

# Career Goal Personal Contract

**My career goal is to**

**To ensure success, I will:**

- Spend at least 30 hours (ideally 40) weekly on my job search
- Take no less than five actions daily to advance my job search
- Meet weekly with my accountability group and follow through on my action plans and commitments
- Follow the job search process rigorously completing each phase and key deliverables
- Develop a marketing plan with a list of target companies
- Update my resume and on-line profiles as needed
- Make a list of contacts, prioritizing them and maintaining an up-to-date database
- Reach out to a minimum of 20 people weekly and meet face to face with at least \_\_\_\_\_
- Keep an open mind, willing to consider all possibilities
- Build my proficiency in the skills I need to advance my career.
- When I land, I will pay it forward by helping job seekers, e.g., by expanding their networks.

I agree to take these actions:

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