heart of Jesus

https://w2.vatican.va/content/john-paul-ii/en/letters/1999/documents/hf_jp-ii LET_19990611_consagrazione-sacro-cuore.html (retrieved 6/29/2020)

F. Miserentissimus Redemptor

http://www.vatican.va/content/pius-xi/en/encyclicals/documents/hf_p-xi_enc_19280508_miserentissimus-redemptor.html (retrieved July 6, 2020)

G. 10 prayers and quotes for the Solemnity of the Sacred Heart

<https://saltandlighttv.org/blogfeed/getpost.php?id=92850>

H. How to enthrone the Sacred Heart in your home (and heart)

<https://aleteia.org/2017/06/01/how-to-enthroner-the-sacred-heart-in-your-home-and-heart/> (retrieved June 29, 2020)

I. Enthronements <https://sacredheartapostolate.com/enthronements/> (retrieved July 6, 2020)

J. 5 Things Catholics Should Know About First Fridays

<https://aleteia.org/2016/04/29/5-things-catholics-should-know-about-first-fridays/> (retrieved July 6, 2020)

K. Methods of enthronement that make the placing of an image of the Sacred Heart a more formal and spiritual event

1. Father James Kubicki's book, A Heart on Fire: Rediscovering Devotion to the Sacred Heart of Jesus
2. Father Michael Gaitley's book, Consoling the Heart of Jesus
3. Cardinal Raymond Burke's book, The Enthronement of the Sacred Heart of Jesus
4. An organization called the Apostleship of Prayer furthers the devotion to the Sacred Heart through activities such as the enthronement of the Sacred Heart in homes.