

Youth Life August 23 Canoe/Kayak Trip 2020 – Permission Slip

DATE: SUNDAY August 23, 2020

SPACE IS LIMITED

SCHEDULE:

ALL PARTICIPANTS MUST BE SIGNED

9:00am Mass at Cardome

UP BY WED. AUG. 19TH – NO EXCEPTIONS

10:30am Canoeing/Kayaking

12:30pm Lunch (see order form below)

1:00pm Pick Up Creekside (across the street from Cardome)

COST: \$30 PER PERSON – Payment can be made with cash or check (made out to Good Shepherd Church – write canoe trip in memo line) at either church office or to Katharine Coleman on the day of the trip

WHAT TO BRING:

- **Mask** – all participants must bring a mask – you will be able to remove it while on the water
- **Comfortable, modest clothing for mass and canoeing** – there will not be facilities to change clothes after mass or after canoeing – bathing suits may be worn but a shirt and shorts (for girls) **MUST** be worn over it at all times – no bare shoulders – **Shoes MUST be worn while canoeing** – closed toed or sandals with a strap behind the heel – **NO FLIP FLOPS!!**
- **Sunblock**
- Optional: towel, sunglasses, small backpack for personal items (items you do not wish to take on the water will be locked in a vehicle)
- **Cell Phones are NOT recommended** – adults will have phones in case of emergency – phones, even in z
- Ziplock bags can still get wet, and will sink if they go in the water

Participant’s Name: _____ Participant’s Age: _____

Participant’s Cell No.: _____

Participant’s Primary Address: _____

Participant’s Allergies / Special Needs / Medications:

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RELEASE OF LIABILITY/RESPONSIBILITY:

I, _____, give permission for my student or myself, _____ to participate in Good Shepherd Catholic Church and Saints Francis & John’s Youth Life program and all its activities. I also give my permission to the adult volunteers; under the direction of the Youth Life Coordinator, to give minor medical treatment (wash with soap and water, and bandage only) to my child or me in the event of accidental injury. I will not hold any staff, Good Shepherd Catholic Church, Ss. Francis & John Catholic Church, Cardome Center or the Catholic Diocese of Lexington responsible and/or liable for any illness and/or accidental injury to my child or me.

Parent/Legal Guardian/Self’s Name (print) _____

Parent/Legal Guardian/Self’s Signature _____ Date _____

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PHOTOGRAPHY AND VIDEO CONSENT:

I, _____, a participant, or parent/guardian of a minor participant, (print name) _____, authorize and give full consent, without limitation or reservation, to Good Shepherd Catholic Church and Saints Francis & John Youth Life Ministry, to publish any photograph or video in which the above named student appears while participating in any program associated with Good Shepherd Catholic Church Formation Ministry. There will be no compensation for use of any photograph or video at the time of publication or in the future.

Parent or Legal Guardian's Name (print) _____

Parent or Legal Guardian's Signature _____

Date _____

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IF PARTICIPANT IS UNDER AGE 18 PLEASE COMPLETE THE FOLLOWING:

Father/Guardian's Name: _____ Phone Number: _____

Father/Guardian's Address: _____

Father/Guardian's Email Address: _____

Mother/Guardian's Name: _____ Phone Number: _____

Mother/Guardian's Address: _____

Mother/Guardian's Email Address: _____

I, (print name) _____, a parent or guardian of (print name of minor) _____, give permission for my student to participate in this/these events, as noted on this form.

Parent/Guardian Signature _____ Date _____

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All *canoers/kayakers* MUST sign a waiver with Canoe Kentucky!!!

Parent/guardian OR adult participant use the link or scan the QR code to register online:

<https://bit.ly/30CzwKp>



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LUNCH ORDER FORM:

A boxed lunch including sandwich, chips, cookie, and bottled water is included. Please make your selections from the following:

Bread: choose one

White Wheat

Sandwich Type: choose one

Ham Turkey Roast Beef

Cheese:

Yes No

Veggies: check all you would like on your sandwich

Lettuce
 Tomato
 Onion
 Pickle

Condiments are provided in each lunch.

Please contact Katharine Coleman at KColeman@cdlex.org if you have dietary restrictions or food allergies.