



Surviving Divorce – Hope and Healing for the Catholic Family
Program for Those Struggling with Divorce in the Lexington Diocese

A new 15-week program for those struggling with divorce in the Lexington Diocese will begin in August at the Cathedral of Christ the King. *Surviving Divorce – Hope and Healing for the Catholic Family™* was created to bring hope and healing to those who have experienced the pain and loneliness of a broken marriage. *Surviving Divorce* addresses topics such as shock and grief, anger and forgiveness, money issues, dealing with children and a former spouse, annulment, and remarriage.

Discussion topics will include:

- Discussion on Prayer
- Getting Your Bearings
- Finding Strength and Help
- Getting Through Anger
- Dealing with Your Depression
- Dealing with Your Family
- Learning to Let Go
- Learning to Forgive
- Seeing God in Romance
- Deciding on Dating
- Loving All Church Teachings
- Finding Love That Lasts
- Handling Money Wisely
- Annulment

This program is based on the teachings of the Catholic Church and is open to anyone who needs comfort, counsel, and clarity after divorce. Sessions will be held on Wednesday nights, August 7 through November 13 from 7:00-9:00 PM at the Cathedral of Christ the King, 299 Colony Blvd., Parish Life Center (downstairs to the left of the Cathedral main entrance). Cost is \$50 which includes materials and workbooks. Do not let cost prevent you from considering as scholarships are available.

For more information and registration form, please visit: cdlex.org/family

For additional information, please email: anitabrubeck@gmail.com.